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WORK EXPERIENCE

10/2022 – 12/2022

Internship at *Empirica*, Bonn Germany

- *Empirica* is private research firm.
- Concentrations on European Union (EU) Projects on health digitalization, digitalization initiatives, cancer, non-communicable diseases, inclusivity studies, ageing, and elderly studies in the EU.

11/2017 – 07/2021

Primary/ Acute Care Physician at the Philippine Tuberculosis Society Incorporated Quezon Institute, Quezon City Philippines.

- Non-government institution for the treatment of Tuberculosis.
- Assessment, diagnosis, and medical management
- Health education and health promotion.

08/2019 – 01/2020

Medical Consultant at Mariveles District Hospital, Mariveles Bataan Philippines

- Primary Care Physician in a government hospital.

12/2016 – 08/2017

Occupational Health Physician at Maxicare Healthcare Corporation, Makati Philippines

- Private Medical Provider for employees working in a business process outsourcing.
- Health promotion, education, and wellness of workers in their workplace environment following the thrusts of the *World Health Organization* and the *International Labor Organization*.

12/2015 – 10/2016

Medical Officer at the Pagadian City Health Office, Pagadian City Zamboanga del Sur Mindanao, Philippines.

- Government out-patient medical and surgical clinic.
- Primary healthcare for the community
- Formulation of strategies enhancing participation of actors, collaboration with stakeholders, and access to healthcare systems.
- Healthcare manager and researcher.

05/2014 – 04/2015

Post-Graduate Medical Training/ Internship – *University of Santo Tomas (UST) Hospital España Manila Philippines.*

www.usthospital.com.ph

- Full time training for Doctor of Medicine graduates
- Training covers clinical specialties, enhancing academic and technical proficiencies serving the patient, the family, and community.

VOLUNTARY WORK AND SOCIAL COMMITMENTS

- Rendering free medical and surgical care in rural areas.
- Lions Club International member, promoting understanding, good governance, civic, socio-cultural, and moral welfare of the community.
- Promoting & protecting democratic exercises, respect for human rights, and the rule of law.

SCHOLARSHIPS, HONOURS & AWARDS

02/2021

Helmut Schmidt Scholarship for Public Policy and Good Governance 2021 through the German Academic Exchange Service (**DAAD**).

04/2018

Merit Scholarship covering the academic year 2017 to 2018 at the University of the Philippines Manila College of Public Health.

EDUCATION AND TRAINING

10/2021 – 10/2023

M. A. in the Analysis and Design of Social Protection Systems, Specialization in Vulnerability Studies

- Department of Social Policy and Security Studies, Bonn-Rhein-Sieg University of Applied Sciences, Sankt Augustin Germany

06/2013-07/2018

Master of Occupational Health

- University of the Philippines Manila, College of Public Health- Department of Occupational and Environmental Health. <http://deoh.cph.upm.edu.ph/>

06/2008 – 03/2014

Doctor of Medicine

- University of the City of Manila (Pamantasan ng Lungsod ng Maynila). <https://www://www.plm.edu.ph/>

06/2004 – 03/2007

Bachelor of Science, preparatory to Medicine (Nursing)

- San Beda University (formerly San Beda College), Mendiola Manila. <https://www.sanbeda.edu.ph/>

PROJECTS

10/2022 – 12/2022

Procure4health (<https://procure4health.eu>)

- The aim is to remove obstacles for the adoption of innovative procurements across the EU.
- *Tasks*: literature review on the innovative practices of healthcare procurements, desktop research, documentation, and analyses (qualitative/ quantitative).

HEDIMED_R (<https://www.hedimed.eu>)

- The goal is to uncover the environmental factors that contribute to Type 1 diabetes, celiac disease, allergies, and asthma in the EU.
- *Tasks*: drafting questionnaire as a tool to invite key stakeholders in the project; brains storming and discussion, refining the tool.

CAPACITYHD_R

- The objective is to examine the digital knowledge and skills of healthcare professionals in the delivery of healthcare and its adoption throughout the EU.
- *Tasks*: project reporting, technical writing, literature review, literature documentation, qualitative analyses on the digital practices (digital identification, digital delivery, and the competency of users); brainstorming and discussion with stakeholders.

EOSC_R (<https://eosc4cancer.eu/the-project/>)

- The purpose is to make cancer related data (genomics, imaging, medical, clinical, environmental, and socio-economic) accessible to its intended audience, making use of interoperable technologies for safely classifying, exchanging, processing, and reusing data across EU.
- *Tasks*: Technical writing report for the website, data processing, data and information exchanges, literature review and qualitative analyses.

02/2017 – 02/2017

Hypertension Training Program for Advanced Nurse Practitioner at the University of the Philippines Manila College of Nursing
(upcn.upm.edu.ph)

- Collaborating Physician, practical exercises in the actual advance nursing practices

04/2018 – 06/2018

Project OHS – Operational Policy, Healthy workplace, and Standardized Services

- Main contributor/ author
- Identification of the workplace dynamics, problem analysis, problem prioritization, and project implementation.

2006-2007

Phenomenological Research Study of Operating-Room Nurses in selected hospitals in the Philippines – unpublished undergraduate qualitative research project

- Relevant in the study of occupational health and workplace practices in the country.
- Main contributor/ author

LANGUAGE COMPETENCY

English Language- IELTS overall band score of 7.0, CEFR Level C1 (2019).

German Language CEFR level B1; Filipino Language CEFR Level C2, mother tongue.

References are available upon request.