

JENNIFER G. JOSEPH, RPm

Program Coordinator for Wellness and Crisis Center

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PROFESSIONAL SUMMARY:

A Registered Psychometrician with over six years of experience in clinical and educational setting. Provides psychological interventions (i.e., psychological first aid, suicide intervention, mental health and psychosocial support, and telemental health response) among service users and conducts lectures and trainings related to mental health. Knowledgeable in administering, scoring, interpreting psychological tests and conducting psychological assessments. Also has three years of experience as part-time faculty staff in a college institution

ACADEMIC BACKGROUND:

- **Master of Arts in Psychology (Clinical Psychology)** **2018 - Present**
Philippine Women's University | 33 Units
- **Bachelor of Science in Psychology** **2012 - 2016**
Chinese General Hospital Colleges
Academic Excellence Awardee
Most Proficient Intern
Dean's Lister (2014-2016)

WORK EXPERIENCE:

- **Program Coordinator** **March 2021 – Present**
National Center for Mental Health
Crisis Hotline and Center for Wellness
 - o Facilitates psychological interventions (mental health and psychosocial support, psychological first aid, telemental health response, suicide intervention) for NCMH employees, government and non-government agencies, and other service users
 - o Conducts trainings, lectures, and webinars about mental health (Mental Health and Psychosocial Support, Psychological First Aid, Crisis Hotline Management)
- **Administrative Staff / Psychometrician** **May 2017 – March 2021**
National Center for Mental Health
Psychological Section
 - o Administered, scored, and interpreted psychological tests for service users
 - o Evaluated psychological reports under the supervision of a psychologist
 - o Conducted orientation about clinical interview and administration/scoring of psychological test for student affiliates
- **Part-Time Faculty** **August 2019 – January 2023**
Chinese General Hospital Colleges
 - o Taught subjects in Psychology program such as Understanding the Self, Experimental Psychology, Psychological Assessment, Abnormal Psychology and Cognitive Psychology

- **Module Facilitator** **March 2017 – December 2018**
Brgy. Novaliches Proper, Quezon City District Government Office
 - o Facilitated a community-based relapse prevention program (Katatagan Kontra Droga sa Komunidad) among drug surrenderees.

TRAININGS AND SEMINARS ATTENDED:

- **Mental Health, Recovery, and Community Inclusion**
World Health Organization Qualityrights E-Training
August 7, 2023
- **Training of Trainers on Mental Health and Psychosocial Support**
National Center for Mental Health (NCMH); Professional Education, Training and Research Office;
June 6-8, 2023 (24 hours)
- **Locus on Control and Capacity to Hope: Bases for Therapeutic Approach**
National Center for Mental Health (NCMH); Professional Education, Training and Research Office;
April 27, 2023 (3 hours)
- **Being Mindful, Becoming Happy**
National Center for Mental Health (NCMH); Professional Education, Training and Research Office;
April 4, 2023 (3 hours)
- **Career trends in the New Normal**
National Center for Mental Health (NCMH); Professional Education, Training and Research Office;
March 10, 2023 (3 hours)
- **Motivational Interviewing**
National Center for Mental Health (NCMH); Professional Education, Training and Research Office;
February 16, 2023 (3 hours)
- **Suicide Alertness for Everyone (safeTALK) Training for Trainers**
LivingWorks Education Australia; Privato Hotel; November 28-29, 2022
- **Applied Suicide Intervention Skills (ASIST) Training for Trainers**
LivingWorks Education Australia; Privato Hotel; November 21 to 25, 2022
- **Learning and Development Interventions for WiSupport Providers**
Department of Social Welfare and Development; July 27-30, 2021
- **Lecture Series on Psychological Tests**
NCMH-Psychological Section; October 27 and 29, 2020
- **Capacitation Training on Mental Health and Psychosocial Support**
NCMH; July 7, 9, and 10, 2020
- **Seminar-Workshop on Selected Psychotrauma Interventions and Trauma-Focused Therapy |**
NCMH-Psychological Section; May 6-7, 2019

- **Seminar-Workshop on Psychotrauma Management and Reality Therapy**
NCMH-Psychological Section; January 22-25, 2019
- **Psychological Association of the Philippines: 55th Annual Convention – “Fostering a Well-being for the Filipino”**
Philippine International Convention Center; September 20-22, 2018
- **Seminar-Workshop on Expanding Constricted World Maps: Managing Depression and Anxiety through NLP-based Techniques**
NCMH-Psychological Section; December 14-15, 2017
- **Basic Life Support**
NCMH Disaster Risk Reduction Management; September 7 – 8, 2017
- **Facilitators Training: Abot Kamay Alang-alang sa Pagbabagong Buhay Programa para sa Katatagan Kontra Droga sa Komunidad**
Psychological Association of the Philippines and Quezon City Anti-Drug Abuse Advisory Council; January 3 – 7, 2017

LECTURES, SEMINARS, AND TRAININGS CONDUCTED:

