

LILIBETH JOSUE-STA. ROMANA

Dr. Soliman Fakeeh Hospital
Palestine St. Al Hamra District
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CAREER SUMMARY:

Dedicated and experienced nurse with 25 years of diverse clinical practice, demonstrating expertise in patient care, team leadership and healthcare administration.

Currently pursuing a master's degree to further enhance skills and contribute to the evolving field of nursing.

Proven ability to deliver compassionate care while maintaining a strong focus on continuous professional development.

SKILLS:

1. Patient assessment
2. CPR and BLS skills
3. Medication Administration and Management
4. IV Line Placement and Infusion
5. Proper Safety and Infection Control
6. Charting on the Electronic Medical Record
7. Blood extraction
8. Can speak: English, Filipino, Arabic

WORK EXPERIENCE:

STAFF NURSE, Home Health Care

- DR. SOLIMAN FAKEEH HOSPITAL 19/08/2018 – present/ Jeddah, KSA
- . Provide and deliver quality nursing care to patients at home and in the community.
 - . Administer oral and IV medications, IV fluids, blood extraction, wound dressing, and ECG.
 - . Monitor blood sugar level, oxygen saturation, level of consciousness, and vital signs at regular intervals.
 - . Operates oxygen apparatus, suction machine, and other diagnostic pieces of equipment at patients' houses.
 - . Obtain and prepare patients' health records for doctors to evaluate and for proper follow-up.

STAFF NURSE, Male Medical Ward

- KING ABDULAZIZ UNIVERSITY HOSPITAL 18/05/2016 – 26/04/2018/ Jeddah, KSA
- . Prepare patients for various investigations such as Ultrasound, Echocardiogram, CT scan, MRI, and Endoscopy among others.
 - . Giving bedside care such as bathing and feeding by NGT, OGT, and PEG.
 - . Collect specimens for investigation such as urine stool and blood investigations and send for medical analysis.
 - . Giving oral and IV medications and administering blood and blood products.

STAFF NURSE, Medical Ward

- KING FAHAD ARMED FORCES HOSPITAL 31/12/2011-21/11/2015/ Jeddah, KSA
- . Handled chronically ventilated patients in the unit.
 - . Administering treatment such as medication administration, blood and blood products as well as to Oncology patients in the Unit.
 - . Do bedside nursing care such as feeding, wound dressing, and promotion of good personal hygiene.
 - . Prepare patient for any diagnostic procedures such as XRAY, Ultrasound, MRI, CT Scan, and Echocardiogram among others.
 - . Collecting specimens for investigation such as blood, stool, urine, and sputum collection.

STAFF NURSE, Medical Ward

- KING FAHAD SPECIALIST HOSPITAL 29/10/2010-29/10/2011/ Al Qassim, KSA
- . Preparing, administering, and recording prescribed medications.
 - . Monitor vital signs such as BP, HR, RR, Spo2, and pain level.
 - . Preparing patients for any diagnostic procedures such as XRAY, Ultrasound, and Echocardiogram among others.
 - . Perform bedside nursing care such as wound dressing, feeding, and promotion of good personal hygiene.
 - . Attends to doctor's rounds.

HEAD NURSE, Medical-Surgical Ward

- AL HARIQ GENERAL HOSPITAL 14/02/2004 – 09/12/2009/ Al Hariq, Riyadh, KSA
- . Responsible for 24hours management of the unit.
 - . Scheduled work for the staff ensuring proper and equal distribution of assignments.
 - . Prepared reports and maintains records.
 - . Collaborate with other staff and personnel for better patient, staff, and hospital management.

NURSE 11, Rural Health Unit

- LAUA-AN RURAL HEALTH UNIT 28/02/1998 – 31/01/2004/ Philippines
- . In charge of a special project of the government on the 5th Countrywide Program for Children funded by UNICEF.
 - . Conducts monthly lectures and checkups for pregnant mothers and do postpartum visits.
 - . Administer immunization from 0-12 months of age and preschool children.
 - . Makes referrals for patients requiring further medical treatment.

STAFF NURSE (Post Graduate Practicum Program), General Ward

- ILOILO DOCTORS HOSPITAL/Philippines 17/07/1991- 15/01/1992
- . Assigned to different areas in the hospital to cover the shortage of staff.
 - . Prepares and gives medications.
 - . Prepares patient for any diagnostic procedures.
 - . Attends lectures and seminars.
 - . Assisting during doctor's rounds.

EDUCATION:

- MASTER OF ARTS IN NURSING, Major in Nursing Administration** September 2020 to Present
University of the Philippines (Online University)/Philippines
- BACHELOR OF SCIENCE IN NURSING** June 1986 to March 1990
West Visayas State University/Philippines

QUALIFICATIONS: SAUDI COUNCIL FOR HEALTH SPECIALIST REGISTRATION, KSA
NURSE SPECIALIST (06-RN-39801, expiry 13/10/2025))

SAUDI HEART ASSOCIATION, KSA
ADVANCE CARDIOVASCULAR LIFE SUPPORT PROVIDER (expiry 07/17/2025)
BASIC LIFE SUPPORT PROVIDER (expiry 04/10/2024)

PHILIPPINE REGULATION COMMISSION, PHILIPPINES
NURSE (0178355, expiry 09/04/2026)

REFERENCES:

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|---|--|
| MS. ALSHIMA SABER
Unit Manager, Home Health Care Department | Dr. Soliman Fakeeh Hospital, Jeddah, KSA
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| MS. ANEES VINCENT
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