

Janette I. Sumabat, R.N.

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Professional Overview

Professional, dependable, hard working and pleasant demeanor with over ten years experience providing knowledgeable, compassionate, and professional care to patients. Provided high quality patient care in a high stress, rapidly changing environment while always addressing the patients' health needs and safety. Gained specialized experience working with neonates needing assisted/mechanical ventilation.

Education

Bachelor of Science in Nursing

Philippine College of Health and Sciences Inc.
Manila, Philippines

June 2005 – Mar 2008

Health Care Provider Training Program

Linkstaff Services, Inc.,
Quezon City, Philippines

3 Nov 2003 – 22 Feb 2004

Bachelor of Science in Computer Science

AMA Computer University
Quezon City, Philippines

June 1991 – Mar 1996

Licensure

Registered General Nurse

Ministry of Public Health, Qatar
License No.: N5732 (Active)

Jan 2015

Registered Nurse

Professional Regulation Commission, Philippines
License No: 0507941 (Active)

Sept 2008

Continuous Professional Development:

- 1. Immediate Life Support Course**
European Resuscitation Council
September 11, 2022 Doha Qatar
- 2. Virtual Middle East Forum on Quality and Safety in Healthcare 2021**
Hamad Medical Corporation (HMC)
November 12-14, 2021 Doha Qatar
- 3. Qatar Health Virtual Conference 2021**
Hamad Medical Corporation (HMC)
January 21-23, 2021 Doha Qatar
- 4. 3rd Qatar International Epilepsy Course**
Hamad Medical Corporation (HMC)
January 14-16, 2021 Doha Qatar

5. **Symposium on General Surgery for Non-surgeons**
Hamad Medical Corporation (HMC)
December 6-7, 2019 Doha Qatar
6. **Fundamentals of Electrocardiogram (ECG) Workshop**
Al-Ahli Hospital
November 15, 2019 Doha Qatar
7. **Qatar Summit for Healthcare Risk Management**
Hamad Medical Corporation (HMC)/
American Society for Health Care Risk Management (ASHRM)
September 13-14, 2019 Doha Qatar
8. **Functional Genomics 2018: From Big Data to Clinic**
Sidra Medicine
December 8-10, 2018 Doha Qatar
9. **HMC Medication Safety Symposium 2018**
Hamad Medical Corporation (HMC)
April 7, 2018 Doha Qatar
10. **Annual Breast Cancer**
Hamad Medical Corporation (HMC)
October 27-28, 2017 Doha Qatar
11. **United for Patient Safety**
Third Qatar Patient Safety Week, QCHP/MOPH-Qatar
September 24-30, 2017 Doha Qatar
12. **Basic Principles of Healthcare Ethics**
College of North Atlantic – Qatar
June 9, 2017 Doha Qatar
13. **Middle East Forum on Quality and Safety in Healthcare 2017**
Hamad Medical Corporation/Institute for Healthcare Improvement
May 5-7, 2017 Doha Qatar
14. **First Masterclass in Breast Cancer Management**
Hamad Medical Corporation
April 28-29, 2017 Doha Qatar

OUTPATIENT DEPARTMENT EXPERIENCE

SAC HEALTHCARE (SYRIAN AMERICAN MEDICAL CENTER)

25/01/2015 UPTO PRESENT

Rotated to the following Specialized Clinic of the Center:

- CARDIOLOGY
- NEUROLOGY
- PEDIATRIC
- ENDOCRINOLOGY
- OBSTETRICS AND GYNECOLOGY
- DERMATOLOGY
- ENT
- DENTAL
- OPHTHALMOLOGY
- INTERNAL MEDICINE

CLINICAL and PROCEDURAL SKILLS

Works and perform the following nursing responsibility competently and independently:

1. Responsible to provide professional, quality evidence-based patient care according to the guidelines of Ministry of Health of Qatar.
2. Undertake and perform nursing assessments while taking the vital sign of the patient and provide accurate information on the condition of the patient.
3. Undertake to deliver in a timely way interventions to assess health needs, provide care, advice and support people to start to manage some aspects of their own health.
4. Administers prescribed medications and treatments in accordance with approved nursing protocol.
5. Provide necessary professional nursing assistance as required by the Physicians in pursuing direct patient medical care in their respective clinics.

