



ROSELYN P. DELA CRUZ

REGISTERED NURSE (License No.: 0887275)

OBJECTIVES

I am a Registered Nurse deeply committed to providing quality, compassionate patient care. I am knowledgeable in using medical apparatus and machineries. I am reliable, ethical healthcare provider with the ability to stay calm and intervene during crises. Proven ability to build positive relationship with patients, family members, physicians and other medical professionals.

SKILLS

- Suctioning Secretions
- Insertion of intravenous catheter
- Insertion of indwelling foley catheter
- Insertion of Naso-Gastric Tubings
- Can operate 12 lead ECG machine
- Can assess for intubation
- Knowledgeable in performing CPR
- Can assess doctor during rounds and carry out orders
- Know how to properly feed patients with NGT and PEG feeding.
- Can take vital signs accurately.
- Can communicate well with patients and relatives

EDUCATION

BACHELOR OF SCIENCE IN NURSING URDANETA CITY UNIVERSITY

San Vicente Urdaneta City, Pangasinan
April 14, 2014

PALINA EAST NATIONAL HIGH SCHOOL

Palina East Urdaneta City, Pangasinan
April 2008

TOMBOD ELEMENTARY SCHOOL

Tombod Villasis Pangasinan
April 2004

OTHER ACIEVEMENTS:

INTERNATIONAL LANGUAGE ENGLISH TEST (GT)

Band Score : 6.0
February 17, 2024

NCII (HOUSEKEEPING)

April 2009

EXPERIENCE

URDANETA DISTRICT HOSPITAL OB-GYNE WARD NURSE / ER NURSE

Dilan Paurido Urdaneta City Pangasinan
March 28,2022 – October 15,2022

Duties and Responsibilities (OB-Gyne Ward):

Address:

239 Zone 5, Barangay Tombod
Vilasis, Pangasinan,
Philippines, 2427

Mobile No.:

+63 927-695-0750
+63 966-084-9155

Email Address:

delacruzroselyn142829@yahoo.com

Other Information:

Age: 31 years old
Height: 5'3
Weight: 75kg
Civil Status: Married

REFERENCES:

PELAGIA BENITO

Nurse 1 at Urdaneta District Hospital
+63 999-628-001

DONEELYN REYES

Nurse at Conrado F. Estrella Regional and
Medical Trauma Center
+63 967-215-2599

ZALDY LACADIN

Teacher 3 at Tombod Integrated School
+63 991-333-3412

- Performing prenatal screening and exams including vital signs, urine and blood test and fetal ultrasound.
- Advising patients on risks and options when facing abnormal pregnancies or pregnancy complications.
- Preparing the patients and giving the needed medication prior to labor and delivery.
- Assessing and monitoring newborn health after delivery, including vital signs and routine assessment.
- Providing education to new parents on new born care including breastfeeding, changing, swabbing, feeding, bathing and nutrition.
- Administering vaccinations to newborn,
- Providing patient education and counselling on sexually transmitted disease prevention, birth control, fertility treatments and safe sex.
- Advice mother on follow-up check ups.

Duties and Responsibilities (Emergency Room)

- Triage cases in order of urgency and needs
- Stabilize incoming patients
- Assess patients and monitor vital signs.
- Assess for intubation and CPR
- Start intravenous lines and give the medication needed as per doctors order.
- Create and maintain patients record
- Transfer and endorse patients to other wing/ward.

URDANETA SACRED HEART HOSPITAL

GENERAL WARD NURSE/ COVID ISOLATION WARD NURSE

San Vicente West Urdaneta City Pangasinan

February 27, 2019 – March 30,2022

Duties and Responsibilities:

- Record patients medical information and vital signs
- Administer medication to patients and monitor its reaction and side effects
- Maintain accurate and detailed report, then record.
- Monitor all aspect of patient care, including diet and physical activity.
- Assess doctors for patients intubation and CPR
- Assess doctors for Intra jugular catheter insertion
- Do insertion of Iv cannula, Naso-Gastric tube and Urinary catheter per doctors order.
- Maintaining privacy and dignity to patients
- Secure consent for invasive procedures.
- Assess doctor during rounds and carry out doctors order.
- Facilitate discharge and transfer of patients.

DR. MARCELO M. CHAN MEMORIAL HOSPITAL

PEDIATRIC WARD NURSE/ GENERAL WARD NURSE

Carmen Rosales Pangasinan

March 2017 – November 2017

Duties and responsibilities:

- Assess patients condition and its vital signs
- Update doctor on patients condition
- Monitor intake and output of the patients
- Provide comfort measures
- Giving medications as prescribed by the paediatrician
- Administer medications and treatment.

SEMINARS AND TRAININGS

OPTIMIZING GLOBAL HEALTH CHALLENGES THROUGH NURSING RESEARCH

Manila Doctors Hospital and National Kidney and Transplant Institute
November 10,2023

ACUTE CORONARY SYNDROM: A NURSING PERSPECTIVE

Makati Medical Center- Nursing and Patient Care Services Division- Nursing
Education Research and Development
September 15,2023

MANAGEMENT OF CARIOGENIC SHOCK: VENTRICULAR ASSESS DEVICE, INTRA-AORTIC BALLOON PUMP AND ECMO

August 17, 2023

EXPECTATION, ADOLECENT, HEALTH SUMMIT, UNBOUND: CARING FOR TEENS REPRODUCTIVE HEALTH, RISKS, RELATIONSHIP AND RESPONSIBILITIES

College of Medicine, University of the Philippines, Manila
May 9, 2023

PREDECTIVE MOLICULAR MARKERS IN THE ERA OF IMUNOTHERAPHY

College of Medicine, University of the Philippines, Manila
November 23, 2022

LACTATION MANAGEMENT EDUCATION TRAINING (LMET)

Urdaneta District Hospital
July 2022

BASIC LIFE SUPPORT

Health Force Training Center Incorporate
Dagupan City
March 25, 2022

REGULAR IV TRAINING PROGRAM

Dagupan Doctors Villalor Memorial Hospital
February 25-27 2017

RESPONDING TO THE DIVERSITY OF LIFE AND MAKING A BETTER COMMUNITY THROUGH RESEARCH

Urdaneta City University
January 25, 2012