

Alma T. Ayala



Satakunnankatu 11 AS 14, 39700 Parkano Finland
#358 408139676
ayalaalma1203@gmail.com

CAREER SUMMARY

Registered Nurse (RN) with specialty experience in general ward, and Operating Room/Delivery Room Department. Reliable, ethical healthcare provider with the ability to stay calm and intervene during crises, facilitate groups and collaborate on multidisciplinary teams. Proven ability to build positive relationships with clients, family members, department heads and other medical professionals.

To work in a medical facility where my registered nursing profession is an advantage in catering quality health care and humanitarian services to its general clientele. To seek a registered nurse position where professional along with personal skills can help maximize spiritual growth in the service of God and humanity in dedication to my work

SKILLS

- Dedicated and caring nursing professional with a genuine concern for patient well being
- Consistently recognized for maintaining supportive and open family, client interactions.
- Skilled, clear communications both oral and written
- Known for providing strong peer/team support
- Dynamic leadership qualities concerning nursing responsibilities.
- Technical Skills: Proficient in Microsoft Office Applications and various applications, Adept with Windows Operating system
- Patient Assessment

- Infection Control
- Critical Thinking
- Knowledgeably in Scrubbing and Circulating in the OR theater,
- Excellent in IV Cannulation

PERSONAL INFORMATION

Name : Alma T. Ayala
 Address : Satakunnankatu 11 AS 14, 39700 Parkano Finland
 Gender : Female
 Status : Married
 Age : 37
 Date of Birth : April 22, 1986
 Place of Birth : Tacloban City, Philippines
 Citizenship : Filipino
 Religion : Roman Catholic

WORK GAP EXPLANATION

Jan – Mar 2016 : Helping out with the Family Business.

PROFESSIONAL EXPERIENCE

EMPLOYER 1

Employment Dates : November 13, 2023- Up to present

Employer : Pihlajalinna Terveys Oy
 Address : 39700, Parkano, Finland
 Position Held : Practical Nurse

Duties and Responsibilities

1. Provide skilled nursing care and treatment to patient in the home care
2. Use a comprehensive and patient-specific care plan with innovative solutions
3. Spend quality time with the patient to promote their health and dependence
4. Collaborate with physicians, patient nurses, social workers and other members of the patient care team to implement and follow a patient specific care and treatment plan.

5. Assess, monitor, document and report progress of patients health and condition using required documents such as clinical progress notes using a clinical- preferred technology within established timelines.

EMPLOYER 2

Employment Dates : February 28, 2022-up to present

Employer : Westlake Medical Center

Address : San Pedro Laguna, Philippines

Position Held : General ward nurse, Operating Room/Delivery Room
Staff Nurse

Duties and Responsibilities

- Observing and assessing patient.
- Administering treatments and medications in a timely manner as ordered by the physicians
- Monitoring and reporting symptoms and changes in patient status.
- Collaborating with medical team on patient status
- Preparing patients and assisting with patient examinations and therapies.
- Assisting with diagnostic tests and interpreting results.
- Providing educational, emotional and psychological support to patients and family members.
- Maintaining a safe and clean working environment in compliance with healthcare procedures and regulation
- Educating and instructing patients on home care needs.

EMPLOYER 3

Employment Dates : February 9, 2019 - January 16, 2022

Employer : New Sinai MDI Hospital

Address : Sta. Rosa Laguna, Philippines

Position Held : Operating Room/Delivery Room Staff Nurse

Duties and Responsibilities

Duties and Responsibilities of an Operating Room Nurse:

1. Providing efficiently and effectively perioperative nursing care to patient

2. Maintaining surgical services in accordance with competency standards.
3. Completing and carried out all physicians' orders, administering medications and conducting treatments and test for patients in a timely manner.
4. Assisting with patient care in the recovery room, procedure room and operating room.
5. Developing and implementing nursing care plan for assigned patient.
6. Executing the proper usage, care and handling of surgical equipment to ensure safety of operating staff and patient.
7. Maintaining the current and in-depth knowledge of sterile techniques.
8. Communicating continuously with operating team and other medical staff to meet needs for patient care.
9. Assisting in ordering, storing and maintaining surgical equipment and supplies.
10. Preparing operating room with surgical equipment sterile, linens and supplies that will be needed during the surgery. Maintaining order and cleanliness in the operating room.
11. Preparing patients including cleaning and disinfecting body area of surgery. Preparing timely and accurate records of patient history and recovery charts.

Duties and Responsibilities of a Delivery Nurse:

Sitting and monitoring patient throughout (before/during/after) the labor.

Monitoring contractions and helps patient with breathing techniques.

Performing basic IV and central line skills.

1. Administering pain medications as ordered; administering other meds to address specific medical conditions such as hypertension and diabetes.
2. Taking and recording patient's vital signs, ascertains if problematic.
3. Reading fetal monitor & ascertains if there is a problem with baby's heart rate
4. Ensuring patient's bed is kept dry & clean; cleans up bodily fluids expelled before & after the birthing process.

5. Ensuring patient is in proper position for delivery & all monitoring equipment is functioning properly. Assisting doctor with drapes, gloves, gowns, etc.; hands doctor delivery instruments as needed during birthing process. Encouraging patient to push at proper time(s)

6. Recording the time of birth

Standard Operating Procedures in the Operating Room:

Operating Room Procedures Assisted:

Clinical/Procedural Skills:

- **IV Cannulation**
- **Catheterization**
- **Scrubbing and Circulating in the OR field**
- **Physical Assessment of the patient**

Equipment Used

IV Infusion Pump, ECG Machine, Mech. Ventilator, cardiac Monitor with ECG, Nebulizer

Cases Handled

Oncology, Respiratory, Gastric, Neurologic, Renal, Cardiologic Patients

Company –Gat Andres Bonifacio Memorial Medical Center

Location –Tondo, Manila P

Designation- General Ward Nurse

Duration - 08th April 2009- 10th April 2010

Duties and Responsibilities of a General Ward Nurse:

- Observing and assessing patient.
- Administering treatments and medications in a timely manner as ordered by the physicians
- Monitoring and reporting symptoms and changes in patient status.
- Collaborating with medical team on patient status

- Preparing patients and assisting with patient examinations and therapies.
- Assisting with diagnostic tests and interpreting results.
- Providing educational, emotional and psychological support to patients and family members.
- Maintaining a safe and clean working environment in compliance with healthcare procedures and regulation
- Educating and instructing patients on home care needs.

Employer 4

Company –Mariz Ventures Corportaion

Location –Sta. Rosa LAguna

Designation- Company Nurse

Duration - 11th March 20012- 08th January 2019

Duties and Responsibilities of a General Ward Nurse:

- Providing Basic Health Care to the employee
- Administering prescribed medications and Treatment
- Organizing Employee Physical
- Raising Healthcare Awareness
- Reporting and Updating to the employer with regards to the health status of the employee annually.

EDUCATIONAL BACKGROUND

Bachelor of Science in Nursing

St. Scholasticas College of Tacloban (formerly known St. Scholasticas

College of Health Sciences)

Tacloban City, Philippines

Jun 2006 - Mar 2010

Graduate

ACCREDITATION, LICENSES& CERTIFICATIONS

LICENSES:

- **Intravenous Therapy NURSE**
- **ACLS, BLS, CPR, AND FIRST AID CERTIFICATIONS**
- **REGISTERED NURSE IN THE PHILIPPINES SINCE 2009 UPTO PRESENT**
- **ORNAP Member since January 2020 up to present**