Cardiology. (March 2019 upto Present)

Assisted, prepared the patient, machine and reports, and completed the following procedure with the Cardiologists (Echocardiography, Exercise Stress Test). Prepared the patient and independently attached the following to the patient (24-Hour BP Holter and ECG Holter Monitor).

Neurology: Prepared the patient, assisted the Neurologist in performing the following procedures (Nerve Conduction Study, Transcranial Doppler, Visual Evoked Potential). Administered IM/SQ Injection for pain or migraine as ordered (Dynastat and Aimovig).

Pediatric: Height/Weight/Head and Chest Measurement. Managed fever with Tepid Sponge Bath. Nebulization. Aspiration precaution when patient was vomiting.

Endocrinology: Height and Weight. Blood sugar monitor. Wound care. Patient Education in administering insulin medications. Intramuscular injection of hormones as ordered like growth hormone, testosterone, etc.

OB/GYN: Abdominal/Transvaginal Ultrasound. Cardiotocography. Prepared and assisted the doctor in performing internal examination, Pap smear, Cryotherapy, placement/removal of intrauterine device, and other procedures related to OB/Gynecology.

Dermatology: Prepared and assist the Doctor in examining the patient and performing range of procedures like Lip Fillers, Platelet Rich Plasma (PRP) Therapy, Mesotherapy, Botox, and etc.

ENT: Prepared and assisted the Doctor in performing pure tone audiometry, tympanogram, ear dressing, ear washing, flexible video laryngoscopy, and Epley maneuver. Performed skin-test prior to giving antibiotics. Administered intramuscular injection as ordered.

Dental: Prepared and assisted the Doctor in performing pulpotomy, tooth extraction, impression, post and core build up, bridge, and crown.

Ophthalmology: Prepared and assisted the Doctor in performing cycloplegic refraction, fundus examination, and eye patch for patient with corneal abrasion. Prepared and assisted the doctor in performing minor surgery like removal of hordeolum/chalazion and probing of lacrimal duct.

Internal Medicine: Assisted the Doctor in evaluating the patients complaint, monitored vital signs and giving IM injection or started IV infusion as ordered.

6. Familiar and very proficient with computerized patient information systems.
7. Coordinate with the Reception and Insurance Department the timely processing of approval of the Insurance Company for insured patients regarding laboratory test, radiology examinations, clinic procedures and medications.
8. Perform administrative/record keeping function efficiently.
9. Maintain clinic rooms to a high standard of cleanliness and stocked to the appropriate levels.
10. Provide training for and supervision for trainees and new staff nurses.
11. Assist all patients, family members, physicians, visitors and employees in a highly professional manner.
12. Maintains confidentiality regarding patient / employee / facility / corporate information.

NICU/SCBU CLINICAL EXPERIENCE

OYA INTERNATIONAL MEDICAL CLINIC
Tripoli, Libya

200 bed facility

9/9/2014 – 9/11/2014

NICU: 5 incubator / 4 cots
Senior Nurse NICU/SCBU

SCBU: 5 incubator/ 7 cots

Case Load: 2-3

- ◆ Acted as a Team Leader in admitting neonates that were identified with flat Cardiotocography or product of high risk pregnancy. Assisted the pediatrician in inserting umbilical venous catheter, endotracheal tube for giving lung surfactant medication or for mechanical ventilation, and administering narcotics as ordered.
- ◆ Performed peripheral IV insertion and drew blood for blood investigation for patients in the unit and also for pediatric patients in the Out Patient Department that were difficult to insert intravenous catheter.
- ◆ Handled the most serious case: preterms, on mechanical ventilator/NCPAP, unstable surgical patients.
- ◆ Ensured that patients are bath or cleaned three or four times during the shift, bed sheets are changed and diapers are always available.
- ◆ Responsible for Pre/Post Operative management and care.
- ◆ Performed nursing responsibilities with proficiency, safety and within the scope of nursing practice.

