

**Neil Sarigumba Digal**  
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### **Career Summary**

Skilled and devoted Caregiver with 6 years of providing geriatric care within homes and assisted living shelters. Well-versed in ensuring patients' well-being by monitoring and providing emotional and physical support. Exhibits exceptional communication skills, patience, empathy, and a friendly attitude when handling patients.

### **Skills and Qualifications**

- Good communication skills.
- Facilitate group activities.
- Excellent standard in hygiene and cleanliness
- Basic HCA skills (helping patients with hygiene and grooming, making beds, moving patients who are bedridden, assisting patients to the toilet, serving meals, and providing companionship).
- Adequate knowledge to operate new technology.

### **Work History**

#### **Caregiver**

11/2023 - Current

St. Joseph's Golden Home Foundation, Inc.

- Directs personal care and protective oversight to the resident.
- Vital signs taking, feeding and giving medication.
- Observes and reports unusual symptoms, changes, accidents and injuries
- Cares for clients with thought, consideration and respect at all times
- Supervised the Activities of daily living, taking vital signs accurately documenting care services provided, eating, getting into or out of a bed or chair, dressing, and using the toilet and others.

#### **Caregiver for Geriatric and Pediatric Patients**

07/2023 - 08/2023

Medical Mission Group Hospital and Health Services Cooperative  
(Bohol Coop Hospital) - Philippines

- Monitored and recorded patients' vital signs.
- Managed bed-to-chair transfers.
- Assisted with bathing and grooming of patients.

#### **Special Needs / Child Care**

06/2023 - 07/2023

Tagbilaran City Central School Special Education Center - Philippines

- Provided physical comfort, including holding, rocking, and stroking as needed.
- Offers emotional support by listening to concerns
- helping clients understand their feelings, and guiding them through difficult situations.

#### **Private Caregiver Elderly**

2017 - 2019

Cagayan De Oro City, Philippines

- Assisting with bathing, dressing, and grooming.
- Providing toileting assistance.

- Monitoring food intake.
- Driving the senior to appointments.
- Scheduling medical appointments.
- Maintaining a safe and clean environment.
- Monitoring Vital Signs.

**Private Caregiver**

02/2006 - 09/2009

Bohol, Philippines

- Assist with daily activities.
- Medication management.
- Companionship with monthly check up to the doctor.
- Monitor vital signs.
- Preparing meals.

**Education**

St. Martha Skills Training and Assessment Center Inc.  
Caregiving NC II

2023

Vocational

CanCare Caregiving  
Bohol, Philippines

2004

Bachelor of Science in Marine Transportation  
PMI- (Philippine Maritime Institute) - Philippines

2002  
Tertiary