



JAMES RUSSEL TORRES

📍 Dagupan City, Pangasinan 2400

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SKILLS

- Blood tests
- Automated test system operation
- Laboratory computer system adept
- Specimen labelling management
- Microscope operating
- Hardworking
- Compassionate care
- Active listening
- Transfusion medicine
- Blood counts
- Haematology

SUMMARY

Motivated professional with various laboratory skills works to achieve highest standards of excellence for all assigned tasks. Displays commitment to achieving organisational success. Possesses strong capacity to make significant contributions to laboratory department.

EXPERIENCE

November 2016 - Current

Medical Laboratory Technologist Region 1 Medical Center |
Dagupan City, Pangasinan

- Entered test results into computer systems promptly and accurately, maintaining reliable records.
- Kept clear, precise inventories for laboratory equipment, reordering items as required to maintain operational readiness.
- Conducted routine specimen analysis, supporting Medical Technologists in dependable disease diagnosis.
- Reported any apparent instrument malfunction to supervisor for further action.
- Cleaned and tidied laboratory benches and other workstations to keep work environment safe.
- Carried out identification of specimen type and coding to enable rapid requesting in laboratory computer.
- Maintained equipment to achieve optimum instrument performance
- Loaded blood cultures on laboratory computer with sufficient information to allow identification of specimen number and patient information.
- Followed procedures, protocols and directives to provide clients with high-quality laboratory service.
- Initialised analyser to set up in readiness to process HbA1c tests.
- Assisted in locating stored specimens for further testing and analysis.
- Disposed of chemical waste in designated areas and appropriate disposal systems, keeping in-line with legal regulations.
- Readied slides for gram staining for subsequent examination by biomedical scientists.
- Monitored laboratory inventory, ordering low-stock items to keep adequate levels of necessary items at all times.
- Used correct PPE when handling samples to avoid infections.
- Labelled and analysed fluids in compliance with regulations and patient identity.
- Set up, cleaned and maintained laboratory equipment for optimal use and accurate results.

Received, labelled and packed specimens correctly for analysis.

- Managed complaints with calm, clear communication and problem-solving.
- Classified blood samples by type to maintain organisational systems.
- Developed controls for standardising analysis techniques for accurate results.
- Used PPE and followed health and safety procedures.
- Sterilised glassware and other laboratory equipment to kill germs and prevent interference with laboratory analysis.
- Recorded fridge temperatures to maintain compliance with standard operating procedures.

EDUCATION

2014

Bachelor of Medical Laboratory Science | Medical Laboratory Science

Lyceum Northwestern University, Dagupan City

LANGUAGES

Filipino: First Language

English:  B2

Upper Intermediate