MOH - TRIPOLI MEDICAL CENTER
Tripoli, Libya

1500 BED FACILITY

9/7/2010 – 9/7/2014

NICU/SCBU Level I, II, III combined

NICU: 27 incubator / 20 cots

SCBU: 22 incubator/ 10 cots

Case Load: 3-4

Nurse NICU/SCBU

Summary

- ◆ Served as NICU Senior Nurse with responsibility for delegating patient-care assignments, documenting treatment and progress, and communicating with physicians and other health care professionals.
- ◆ Supervised healthcare staff and enhanced productivity and efficiency.
- ◆ Assisted in problem-solving related to staffing, supplies, and patient care.
- ◆ Performed venipuncture for laboratory work, intravenous hydration / medication and transfusion.
- ◆ Performed clinical duties in accordance with the Hospital's Infection Control and unit guidelines.
- ◆ Conveyed a friendly, caring, positive attitude to patients and their caregivers.
- ◆ Identified opportunities to instruct patients and caregivers to promote wellness and follow up care.
- ◆ Computer literate and familiar with automated charting.

AREA OF EXPERTISE (NICU):

- ◆ Infection Control
- ◆ Mechanical Ventilator
- ◆ Vital Sign and Close Patient Monitoring
- ◆ NCPAP
- ◆ Phlebotomy
- ◆ Administering Medication
- ◆ Pre-op / Post Op Preparation or Monitoring
- ◆ Wound Care

- ◆ Colostomy Care
- ◆ Hemovac
- ◆ Chest Tubes
- ◆ Blood Transfusion
- ◆ Endotracheal Tube
- ◆ PhotoTherapy
- ◆ Tube Feeding
- ◆ Bedside Manner
- ◆ Medical Teamwork
- ◆ Multi-Tasking
- ◆ Verbal/Written Communication
- ◆ Computer Literate

CASES HANDLED:

Extra Low Birth Weight Baby, Apnea, Transient Tachypnea of the Newborn, Neonatal Jaundice, Birth Asphyxia, RDS, Down Syndrome, Sepsis, Choanal Atresia, AGE/Dehydration, Hydrocephalus, Spina Bifida, Anencephaly, Omphalocele, VSGA/LGA Baby, Babies of IDM Mother / Hepa-B or C, HIV, AIDS, Congenital Heart Disease, IUGR, Gastrochisis, Esophageal atresia, Tracheoesophageal atresia, Conjoined Twins, Tetralogy of Fallot, Patent Ductus Arteriosus, Hypospadias, Hydrocoele, Imperforate Anus, Ichthyoses.

PROCEDURES PERFORMED/ASSISTED in the NICU:

- ◆ Umbilical Venous Catheter
- ◆ Endotracheal Intubation (ETT)
- ◆ Surfactant
- ◆ Suprapubic Urine Aspiration
- ◆ Lumbar Puncture
- ◆ Central Line (Jugular Vein/Femoral Vein)
- ◆ Blood Exchange
- ◆ Chest Tube Assessment/Placement
- ◆ Intraosseous Cannulation
- ◆ Blood/FFP/PLT Transfusion
- ◆ Venipuncture
- ◆ Suction (ETT, Mouth, Nose)
- ◆ Urinary Catheter
- ◆ Preop/Post Op Preparation
- ◆ Tube Feeding (NGT / OGT / Gastrostomy/Jejunostomy)
- ◆ Rectal Wash
- ◆ Wound Dressing
- ◆ Capillary Blood Sampling

MACHINE/EQUIPMENTS HANDLED:

- ◆ GE Healthcare 2D Echo Vivid TM/Vivid T8
- ◆ ECG Machine (Mortara ELI 280)
- ◆ 2D Echo Ultrasound Machine (Hitachi Prosound a6/ALOKA)
- ◆ Exercise Stress Test Machine (Mortara XSCribe)
- ◆ 24 Hours ECG Holter Monitor (Mortara H3 + Digital Holter/HSCribe)
- ◆ 24 Hours BP Holter Monitor (Mortara Ambulo 2400)
- ◆ Incubator (Drager Caleo, Medipreuma ISIS, aTOM incu i)
- ◆ Mechanical Ventilator (Drager Babylog 8000 Plus, SLE 4000/5000 Infant Ventilator TTV Plus)
- ◆ NCPAP (Nasal Continuous Positive Airway Pressure) (SLE 1000, Arabella nCPAP)
- ◆ Radiant Warmer (Fisher & Pykel Neopuff Infant Resus)

