



BO NA CLEO SANDOVAL NIERE

Registered Nurse
Casay, Dalaguete, Cebu, 6022
0969 – 1888 - 227
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CARER OBJECTIVE

A dedicated and compassionate Registered Nurse (RN) with progressive career history in direct patient care, triage, and care coordination in fast-paced environment. Proven to remain calm under pressure and skillfully handle difficult patients and high-stress situations. I consistently develop strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

PERSONAL INFORMATION

Age : 33
Date of Birth : February 5, 1991
Place of Birth : Sta. Cruz, Manila, Philippines
Gender : Female
Civil Status : Married
Nationality : Filipino
Religion : Roman Catholic

EDUCATION

2007 – 2013	Tertiary Level SILLIMAN UNIVERSITY Dumaguete City, Negros Oriental Bachelor of Science in Nursing
2003 – 2007	Secondary Level ST. MICHAEL SCHOOL HIJAS DE JESUS Poblacion, Argao, Cebu Scholastic Awardee
1998 – 2003	Primary Level CASAY ELEMENTARY SCHOOL Casay, Dalaguete, Cebu With Honor

LICENSURE EXAMINATIONS

February 2024 – Took and passed the National Council Licensure Examination (NCLEX – RN)

December 2013 – Took and passed the Nursing Licensure Examination (PNLE – RN)

WORK EXPERIENCE

- 08 August 2021 – present

NURSE

Department of Health Treatment and Rehabilitation Center Argao
Candabong, Binlod, Argao, Cebu, Philippines

- Performs direct nursing care procedures, which include bedside nursing, hygiene, pre and post-operative nursing as well as admission and discharge duties of Substance Use patients or Person Who Use Drugs (PWUDs)
 - Prepare nursing assessment and nursing care plans
 - Medication administration: Oral, Intramuscular, Subcutaneous, Intravenous and Intradermal testing
 - Manage to give medications over 40 – 50 patients a day, note their reactions and refer to healthcare providers.
 - Established strong trust and rapport to dually diagnosed patients or mental health patients.
 - Observes, records and reports patient signs and symptoms, conditions, and progress of treatment and therapy.
 - Prepare patients and assist healthcare providers with diagnostic and therapeutic procedures like ECG taking, minor operations for both normal and specialized care.
 - Sets up required treatment trays and instruments for minor clinic surgeries.
 - Assist trainees and nursing aides in performing nursing care procedures.
 - Maintain cleanliness and orderliness in respective areas using 5s.
 - Maintain records reflecting patient condition, medications and treatment
 - Assist in education and rehabilitation of patients and families in relation to physical and mental health.
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- February 2020 to June 2021

PUBLIC HEALTH ASSOCIATE/HEALTH PROGRAM OFFICER

Department of Health Central Visayas Center for Health and Development Region VII

- Vital signs taking
- Facilitated and assisted Municipal Health Officer or Healthcare providers during consultation over 20 patients in a day. Then explains to patients take home medications and monitor the adverse effects or reactions.
- Provides care to mothers who will going to give birth in the rural health center like starting venoclysis and monitoring the progress of labor
- Conduct health education on Family Planning

- Performed ECG to patients as ordered
 - Under Epidemiology Bureau and Disease Surveillance and Response.
 - Augmentation for Health Emergency Preparedness and Response Activities
 - Provides guidelines and oversight for all surveillance, contact tracing, quarantine or isolation and response management activities
 - Coordinate with different stakeholders for the submission of national health data reports
- September – December 2019
RESPONSIBLE PARENTHOOD AND FAMILY PLANNING COORDINATOR
 Commission on Population Region VII
 - Aims to help the couples, parents and individuals achieve their desired timing, spacing, and number of children through responsible parenting
 - Prevent unwanted pregnancies and reduce the incidence of high risk pregnancies, morbidity and mortality.
 - Strengthen and upgrade the capacities of RP and FP service providers in ensuring quality information especially in Community level and national levels.
 - Create a conducive and effective environment in improving the availability of the access to responsible parenthood, family planning and reproductive health information and services.
- December 2018 – June 2019
LRDR AND OB NURSE
 Cebu Provincial Hospital – Carcar City
 - Facilitate the delivery of the newborn
 - Assess patients in triage for preterm labor, active labor, rupture waters, pregnancy complications co-existing issues
 - Maternal physical assessment and Fetal Monitoring
 - Medication administration and immunizations
 - Manage patients in labor including induction assistance, pain management, delivery support, postpartum care and health education
 - Breastfeeding and postpartum support and management
 - Proper documentation and charting and maintain confidentiality of records
- July 2014 – December 2018
NURSE
 Julio Cardinal Rosales Memorial Hospital
 - Patients Health Assessment
 - Collaborate with other nurses for plan of patient care
 - Administered PO/IV medications and treatments as ordered by the attending physician
 - Advocate the health and wellbeing of the patients, make sure that they are comfortable on bed
 - Facilitated Labor and Delivery of newborns
 - On Call OR nurse to perform minor and medium OR cases

- Operate medical equipment and handle it with care
 - Perform simple diagnostic tests like extraction of blood, ECG, CBG, etc. and make sure proper documentation
 - Health teaching on patients about the management given
 - Deliver instant medical care in emergencies
 - Ensure proper documentation and maintain confidentiality at all times
 - Expand knowledge and capabilities by attending continuing educations, conferences and seminars, trainings.
 - Manage and coordinate nurses schedule
 - Decides if ever there are shortage of nurses in the wards, on call nurses are available
 - Checked and maintain the quality assurance of nursing documentation and client records
 - Make sure that the nursing department are compliant to nursing policies and procedures
 - Educate and train the newly hired nurses and evaluate their performances
 - Schedule evaluation to all nurses at the end of the year
- June 2021 - 2022
ON CALL OR NURSE
Dr. Ildefonso Alcantara Memorial Hospital
 - on call Operating Room Nurse for minor to medium OR cases.

SKILLS

Language: English, Tagalog, Bisaya
Microsoft Offices
Driving