

Mark Jayson G. Galazan, RN

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3006

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OBJECTIVE:

Compassionate and hard-working nurse looking for a position as a registered nurse with your institution. Eager to utilize their experience working in high-stress and fast-pace situation, specifically in the emergency room as well in other fields.

WORK EXPERIENCES:

1. Provincial Government Bulacan Public Health Office – Bulacan Medical Center

99 Potenciano St., Mojon, Malolos City, Bulacan, Philippines

Contact Number: (044) 791-0630

Emergency Room Nurse: November 3, 2021 - PRESENT

Job Summary:

- Interviewing patient or relative to obtain medical history to make an accurate assessment
- Assessing incoming patients and evaluate their symptoms and triage them appropriately
- Sorting patients into priority groups according to hospital triage guidelines
- Triage cases in orderly manner base on urgency and needs
- Identify medical issues, determine severity and provide immediate support to minimize negative long-term effects in patients
- Initiate diagnostic and therapeutic measures as indicated in hospital protocols
- Communicate and acts as liaison with patients, relatives and other healthcare professionals in a manner that respects confidentiality and dignity
- Coordinates the needs of the patient with supporting departments and assist in solving problems related to the welfare of patient and staff
- Ready to respond and equipped to deal with medical emergencies
- Work with other ER Staff, Doctors, Co-nurses, Nursing Attendants to stabilize incoming patients
- Start Intravenous lines and blood extractions, if necessary
- Administer medications – as ordered by the Physicians.
- Compute correct medication dosages as ordered by the Physician
- Chart concisely, descriptively and legibly indicating patients progress or lack of progress
- Treating critical injuries, allergic reactions and trauma
- Prepare materials needed and assist Physicians for any minor operation cases like wound suturing, disarticulation, casting and intubation.

- Assist Physicians during minor operating procedures
- Maintain emergency room care standards
- Displaying strong decision-making skills during emergency scenarios
- Instruct patient or relatives regarding wound cleaning and wound dressing
- Communicate with patient or relatives about their procedure, treatment plan and discuss their recovery process
- Monitor patients vital signs and report any abnormalities
- Admit patients and assist with insurance paperworks as needed
- Ensure the efficiency of the patient check-in process
- Create and maintain patients records
- Assist patient in transferring to their respective wards once stable
- Accompany the doctor and assist the patient if needed to be transported or transferred to other hospital

2. Department of Health – Bulacan Medical Center

99 Potenciano St., Mojon, Malolos City, Bulacan, Philippines

Contact Number: (044) 791-0630

Emergency Room and Triage Nurse: February 1, 2021 – October 31, 2021

Job Summary:

- Interviewing patient or relative to obtain medical history to make an accurate assessment
- Assessing incoming patients and evaluate their symptoms and triage them appropriately
- Sorting patients into priority groups according to hospital triage guidelines
- Monitoring Vital Signs and reporting to the Physicians if there is any abnormalities
- Initiate diagnostic and therapeutic measures as indicated in hospital protocols
- Communicate and acts as liaison with patients, relatives and other healthcare professionals in a manner that respects confidentiality and dignity
- Coordinates the needs of the patient with supporting departments and assist in solving problems related to the welfare of patient and staff
- Chart concisely, descriptively and legibly indicating patients progress or lack of progress
- Performs nursing procedures safely and efficiently
- Giving emergency medical treatment if necessary
- Working with Physicians and other Nurses as a team to update patients status
- Working with patients and relatives and communicating the course of action

3. Rugay General Hospital, Inc.

M. Cruz St., Carpa Village, Sabang, Baliwag, Bulacan, Philippines

Contact Numbers: 766-3457 / 766-4629

Staff Nurse: March 11, 2020 to February 1, 2021

Job Summary: Shall carry out the actual nursing process required by patients in the unit, adhering to direct introductions given by superiors in the unit.

Duties and Responsibilities:

- Attends on endorsements on a per shift basis
- Makes familiar with his assignments during the shift
- Makes rounds to all patients before and after shift of duty

