

YNNA MICKA BACALSO

San Fernando Bukidnon, Philippines
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WORK EXPERIENCE

- **Jose Dap-og | Valencia City, Bukidnon Philippines** Feb. 2023 - Present
Full time Caregiver
 - Taking care a 60 years old patient with Diabetic, High blood, Stroke, kidney transplant, left leg amputated.
 - Establish trusting relationships with clients
 - Monitor client health status, including vitals, mobility, nutrition, and general wellbeing
 - Provide assistance with self-care tasks including bathing, dressing, grooming, and eating
 - Prepare meals and snacks according to individual dietary needs
 - Support clients in pursuing activities promoting physical and mental wellbeing
 - Encourage and monitor exercise and healthy lifestyles
 - Assist clients in adhering to treatment plan
 - Ensure client safety, comfort, and security
 - Be a pleasant and supportive companion and motivates client to engage in quality time activities, as appropriate.
 - Act quickly and responsibly in cases of emergency.
 - Completes all other duties within the Service Plan and Service Agreement.

SKILLS

- Respectful and compassionate
- Strong analytical and problem-solving skills
- Outstanding communication and interpersonal skills
- Multitasking ability and manage time effectively
- Outstanding communication and interpersonal skills
- Knowledge of emergency response and first aid (CPR, etc.)
- Willingness to work independently and as a team member
- Good time management skills and ability to work independently

EDUCATION

- **University of the Immaculate Conception** 2013-2014
Bachelor of Medical Laboratory Science
Undergraduate

TRAINING AND CERTIFICATE

- Basic Life Support Training
- National Certificate II in Caregiver
- On-the-job training, Abella Midway Hospital