



LIZZETTE C. ELAGO

#124 Munting Ilog, Silang, Cavite

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To obtain a position that will utilize my experience, knowledge, and skills to fulfill the needs, goals, vision and mission of the school/company

POSITION DESIRED:

School Counselor /
Psychometrician

PERSONAL INFORMATION:

Birth Date: **June 17, 1996**

Age: **27 years old**

Birthplace: **Silang, Cavite**

Nationality: **Filipino**

Religion: **Roman Catholic**

Civil Status: **Single**

Languages: **English and Filipino**

Educational Attainment:

Philippine Normal University

Taft Avenue, Manila
Master of Arts in Counseling
2019-Present

Polytechnic University of the Philippines

Sta. Mesa, Manila
Bachelor of Science in Psychology
2012-2016

Munting Ilog National High School

Munting Ilog, Silang, Cavite
Achiever
2008-2012

Munting Ilog Elementary School

Munting Ilog, Silang, Cavite
Achiever
2002-2008

Work Experience:

Sisters of Mary of Banneux, Inc.

March 2020 – Present

Guidance Associate / Psychometrician

- Conducts individual or group counseling to students in need of guidance and supervision
- Makes referrals for professional evaluation
- Conducts classes on Edukasyon sa Pagpapakatao and SHS subjects in specified grade levels
- Administers psychological tests to students
- Writes module for ESP curriculum

Stella Maris College

June 2017 – March 2019

Guidance Staff / Psychometrician

- Conducts individual or group counseling to students in need of guidance and supervision
- Makes referrals for professional evaluation
- Conducts classes on Values Education in specified grade levels
- Assists in the enrollment and entrance examination process
- Administers psychological tests to students and applicants
- Conducts seminars and guided talks to teachers, parents, and students with regards to school matters
- Assists and administers national examinations (e.g., NCAE & NAT)

Lord's Agape Recovery Center

February 2017 – May 2017

Psychometrician

- Conducts psychological tests for assessment
- Conducts intake interviews

- Provides sessions and talks to the patients about addiction
- Conducts group dynamics to selected patients
- Attended hearing and other legal concerns of the patients to the Regional Trial Court
- Provides psychological reports and general observations on in-patients
- Assisted the psychiatrist in providing medications and therapies to patients

Skills:

- Proficient with MS Office: Word, Excel, and Power Point
- Honest and smart working with determination and dedication to achieve goals
- Ability to adapt in a new environment
- Interest to acquire more knowledge and fast learner
- Learned how to effectively meet deadlines
- Can work with various types of people to complete projects and tasks
- Established trusted and productive connections with all of the children in my caseload.
- Developed strong and supportive working connections with the other members of staff
- Understand how to give students with social, emotional, and behavioral support
- Conducts one on one and small group counseling
- Experience working within safeguarding
- Excellent verbal and written English skills
- Certified psychological first aider

Seminars/Trainings Attended:

Certified Psychological First Aid Training Program

Iridescence Training and Coaching Academy
June 19, 2023

Reading at the Frontline: No Child Left Behind

Tanghalang Pasigueño, Pasig City, Metro Manila
March 24, 2023

Bridging Mental Health: The Pursuit of Well-being

Makati Medical Center
October 24-28, 2022

2022 In-service Training (INSET) for Senior High School Teachers

Private Education Assistance Committee
July 21-23, 2022

Transforming Higher Education Leaders: Empower, Engage and Expand

AKEPT Higher Education Leadership Summit (A-HEALS) 2022
February 15-16, 2022

PGCA Webinar 2020 Series

Philippine Guidance and Counseling Association, Inc.
May – September 2020

Cognitive Behavioral Therapy in the Workplace

Easter College, Baguio City
November 25, 2018

Mental Health in the Workplace & Stress Management

Easter College, Baguio City
November 24, 2018

Personality Development: Rediscovering Inner Peace

Easter College, Baguio City
November 23, 2018

**Dispelling Myths: Your Child is not Bobo
Dyslexia Awareness & Intervention Summit 2018**
UP Diliman
June 9, 2018

What Psychologists and Psychometricians Need to Know
Tagaytay International Convention Center
August 4-5, 2017

Pedya Kamp Isabela 2015
Ilagan, Isabela
April 6-15, 2015

God's Special Children Inc. Training
Makati Medical City
February 8 – March 5, 2015

Achievement / Honors:

Certified Psychological First Aider
June 19, 2023

Registered Psychometrician
Held on August 30 & 31, 2016

Dean's lister
SY. 2014-2015
Polytechnic University of the Philippines

Dean's lister
SY. 2013-2014
Polytechnic University of the Philippines

Co-Curricular Activities:

Volunteer
February 2015-present
God's Special Children Inc.

Member
June 2012 – April 2016
Polytechnic University of the Philippines Psychology Student Association

Character References:

Ms. Kiana B. De Castro, RPsy, RPm, LPT
Psychology Instructor – University of Santo Tomas
09479975750

Ms. Jessica Rae S. Digol, RPm
Placement Officer – CIIT College of Arts and Technology
09178521651

Ms. Winna Mia Victoria D. Buenviaje, RL
School Librarian – Ateneo de Manila University
09178791996

I hereby certify that the above information is true and correct to the best of my knowledge and beliefs.


LIZZETTE ELAGO, CPFA, RPm, MAcand