

Roy Cabarubias



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Summary

Professional Chef skilled in administering large kitchens and supervising production, food safety and food service team training. Follows market trends and consumer preferences when planning menus, designing recipes and selecting ingredients. Skilled in producing large quantities of different foods to exacting culinary standards. Skilled Chef with years of experience in culinary management. Strong leader with excellent communication, time management and team building skills. Collaborative worker delegates tasks to diverse work staff to promote employee growth.

Skills

- Food presentation
- Dish preparation
- Food handling
- Contamination prevention
- Ingredient inspection
- Frying
- Sauteing
- Cutting and slicing techniques
- Grilling
- Ingredients measuring

Information

Birthplace :Banisilan North cotabato
Age :42
Height :5'5
Weight :65kls
Civil Status :single dad
Citizenship :filipino
Language:tagalog/English

Experience

Sushi Chef

Rolls Rice Restaurant - Saudi Arabia

- Prepared multiple types of vegetables and fish to create artistic rolls, sashimi and sushi for guests.

Sep 2018 - Oct 2020

Cook

Parite Treasure Restaurant Kuwait

- Followed established recipes to prepare and cook menu items.
- Prepared ingredients, garnishes and side dishes in advance to expedite meal service.

Feb 2016 - Feb 2018

Sushi Maker

Wasabi Restaurant Kuwait

- Prepared multiple types of vegetables and fish to create artistic rolls, sashimi and sushi for guests.

Oct 2012 - Jan 2016

Sushi Maker

Sbabushi Restaurant Singapore

- Developed recipes for various sauces to pair with sushi rolls and entrees, including spicy mayo, miso mayo and ponzu.

Sep 2010 - Dec 2011

Sushi Maker

Sushi Tei Kaiten Restaurant Brunei

- Weighed or measured volume of juice output and documented daily quantities.
- Collected juice samples and prepared for lab testing.

Mar 2007 - Aug 2009

Education

Vocational

Central Luzon College of Science and Technology Philippines
Apr 2003