NAME: HERNALIZA MOPIA

Address: Perez, Kidapawan City 9400 Philippines
Phone number: +966500794721

Email address: hernalizarn@yahoo.com

OBJECTIVE

Committed and enthusiastic Registered Nurse seeking a position to continue and enhance my skills , providing my ability to handle high-stress ,fast-paced situations and effective problem solving skills to be able to function productively and efficiently in the institution and the clients that I have to render my service

WORK HISTORY:

April 2009 up to present	Armed Forces Hospital Southern Region Khamis Mushayt Kingdom of Saudi Arabia REGISTERED NURSE
March 2005- November 2008	Babol General Hospital Matalam , North Cotabato Philippines REGISTERED NURSE
April 2004 - October 2004.	Father Tulio Favali Municipal Hospital VOLUNTEER NURSE

EDUCATION

October 2020- up to present	Master of Arts in Nursing Brokenshire College Davao City
June 2007- September 2007	Master of Arts in Nursing Philippine Christian University
June 2001- March 2004	Bachelor of Science in Nursing

DUTIES AND RESPONSIBILITIES

- ✓ Take baseline data for patients.
- ✓ Secure consent to care for legal purposes.
- ✓ Emergency care to patients.
- ✓ Protect patients rights and the hospital as well.
- ✓ Prepare patients for examination and any procedures.
- ✓ Carry out doctors order promptly and correctly .
- ✓ Initiate plan of care.
- ✓ Drug administration.
- ✓ Assist physician in all procedures for the patient.
- ✓ Provision of quality nursing care.
- ✓ Dressing of wounds.
- ✓ Health promotion and disease prevention measures.

ANNUAL / MANDATORY TRAININGS AND SEMINARS ATTENDED

BASIC LIFE SUPPORT
INFECTION CONTROL COURSE
FIRE AND SAFETY COURSE
NURSING REFRESHER PROGRAM AND WORKSHOP
WOUND CARE UPDATE
QUALITY AND PATIENT SAFETY PROGRAM
LIFTING AND HANDLING UPDATE
BLOOD TRANSFUSION UPDATE
DRUG CALCULATION UPDATE

REFERENCES

Ms.Hanan Al Ahmari
Nurse manager-Family and Community Medicine
+966-53-440-5561
017 250 0001 ext.13117

Mr. Archiebald Gallang
Head Nurse- FCM
+966-55-284-6338
017 250 0001 ext.13116

BABOL GENERAL HOSPITAL
MATALAM NORTH COTABATO
PHILIPPINES
MARCH 2005-NOVEMBER 2008

- ✓ Secure consent of Care for admission of patient.
- ✓ Take baseline data for a check up and admission
- ✓ emergency care to patients.
- ✓ Intravenous therapy
- ✓ Assist the physician in the delivery room.
- ✓ Administration of the prescribed drugs
- ✓ Oxygen inhalation and nebulization.
- ✓ Skin testing before giving antibiotics
- ✓ Close observation of patient after and every procedure
- ✓ Carry a doctors order promptly following prescribed standard plan
- ✓ Prepares it for securing an assistant position in the procedure.
- ✓ Evaluate the implement a plan of care.
- ✓ Refer patients to other three hospitals.
- ✓ Routine rounds to patients with attending physician.
- ✓ Evaluate the implement a plan of care.
- ✓ Refer patients to other tertiary hospitals.
- ✓ Promotion of health and disease prevention.
- ✓ Training and development programs in the department.
- ✓ Keep the area clean and orderly, free from my standard including a hospital equipment.

VOLUNTEER NURSE
FATHER TULIO FAVALI MUNICIPAL HOSPITAL
TULUNAN , NORTH COTABATO
PHILIPPINES
APRIL 2004- OCTOBER 2004

EXPERIENCE

REGISTERED NURSE
ARMED FORCES HOSPITAL SOUTHERN REGION
FAMILY AND COMMUNITY MEDICINE
KHAMIS , MUSHAYT
KINGDOM OF SAUDI ARABIA
APRIL 2009 UP TO PRESENT

DUTIES AND RESPONSIBILITIES

- ✓ Secure informed consent to care.
- ✓ Assess , plans and implements individual patient care.
- ✓ Establish a good working environment in which a patient receives a high standard of care.
- ✓ Triaging patient according to Canadian Triage Acuity Scale.
- ✓ Develop and establish effective communication skills with all other members of the health team, patient and relatives.
- ✓ Participate in training and development programs of the department/unit.
- ✓ Takes responsibility for professional growth and conduct.
- ✓ Render quality care for emergent cases
- ✓ Carry out doctors order with intelligent approach to existing needs of patients.
- ✓ Administering medications orally, subcutaneously, intravenously, and or intramuscularly as per doctor's order.
- ✓ Wound assessment and dressing using aseptic technique as per infection control guidelines .
- ✓ Iv cannulation.
- ✓ Blood extraction.
- ✓ Performing ECG
- ✓ Nebulization
- ✓ Er transfer of patient in other health care facility.
- ✓ Prioritizing patients as to emergent and non emergent case.
- ✓ Make accurate and informative charting according to PPGs and hospital protocol.
- ✓ Make requisition and job order when necessary for the effective function of the unit like equipment and stocks.

REGISTERED NURSE

North Valley College Foundation
Lanao , Kidapawan City

June 1999 - March 2000 — Bachelor of Science in Chemistry
University of Southern Mindanao
Kabacan , North Cotabato

June 1995 – March 1999 — Secondary Level – Class Valedictorian
Best in Science
Best in English
Best in Values Education
Drum and Bugle Corps - Lyre
North Valley College Foundation
Lanao , Kidapawan City

June 1989 – March 1995 — Elementary Level – First Honorable Mention
Class Secretary
Quiz Bowl Contestant in City Level
Scrabble and Word Factory Contestant
Perez Elementary School
Perez , Kidapawan City

LICENSES

Saudi Commission for Health Specialties Passer

License Number : 10AN1224322
Date Issued : January 2010
Validity : February 02 2024

Philippine Nurses Licensure Examination Passer

License Number : 0431529
Date Issued : April 2007
Validity : September 5 2025

EXPERIENCE

REGISTERED NURSE
ARMED FORCES HOSPITAL SOUTHERN REGION
FAMILY AND COMMUNITY MEDICINE
KHAMIS , MUSHAYT
KINGDOM OF SAUDI ARABIA
APRIL 2009 UP TO PRESENT

DUTIES AND RESPONSIBILITIES

- ✓ Secure informed consent to care.
- ✓ Assess , plans and implements individual patient care.
- ✓ Establish a good working environment in which a patient receives a high standard of care.
- ✓ Triaging patient according to Canadian Triage Acuity Scale.
- ✓ Develop and establish effective communication skills with all other members of the health team, patient and relatives.
- ✓ Participate in training and development programs of the department/unit.
- ✓ Takes responsibility for professional growth and conduct.
- ✓ Render quality care for emergent cases
- ✓ Carry out doctors order with intelligent approach to existing needs of patients.
- ✓ Administering medications orally, subcutaneously, intravenously, and or intramuscularly as per doctor's order.
- ✓ Wound assessment and dressing using aseptic technique as per infection control guidelines .
- ✓ Iv cannulation.
- ✓ Blood extraction.
- ✓ Performing ECG
- ✓ Nebulization
- ✓ Er transfer of patient in other health care facility.
- ✓ Prioritizing patients as to emergent and non emergent case.
- ✓ Make accurate and informative charting according to PPGs and hospital protocol.
- ✓ Make requisition and job order when necessary for the effective function of the unit like equipment and stocks.

REGISTERED NURSE