- Ensures the sterility of all instruments used, following aseptic techniques at all times
- Performs rounds to patients room right after endorsement
- Assist in fetching of patients from ER
- Assist in transporting patients from room to other department for prescribed procedures
- Checks consent of newly admitted patients
- Gives instructions and health teachings to patients
- Renders total nursing care:
 - Physical
 - Gives daily personal hygiene
 - Uses safety devices
 - Assist in maintaining a clean, safe and healthful environment
 - Administer correct medicine, injections and treatments
 - Identifies nursing needs and problems and tries to solve them
 - Mental
 - Gains confidence of patients and watchers
 - Recognizes problems and utilize other agencies for their solution
 - Promotes good patient – nurse relationship
- Assist in the therapeutic management of the disease
- Takes the records and vital signs
- Assist during physical examination
 - Prepares and assist patients for treatment
- Observes, reports and records changes in patients condition
- Checks regularly patients chart and data
- Ensures proper labeling and submission of specimen
- Get prescribes narcotics and supplies from the pharmacy
- Attends to after care of instruments, rooms and equipment
- Reports to nurse supervisor any incident
- Coordinates to other ancillary departments regarding patients care
- Updates narcotics, supplies, instruments and equipment
- Update E-Cart every shift
- Executes the nursing assessment
- Assist patients in moving, maintaining proper alignment of body and good body mechanics as well as takes and records vital signs
- Observe signs and symptoms, institute remedial actions when appropriate and records the same in the patients chart
- Observe medical asepsis and reports observation to the physician
- Observe and respond to patients and hospital personnel and acts as a liaison between patients and hospital personnel
- Assist physician in examining patients and carries out doctors legal order such as but not limited to irrigation, catheterization and enemas
- Administer and chart medications accurately including any reactions that may arise thereto
- Receives and endorses ward equipment and supplies and sees to it that they are given proper care and maintenance
- Gives health teachings, discharge patients or perform post mortem care
- Performs Sunday works (cleaning day)
- Adheres to direct instructions given by superiors
- Performs duties of charge nurse if needed
- Attends to other duties that the management may assign from time to time
- Shall perform the following as NEED ARISES:
 - Carry out duties outside assigned area
 - Attend on call duties

- Transfer of area to another

4. Eastwest Healthcare, Inc.

-6th Floor Makati Executive Center, Rufino cor. Leviste St., Makati City, Philippines

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5. American Outpatient Clinic (American Hospital Inc.)

- 2nd Floor FEMII Building A. Soriano Jr. Ave. Intramuros, Manila, Philippines

Staff Nurse/Medical Coordinator: April 13, 2009 - August 31, 2009

Taking patients vital signs, weighing, height measurement, visual & Ishihara testing, PFT (Pulmonary Function Test) & Electrocardiogram (ECG) and record to the patients' chart and note if there are abnormalities in their results.

6. Gat Andres Bonifacio Memorial Medical Center (GABMMC)

- 1008 DelpanStreet.,Tondo, Manila, Philippines

Volunteer Nurse: November 10, 2008 – May 10, 2009

Assess patient health problems and needs, develop and implement nursing care plans, and maintain medical records. Administer nursing care to ill, injured, convalescent, or disabled patients. May advise patients on health maintenance and disease prevention or provide case management.

GOVERNMENT EXAMINATION TAKEN:

- The Philippine Nursing Licensure Examination: PASSED- June 2008- License No. 0499560
- Association of Nursing Service Administrators of the Philippines (ANSAP): I.V. Therapy Nurse: Card No. 09-000253

EDUCATIONAL BACKGROUND

Saint Jude College, Manila
College of Nursing

Dimasalang corner Don Quijote Street Sampaloc, Manila, Philippines

College Graduate - Bachelor of Science in Nursing

S.Y. 2003-2007

PERSONAL INFORMATION

Age: 36 y/o

Birthdate: December 4, 1986

Status: Married

Height: 5' 4" (160 cm.)

Weight: 74 kgs. (171 lbs.)

Religion: Roman Catholic

Father: Jurico Brosas Galazan

Mother: Adelia Romero Gascon

SKILLS AND STRENGTHS:

- Language proficiency: Filipino, English
- Computer Literate: proficient in Ms Word, Excel, Power point
- Driving
- Able to handle assignments under high pressure and consistently meet tight deadlines
- Highly Organized and dedicated with Positive attitude
- Demonstrate the ability to work well with people, both Internally and with the external client
- Assessing the patient by taking their baseline data (Temperature, Pulse Rate, Respiratory rate, Blood Pressure, Chief Complaint)
- Forwarding patient's record to Doctor/Specialist.
- Explains the Doctor's order, laboratory request/work ups or regimen of medication.
- Insertion/Termination of Intravenous line upon Doctor's Order.
- Administering Medication via Intravenous Line.
- Extracting Patient's blood for Laboratory testing.
- Taking Patients ECG upon doctor's request.
- Preparing and Instructing Patients prior to Minor Operation as Pre-operative procedure
- Perform Hand Washing before the Procedure.
- Preparing and disinfecting the instruments before the Procedure.
- Assisting Doctors for Minor Operation.
- Assisting the Patient after the Minor Operation
- Instructing the Patient as post-operative procedure.
- Cleaning and disinfecting the instruments after the procedure.

