



## ***Arian Pamintuan Trinidad***

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Address: Zone 1 San Basilio, Sta. Rita, Pampanga

### **Career Objective:**

Being an effective Nursing Aide and Assistant requires understanding how to meet the needs of the patients. This requires a basic knowledge of human behavior and public safety procedures. This is necessary in order to carry out specific tasks such as answering a patient intercom system, repositioning bedridden patients, going over any dietary restrictions a patients might have, recording blood pressure and respiration rate, helping patients eat or drink if necessary.

### **Working Experiences:**

#### **Nursing Assistant**

- **Company:** Rosario Medical Center of Guagua Inc.
- **Location:** San Roque, Guagua, Pampanga, Philippines

#### **General Ward** (June 17, 2018 – April 18, 2020)

- Wound dressing & care, Draining and changing colostomy bags.
- Monitoring of Vital Signs, Input and Output of patient.
- Therapeutic communication skills.
- Applies scientific principles and establish good rapport.
- Assisting patient's need, NGT Feeding, and assisting nurses to do relevant work.
- Bed making and changing, rolling and repositioning of patient.

#### **PULMONARY/COVID WARD** (April 21, 2020 – March 25, 2021)

- Monitoring of Vital Signs; Quantifying Input and Output of patient.
- Assisting Nurses in basic nursing procedures.
- Provides emotional support to patients.
- Assisting patient for ambulatory procedures, for activities of daily living and morning care.
- Bed making and changing, rolling and repositioning of patient.

#### **NEONATAL INTENSIVE CARE UNIT** (July 1, 2022 – up to present)

- Monitoring of Vital Signs; Quantifying Input and Output of patient.
- Assisting Nurses in basic nursing procedures such as catching the baby, feeding, and personal care as per protocol.
- Preparing equipment for nursing procedures/intervention.
- Maintaining cleanliness/sterility of the equipment.
- Do inventory of supplies and equipment and check their proper function.

- Company:** Floridablanca Doctor's Hospital Inc.
- Inclusive Date:** December 18, 2015 – March 30, 2018
- Position:** Nursing Assistant
- Location:** Valdez, Floridablanca, Pampanga

**General Ward**

- Wound dressing & care, Draining and changing colostomy bags.
- Monitoring of Vital Signs, Input and Output of patient.
- Therapeutic communication skills.
- Applies scientific principles and establish good rapport.
- Assisting patient's need, NGT Feeding, and assisting nurses to do relevant work.
- Bed making and changing, rolling and repositioning of patient.

- Company:** ROMAC Services & Trading Company Inc.
- Inclusive Date:** January 02, 2013 – November 15, 2015
- Position:** Linen Attendant (PMSH)
- Location:** San Antonio, Guagua, Pampanga

- Company:** Mendoza – Julao Family
- Inclusive Date:** July 10,2012 – November 10, 2012
- Position:** Caregiver
- Location:** San Basilio, Sta. Rita, Pampanga

- Company:** A. P. Tuazon Design & Construction
- Inclusive Date:** June 5, 2010 - February 18, 2012
- Position:** Checker/Safety Nurse
- Location:** Sta. Rita, Pampanga

**Education Background:**

**Tertiary:**

- Practical Nursing
- Eastwoods International Institute of Science & Technology
- Plaza Burgos, Guagua, Pampanga
- S.Y. 2008 – 2010

**Secondary:**

- San Basilio High School
- San Basilo, Sta. Rita, Pampanga
- S.Y. 2004 – 2008

**Primary:**

- San Basilio Elementary School
- San Basilio, Sta. Rita, Pampanga
- S.Y. 1998 – 2004

**Trainings Attended;**

Department of Health  
 Center for Health Development III  
 Mariveles Mental Hospital  
 August 24 – 28, 2009

Bahay Puso Apostolate Foundation Inc.

Home of the Aged  
Sitio Mathay Barangay Tuyos Balanga City  
September 28, 2009 – October 03, 2009

Porac District Hospital  
Babo Sacan, Porac, Pampanga  
Under Pediatric Ward, OB Ward, Medical Ward, Female Ward, Male Ward

Romana Pangan District Hospital  
San Jose, Floridablanca, Pampanga  
Under Medical Surgical Ward, NICU Ward, CCU Ward, Pay Ward

Basic Life Support( CPR & AED)  
Ecard Code: 245609692562  
Issue date: June 13, 2024 until June 2026  
FDM Training Center for Allied Health Professionals  
Quezon City, Metro Manila, Philippines

**Seminars Attended:**

Philippine Heart Center  
Intravenous Therapy Update Entitled  
Drug Interaction in Absorption  
Distribution, Metabolism, Excretion  
Dr. Avenilo P. Aventural Hall  
February 24, 2009  
East Avenue, Quezon City

**Character References:**

Dr. Eugene Raymund L. Nicdao, MD  
Internal Medicine Doctor/ Diabetologist  
09228122077/ 09338231977

Mrs. Carmel D. Yumul  
NICU Head Nurse  
Rosario Medical Center of Guagua Inc.  
094639047856