

PAUL VINCENT J. TORRES

Home Address: Lot 08 Blk.22 Victory Homes Subdivision, Prk. Kalikasan,
Barangay Paraiso, City of Koronadal
Province of South Cotabato
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Professional Summary:

- Competent industrial meat cutter/butcher with 5 years of experience in food industry. Skilled in processing and packaging meat products according to company/store policies and customer orders. Works well in fast-paced environments while providing exceptional service. Hardworking and reliable industrial meat cutter/butcher with strong ability in deboning of primal cuts of beef carcass using knives, saw, bandsaw and cleavers. Offering exceptional knife handling, knowledge of meat processing and knowledge of animal anatomy. Highly organized, proactive and punctual with team-oriented mentality.

Personal Particulars

Date of Birth:	September 1, 1994	Religion:	Roman Catholic
Nationality:	Filipino	Height:	6'0 / 182.88cm
Languages:	English, Filipino, Cebuano, Ilonggo	Weight:	115kg.
Civil Status:	Single	Blood Type:	"B+"
Gender:	Male		

Education

Tertiary Education

Bachelor of Science in Geology
University of Southeastern Philippines
Obrero Campus, Davao City
2010 –2015 (Graduated)

Secondary Education

Mary Mount High School Inc.
Koronadal City
2006 – 2010 (Graduated)

Elementary Education

Koronadal Central Elementary School I
Koronadal City
2000-2006 (Graduated)

Skills

- Safety standards
- Attention to detail
- Product knowledge
- Strength
- Manual skills
- Work in cold conditions
- Physical Stamina
- Communication skills
- Strategic planning
- Food safety adherence
- Meat product inspection
- Product stacking
- Planning and organizing
- Decision-making
- Friendly, Positive attitude
- Relationship building
- Active listening
- Reliable and trustworthy
- Expertise with cutting machinery
- Understanding of sanitary compliance requirements
- Customer service skills

Employment History

Company Name: Aling Martina Meat Stand

Location: Stall #7, Shed 8 Koronadal Public Market, Zone 1,
City of Koronadal, Province of South Cotabato, Mindanao, Philippines

Job Position: Deboning of Half carcasses and Meat cutting

Hours of Work per Day: 8 hours + Overtime

Days of Work per Week: Monday to Saturday (6days)

Days of Work per Month: 27 days

Salary: Php. 500.00 a day

Inclusive dates: January 3, 2018 – Present

Job Description:

- Remove the unwanted specimens present in the beef carcass that causes contamination and break down into smaller portions.
- Deboning of fore and hind quarter.
- Meat cutting using band saw.
- Identify quality cuts of meat and ensured that all meat was fresh and safe for consumption.
- Prepare and portion meat according to customer's orders.
- Organized and stored meat products.
- Cleaning the workplace and sanitizing all the used tools and equipment.

Trainings and Seminars

- **Basic Occupational Health and Safety (BOSH)** – conducted by Insafety Incorporated held on August 28 to September 1, 2017 at Bajada Hotel, Davao City, Philippines.
- **Slaughtering Operations (Swine) NC II** – training completed to LGU Tampakan Skills Training Center from March 12, 2023 to June 30, 2023 with Certificate no: 2023-12-63-007260
 - o Basic Competencies
 - Participate in workplace communication
 - Work in team environment
 - Practice career professionalism
 - Practice occupational health and safety procedure
 - o Common Competencies
 - Apply food safety and sanitation
 - Use standard measuring devices/instruments
 - Perform mathematical computation
 - Implement good manufacturing practice procedure
 - Implement environment policies and procedures
 - o Core Competencies
 - Handle and sharpen knives
 - Perform initial preparation procedures
 - Prepare carcass
 - Perform final procedures
- **Meat Safety Advocacy Seminar** – conducted by National Meat Inspection Services Region 12 held on July 6, 2023 at Tampakan Municipal Conference Hall of LGU Tampakan Skills Training Center.
 - Seminar aims to inform and educate food handlers of the importance of proper food handling especially through slaughtering operations and meat processing plants.
- **Deboning and Meat Cutting** – training completed at Aloom Foods and Meat Products located at General Santos Drive, Barangay Morales, City of Koronadal held on November 20, 2023 - January 20, 2024

References

Name: Mrs. Arcelyn A. Aloit

Position: Proprietor/Manager

Company: Aling Martina Meat Stand

Address: General Santos Drive, Brgy. Morales, City of Koronadal, South Cotabato 9506, Philippines

Contact no: 09189671425

Email: arcelyn.aloot@gmail.com

Name: Mr. Rowell D. Distura, MDMG

Position: Technical Advisory Head Project Management Office

Company/Office: Local Government Unit of Tampakan

Address: Tampakan, South Cotabato, Philippines

Contact no: 09368095491