- ◆ ABG Machine
(Radiometer ABL 80 Flex, ABL 800 Flex)
- ◆ Accuvein AV 400 1.0
- ◆ Infusion/Syringe Pump
(B Braun Infusomat / Perfusor, Argus 707, Terumo Terufusion Syringe Pump)
- ◆ Phototherapy Machine
(Drager Photo-Therapie 4000 / 8000)

NURSING RESPONSIBILITIES IN THE NICU

Senior Nurse NICU

- ◆ Lead a group of 8-10 nurses and managed unit case loads.
- ◆ Reported and consulted with senior nursing management on clinical issues as appropriate.
- ◆ Handled narcotics and controlled substances with responsibilities for safe keeping and documentation.
- ◆ Prepared the equipment and supplies for possible admission to the unit – incubators, mechanical ventilators, NCPAPs, cardiac monitor/pulse oximeter and suction machines. Proficient in ventilator set-up and calibration.
- ◆ Ensured that equipment is safe to use and reported any malfunctions in a timely manner.
- ◆ Performed nursing responsibilities with proficiency, safety and within the scope of nursing practice.

Staff Nurse NICU/SCBU

- ◆ Received newborn from Delivery Ward for further assessment/observation for respiratory distress, oxygen supplementation, blood sugar, congenital anomaly and sucking reflex.
- ◆ Performed efficient admission should the newborn require acute care.
- ◆ Maintained appropriate and accurate written nursing records and reports regarding patient care.
- ◆ Monitored vital signs and assessed patient status.
- ◆ Safely administered medications as ordered and documented thereafter.
- ◆ Performed pre-op and post-op routine procedures and management.

EAST AVE. MEDICAL CENTER
Quezon City, Philippines

600 BED FACILITY

1/9/2008 – 29/5/2009
13/3/2010–23/8/2010

Volunteer Staff Nurse - NICU

- ♦ Assisted in provision of nursing care like taking vital sign, measuring input/output hygiene, safety precaution, and assisted nursing personnel in admission, discharge and transfer of patients.
- ♦ Recorded in the worksheet the vital signs, weight, height, intake, output, urinary and fecal frequencies.
- ♦ Assisted nursing personnel with simple/basic diagnostic and therapeutic procedures.
- ♦ Assisted nursing personnel in simple basic bedside procedures.
- ♦ Reported unusual/untoward observations to the Senior Nurse.

Other Work Experience

- | | | |
|---|---|------------------------|
| • School Nurse | Zion Academy of Carmona | Aug 2009 – August 2010 |
| • <i>Technical Customer Associate (PartTime)</i> | Convergys Corporation Commonwealth | July 2008 - Aug 2009 |
| • <i>Information Technology Personnel (On-call)</i> | Creative Connection Inc | Mar 2001 - Aug2010 |
| • <i>Document Specialist A/PAC</i> | Lucent Technologies | April 1996 - Feb 2001 |
| • <i>Clerk/Word Processor</i> | AT&T Philippines Inc. | Mar 1995 - Mar 1996 |

ON THE JOB TRAINING/CLINICAL EXPOSURE:

- ♦ Ospital ng Maynila – *O.R., ECG Unit, Obstetrics-Gynecology, ENT, Surgical, and Medicine Ward*
- ♦ National Children's Hospital – *NICU, Pulmonary, Neurosurgery, and Infectious Unit*
- ♦ AFP Medical Center – *ICU, PACU, Neuro Ward*
- ♦ Philippine National Orthopedic Center – *Male Surgical Unit*
- ♦ National Mental Hospital – *Rehabilitation Unit*
- ♦ St. Paul Sisters of Charity – *Geriatric Ward*
- ♦ San Lazaro Hospital – *Pediatric Ward*
- ♦ De Los Santos Medical Center – *Neonatal Intensive Care Unit, Medical, Surgical, Orthopedic Ward*

CHARACTER REFERENCES:

1. **KRIS ARCENIO**
Head Nurse
Al Ikhtiyar Medical Center
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2. **SONIA L. CLARO, R.N.**
Assistant Chief Nurse
Tripoli Medical Center
+218 923 002114
3. **SURYAKANT GAIKWAD**
Senior Nurse
Lexus/Al Wakeel Group
+974 55667599

This Curriculum Vitae is true and correct as of March 2023.