- **Resource Speaker: Self-Care 101**
Tourism Infrastructure and Enterprise Zone Authority. via Zoom. August 14, 2023
- **Facilitator: Basic Training on Mental Health and Psychosocial Support**
Philippine Coast Guard, Office of the Medical Service, August 1-3, 2023
- **Facilitator: Philippine Navy Mental Health Hotline - Basic Training on Crisis Hotline Response**
Philippine Navy - Office of the Chief Surgeon, Headquarters Brigade Training Doctrine Center Seminar Room, NCEBde, NSFJ, Fort Bonifacio Taguig City; July 18-20, 2023
- **Resource Speaker: Psychosocial Support Training for Healthcare Workers**
Zamboanga del Sur Medical Center and United States Agency International Development, Dipolog City, Zamboanga del Norte, June 20-22, 2023
- **Resource Speaker: Psychosocial Support Training for Healthcare Workers**
Davao Oriental Provincial Medical Center, Davao Oriental Provincial Health Office and United States Agency International Development; Mati City, Davao Oriental, May 16-17, 2023
- **Resource Speaker: Mental Health and Psychosocial Support Training**
Philippine Coast Guard, Office of the Chief Nurse; National Headquarters Philippine Coast Guard, May 3 - 5, 2023
- **Facilitator: Leading the Men and Women of the Senate Towards a Mentally Healthy and Psychologically Supportive Workplace**
Senate of the Philippines: April 18 -20, 2023
- **Resource Speaker: Training on the Operationalization of Mental Health Helpline**
Department of Health-Center for Health Development Eastern Visayas; Oriental Hotel, Palo, Leyte, April 11-13, 2023

- **Resource Speaker: Mental Health Disability Sensitivity**
Office of the Vice President; via Zoom; March 30, 2023
- **Resource Speaker: “Life is Beautiful with a Beautiful Mind: Understanding Mental Health”**
National Police Commission Regional Office No. 12; via Zoom; March 21, 2023
- **Facilitator: Basic Training on Mental Health and Psychosocial Support**
Philippine Air Force; Villamor Airbase; March 7-9, 2023
- **Resource Speaker: Mental Health Disability Sensitivity**
Office of the Vice President; via Zoom; February 7, 2023
- **Resource Speaker: Stress Management**
Department of Foreign Affairs – Foreign Service Institute; via Zoom; January 31, 2023
- **Facilitator: Mental Health and Psychosocial Support and Crisis Management Training**
Makati City DRRMO; One Pacific Place Serviced Residences, November 14-17, 2022
- **Facilitator: Psychological Debriefing Session; City Government of Marikina – Gender and Development; Kapitan Moy Galleria; November 8&10, 2022**
- **Facilitator: Harmonized Mental Health and Psychosocial Support Training**
City Government of San Juan – City Health Department; Privato Hotel: October 18-20, 2022
- **Facilitator: Harmonized Mental Health and Psychosocial Support Training**
Philippine Air Force; Villamor Airbase Golf Club; October 11-13, 2022
- **Resource Speaker: Training on Psychological First Aid**
Philippine Health Insurance Corporation; September 21-22, 2022
- **Facilitator: Leading the Men and Women of the Senate Towards a Mentally Healthy and Psychologically Supportive Workplace**
Senate of the Philippines; Diamond Hotel Manila; September 27-29, 2022
- **Facilitator: Caring for Carers Activity for Health Emergency Response Team; Department of Health – Center for Health Development; Isla Jardin Del Mar, Glan, Sarangani; September 8, 2022**
- **Resource Speaker: Psychological First Aid**
Catholink Veritas 846; Axiaa Hotel Manila: August 9, 2022
- **Facilitator: Harmonized Mental Health and Psychosocial Support Training**
Bago City DRRMO and Isabela MDRRMO; Resorts Negrense, Bacolod: July 5-9, 2022
- **Facilitator: Harmonized Mental Health and Psychosocial Support Training**
Metro Manila Center for Health Development; Ciudad Christhia Resort 9 Waves; June 27-29, 2022
- **Resource Speaker: Self-Harm: Causes, Early Signs, Preventions and How to Help**
Philippine Guidance and Counseling Association; June 23, 2022
- **Facilitator: Harmonized Mental Health and Psychosocial Support Training**
Quezon City DRRMO; B-Hotel Quezon City; June 7-9 and June 14-16, 2022

- **Facilitator: Mental Health Crisis Hotline Training;** Department of Health – Western Visayas Center for Health Development; Punta Villa Resort, Arevalo, Iloilo City; May 23-27, 2022
- **Resource Speaker: Psychological First Aid**
CHG Global Inc.; via Microsoft Teams; May 17, 2022
- **Facilitator: Harmonized Mental Health and Psychosocial Support Training**
Pasig City DRRMO; April 19-21 and May 10-11, 2022
- **Facilitator: Harmonized Mental Health and Psychosocial Support Training**
Philippine Coast Guard-Medical Service Neuro-Psychiatric Section; March 15-17, 2022
- **Resource Speaker: Coping with COVID: A Webinar on Mental Health**
Tinajeros National High School; December 6, 2021
- **Facilitator: Harmonized Mental Health and Psychosocial Support Training**
Malabon City DRRMO; November 8-9, 2021

COMMUNITY-SERVICE ATTENDED:

- **Service Provider: Mental Health and Psychosocial Support for the Philippine Inter-Agency Humanitarian Contingent to Turkiye**
Department of Health – Health Emergency Management Bureau; AFP Commissioned Officers Club; March 14, 2023
- **Service Provider: Mental Health and Psychosocial Support for Taal Volcano Survivors**
Department of Health Regional Office IV – CALABARZON; January 21 and 24, 2020
- **Interviewer: Needs Analysis of Drug Users and their Families**
Psychological Association of the Philippines – Task Force on Drug Recovery Support
Brgy. Novaliches Proper, Quezon City District Government Office; November 5, 2016

AFFILIATIONS:

- **Member: Psychological Association of the Philippines**
2016 – Present

CHARACTER REFERENCES:

- **Eliza Macalinao, Rpm**
Psychology Program Head – Chinese General Hospital Colleges
711-41-41 (local 601)
- **Rita P. Aringo, MA, Rpm**
Faculty – National University – Manila
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