SEMINARS/ TRAININGS ATTENDED

- **NHCPS BLS Certification Course – Postgraduate Institute of Medicine National Health Care Provider Solutions**(April 29, 2020)
- **NHCPS ACLS Certification Course - Postgraduate Institute of Medicine National Health Care Provider Solutions**(May 8, 2020)
- **IRON DEFICIENCY IN CHILDREN – DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS –** (October 13, 2020)
- **MANAGEMENT OF SEIZURES IN CHILDREN -DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS AND IMMUNITY: AN OUNCE OF PREVENTION COVIDIGILANCE WEBINAR SERIES –** (August 25, 2020)
- **CONGENITAL CHILDHOOD DISEASES: ROLE OF NEWBORN SCREENING - DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS –** (July 20, 2020)
- **SPIRITUALITY IN AGEING -DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS –** (December 13, 2019)
- **LUNG CANCER IN ELDERLY -DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS** (November 27, 2019)
- **PARKINSON’S DISEASE -DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS** (November 29, 2019)
- **ROLE OF DIET AND ENVIRONMENT IN SKIN AGEING -DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS** (November 15, 2019)
- **DEPRESSION AND MENTAL HEALTH ISSUES IN ELDERLY -DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS** (November 22, 2019)
- **TREATMENT OF DIABETES IN OLDER ADULTS -DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS**(November 8, 2019)
- **PNEUMONIA IN THE ELDERLY -DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS** (October 25, 2019)
- **LUNG CANCER AND THE ELDERLY -DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS** (September 27, 2019)
- **TAKING CARE OF AGEING KIDNEYS DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS –** (September 13, 2019)
- **ASTHMA AND COPD IN ELDERLY DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS –** (September 6, 2019)
- **HOW VACCINATION WILL KEEP US SAFE IN THIS TIME OF COVID? DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS –** (September 2, 2020)
- **MULTIDISCIPLINARY CARE IN HEAD AND NECK CANCER - DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS** (August 30, 2019)
- **VACCINATION IN ELDERLY -DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS** (July 12, 2019)
- **SCIENCE OF INTIMATE HEALTH CARE IN THE FEMALE ELDERLY -DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS** (June 14, 2019)

- **OSTEOPOROSIS AND BONE HEALTH** -DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS – (May 10, 2019)
- **ANEMIA IN THE ELDERLY** -DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS – (April 26, 2019)
- **HOW VACCINATION WILL KEEP US SAFE IN THIS TIME OF COVID?** DR. SALVACION GATCHALIAN MEMORIAL WEBINAR LECTURE SERIES IN PEDIATRICS – (September 2, 2020)
- **Advanced Cardiac Life Support (A.C.L.S.) and Basic Life Support: Cardiopulmonary Resuscitation and Foreign Body AirwayObstruction Managemen, Basic Electrocardiography: Introduction to Arrythmia Recognition, Effective Defibrillation and Safety Cardioversion& Airway Adjuncts Emergency and Cardiac Medications (Pharmacotherapeutics)** - Nursing Center for Clinical Lab. Experience, Inc. in partnership with Philippine Nurses Association 838 P. Campa St., Sampaloc, Manila (December 7 to December 10, 2009)
- **Standard First Aid Training (S.F.A.T.) Basic Life Support: CPR Training for Healthcare Provider**
- The Philippine National Red Cross, Manila Chapter, Gen. Luna Corner Victoria Street, Intramuros, Manila (November 9 to November 14, 2009)
- **Basic I.V. Therapy Training**
Martinez Memorial Hospital and Martinez Training Center for Health Services (M.T.C.H.S.) accredited by Association of Nursing Services Administrators of The Philippines, Inc. (A.N.S.A.P., Inc.) - 198 A. Mabini Street, Caloocan City(September 10 to September 12,2008)

CHARACTER REFERENCES:

MRS. RULINDA LEANO, R.N., M.A.N.

Rugay General Hospital, Inc., Nurse Supervisor
CP NO.: 09956132317

MS. FLORITA VIZCARRA, R.N.

Rugay General Hospital, Inc., Head Nurse
CP NO.: 09435470314

MRS. MARIA LUISA AGNO

Rugay General Hospital, Inc., Human Resources Department Officer
CP NO.: 09369281534

I hereby certify that the information in this application form is true to the best of my knowledge.

MARK JAYSON G. GALAZAN, RN.

Applicant