

## MELCHORA P. DONES, RN

45 y/o

PHRN License No. 0481294

A compassionate professional concerning clients' health and inclined to go beyond to ensure optimum wellness. Approximately 3 years of hospital experience, more than 5 years in teaching and currently back in nursing at school setting for atleast 4 years now, at same time, completed 36 Units in Masters of Arts in Nursing, Major in Family Health Nursing. Looking for better opportunity outside Philippines.

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Address: B-Airport Village Catarman, Northern Samar 6400 Philippines



### WORK EXPERIENCE

#### School Nurse—Department of Education

Mondragon Agro-Industrial High School

08/07/2020—Present Mondragon, Northern Samar Philippines

#### Responsibilities

- Mans the school clinic and performs immediate clinical assessment of clients and provide emergency independent nursing action such as Oxygenation, Nebulization, Wound Care, Pregnancy Test, O2 Sat Test, etc.
- Acts as first-responder for emergency cases.
- Inserts and establishes patent IV Line to patient whenever necessary prior transport.
- Works along with RHU on Vaccination of learners and employees.
- Does BP Monitoring, Fasting Blood Glucose/Random Blood Glucose Test, Uric Acid Test and Cholesterol Test to employees.
- Dispenses OTC medicines for emergency cases as initial dose.
- Does physical assessment annually and whenever necessary, biannual deworming and distribute vitamins and minerals.
- Performs Visual and Auditory Screening of learners.
- Carry out Learners Nutritional Assessment (BMI) through height and weight biannually.
- Does physical and mental health teaching to clients emphasizing on practice of Stress Coping Mechanism.
- Implement Psychological Rapid Assessment Test for learners and staff having episode of psycho-emotional crisis and make referrals to the concerned government agency for proper health regimen.
- Assists the Medical Doctor and Dentist for medical and dental check-up of clients and other interventions.
- Serves as standby medic and does referrals if necessary.

#### Nurse— Medical Ward

Northern Samar Provincial Hospital (NSPH)

01/17/2013 - 09/12-2015 Catarman, Northern Samar Philippines

#### Responsibilities

- Worked as medication and charting nurse while maintaining clients' complete confidentiality.
  - A. Accepts the nurse endorsement from the previous shift.
  - B. Perform crucial assessment and identify prioritization of patients according to their case; from the most toxic case to the most benign case.
- Performed independent nursing procedures and dependent clinical works as prescribed by physician.
  - A. Assists the Doctor during physician's visit.
  - B. Documents and prepares patients for the procedures needed, update of meds and other medical decisions by the attending physician.
  - C. Reinforce the patients and family about the new physician's order of medical procedure and laboratories.
  - D. Inserts/reinserts and establishes patent IV Line/s.
  - E. Prepares and administers the oral, parenteral, vaginal, rectal etc. medications.
  - F. Performs Oxygenation, Foley Catheter insertion, Suctioning, ECG, Enteral Feeding, etc. per physician's order.
  - G. Prepares and sends the patients to prescribed labs.
- Monitored clients' health progress; noted, documented and reported significant results/status to the Physician
- Prepared the clients and their discharge documents.
  - A. Does discharge teaching and instruction for home medication.

### EDUCATION

#### MA—Nursing

Major in Family Health Nursing  
University of Eastern Philippines (Complete Academic Requirements)  
-Catarman N. Samar  
2018-2020

#### BS—Nursing

Philippine College of Health Sciences Inc.- Manila  
Graduated in 2007

### TRAININGS/COURSES

#### BLS-ACLS

#### Haemodialysis Management Training Course

April 26, 2010 – Oct. 19, 2010

Metropolitan Hospital Renal Center  
Powered by EG Healthcare Phils. Inc. Bambang Manila Philippines

### OTHER LICENSES

-IV Therapy License No. 08-010119

-Renal Nurse Accreditation No. 0725107365

-Passer, Nurse Specialist, Supreme Council of Health, Qatar Prometric Exam

-Registered, Saudi Commission for Health Specialties 12-B-N-0018853

-Licensed Professional Teacher, Philippines (5 years + teaching experience)

### PERSONAL INFORMATION

Status: **Married**  
No. of Children: **2**  
Birthday: **March 12, 1979**  
Citizenship: **Filipino**  
Height: **159 cm/ 5 ft & 2.59 in**