

SHELLA MARALLAG APILADO

Birth Date: **January 7,1985**

Civil Status: **Married**

Address: **#01 Tuliao St. Centro Penablanca, Cagayan**

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Contact Number: **09069677977**

EDUCATION

Secondary School Name: Cagayan National High School

Address: Tuguegarao City, Cagayan 3500

Year Graduated: 2002

Number of Years: 4

College School Name: Saint Paul University Philippines

Address: Tuguegarao City, Cagayan 3500

Year Graduated: 2006

No. of Years/Semesters: 4

Degree/Course Name: Bachelor of Science in Nursing

PROFESSIONAL EXPERIENCE

Company Name: DOH Center for Health Development

Position: Nurse - Contract of Service under Nurse Deployment Project

Duration: January 20, 2014 - December 31, 2017

Address: Carig Norte, Tuguegarao City, Cagayan Valley, Philippines

Job Description:

- Assist in the implementation of various health programs of the Local Government Unit in accordance with the program goals and objectives of the Department of Health and the Health Sector.
- Provide technical assistance in the implementation of the health programs.
- Assists in the conduct of disease surveillance.
- Conducts health education and training.
- Assist in the conduct of regular monitoring and evaluation of the various programs for the community..
- Submits monthly accomplishment report and DTR's to the DOH Regional Office 2 through the Public Health Nurse describing the highlights of the activities, target and accomplishment, learning insights, issues/concerns and recommendation.
- Performs other related functions as maybe assigned.

Company Name: DOH Center for Health Development

Position: Nurse under Registered Nurses for Health Enhancement and Local Service (RNheals) Project

Duration: February 8,2013 - December 31,2013

Address: Carig, Tuguegarao City, Cagayan Valley, Philippines

Job Description:

- Assist in the implementation of various health programs of the Local Government Unit in accordance with the program goals and objectives of the Department of Health and the Health Sector.
- Provide technical assistance in the implementation of the health programs.
- Assists in the conduct of disease surveillance.
- Conducts health education and training.
- Assist in the conduct of regular monitoring and evaluation of the various programs for the community..
- Submits monthly accomplishment report and DTR's to the DOH Regional Office 2 through the Public Health Nurse describing the highlights of the activities, target and accomplishment, learning insights, issues/concerns and recommendation.
- Performs other related functions as maybe assigned.

Company Name: Cagayan Valley Medical Center

Position: Nurse under Registered Nurses for Health Enhancement and Local Service (RNheals) Project

Duration: November 11,2011-December 31,2012

Address: Carig, Tuguegarao City, Cagayan Valley, Philippines

Job Description:

- Gathers the patient's History of present illness from the patient and/ or patient's companion.
- Checks,measures, records and reports vital signs of patients accurately.
- Assists physicians in examining patients, performing diagnostic and therapeutic procedures and bedside procedures.
- Administer medications as prescribed by the doctors.
- Prepares patients for diagnostic and therapeutic procedures.
- Identifies, plans,evaluates, and performs prescribed nursing care needed by the patient.
- Performs shift to shift endorsement.

Company Name: Prince Sultan Cardiac Center

Position: Staff Nurse

Duration: February 2010 - January 2011

Address: Al Ahsa Hofuf - Kingdom of Saudi Arabia

Job Description:

- Conduct assessments of patients' cardiac health and review patients' medical histories.
- Administer medications to patients as prescribed by physicians.
- Monitor patients' vital signs, cardiac rhythms and changes in symptoms and report untoward signs and symptoms.
- Assist in various cardiac procedures, such as stress tests and electrocardiograms (ECG).
- Respond to cardiac emergencies and perform life saving interventions as needed.
- Prepare the patient for surgery and implement nursing interventions and transport patients to the operating room.

Company Name: Cagayan Valley Medical Center

Position: Medical & Surgical Ward Nurse

Duration: August 1,2007 - July 31, 2009

Address: Carig, Tuguegarao City, Philippines

Job Description:

- Gathers the patient's History of present illness from the patient and/ or patient's companion.
- Checks,measures, records and reports vital signs of patients accurately.
- Assists physicians in examining patients, performing diagnostic and therapeutic procedures and bedside procedures.
- Administer medications as prescribed by the doctors.
- Prepares patients for diagnostic and therapeutic procedures.
- Identifies, plans,evaluates, and performs prescribed nursing care needed by the patient.
- Performs shift to shift endorsement.

TRAININGS / SEMINARS

Advanced Cardiac Life Support

American Safety & Health Institute

March 5,2016

Tuguegarao City, Cagayan Valley, Philippines

Basic Life Support: CPR PRO for the Professional Rescuer

American Safety & Health Institute

March 4,2016

Tuguegarao City, Cagayan Valley, Philippines

Basic Cardiac Rhythm Recognition (ECG Reading)

American Safety & Health Institute
March 4 -5,2016
Tuguegarao City, Cagayan Valley, Philippines

Emergency Oxygen Administration
American Safety & Health Institute
March 4,2016
Tuguegarao City, Cagayan Valley, Philippines

I hereby certify that the above information are true and correct to the extent of my knowledge and ability.

A handwritten signature in black ink, appearing to read 'S. Apilado', enclosed within a hand-drawn oval.

SHELLA M. APILADO,RN
Applicant