



Rhazel Valdez-Umipig

Registered Nurse, CardioVascular Sonographer

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Education

Bachelor of Science in Nursing Jun 2004 - Mar 2008
Our Lady of Fatima University, Valenzuela

Masteral of Art in Clinical Teaching Oct 2011 - Present
Manila Central University, Caloocan

Employment

Geriatric Nurse/ Volunteer Nurse Apr 2008 - Aug 2008
Emmaus House of Apostolate, Malolos
DUTIES and RESPONSIBILITIES

- Provided direct patient care to patient Age 50 and above.
- Provided a broad range of general nursing care services in areas of vital signs, EKG, phlebotomy, catheters, feeding tubes, IV and central lines.
- Prioritized and delegated assignments, contributing to a higher standard of patient care and staff retention.
 - Monitoring vital signs of the patients, such as blood pressure, pulse rate, respiratory rate and temperature.
 - Monitoring expiration of medical supplies and medicines.
 - Medication administration.
 - Assisted patient during bathing, oral hygiene, grooming, feeding and elimination.
 - Helped patient move in and out of bed and wheelchair.
 - Changed sterile dressing and wound care.

Volunteer Staff Nurse Aug 2008 - Apr 2009
Quezon City General Hospital, Quezon City

- Volunteering in the Maternity Unit - assisting nurses with medical duties and daily tasks, watching over infants in the nursery, filing and chart work, stocking nursery supplies, compiling necessary paperwork for patients, bringing infants to and from patient rooms and checking for correct identification.
- Administered medication and treatment as prescribed by physician.
- Pre and post operative care for patient.
- Documenting and monitoring vital signs, intake and output, progress notes of various patient.
- Wound care and change of dressing.
- Health teaching upon discharged of the patient.
- Assisted patient move in and out of bed and transfer from bed to wheelchair and from bed to stretcher.

Personal details

Date of birth
August 5th, 1984

Place of birth
Guiguinto, Bulacan

Gender
Female

Nationality
Filipino

Civil status
Married

Skills

Medication Administration.

Case Management

Care plan assestment

Strategic Planning

Excellent Communication Skills

Strong clinical judgement

Staffing and Supervising

Can work under pressure.

Certified DOH HIV Counselor.

2d Echo Sonographer.

Medical Records Staff

May 2009 – Jun 2011

Healthway Medical Inc, Mandaluyong City

DUTIES and RESPONSIBILITIES

- Experienced medical receptionist. Proficient in front desk medical office management for a large, busy general practice medical office.
- Working knowledge of computerized processes and data entry procedures.
- Maintain a working knowledge of medical terminology exercised to record and interpret patients' information.
- Knowledge and background for keeping the information and results of patients.
- Maintaining the confidentiality of records of every patient.

Staff Nurse/ Charged Nurse

Jun 2011 – Apr 2015

Healthway Medical Inc, Mandaluyong

- Performing diagnostic procedure such as ECG, Treadmill stress test, Ambulatory BP Monitor, Holter monitor, Spirometry and Audiometry.
- Observed and reported each patient's condition and reaction to treatments.
- Handling Outpatient care, assisting patient for consultation, doing annual physical check up and Pre-employment examination.
 - Assisting patient for Executive check up from different company, which include managers, supervisor and even higher position availing our service.
 - Instructing patient of their home medication given by the doctor.
 - Carrying out doctor's order by giving medication thru IV, IM, Subcutaneous during emergency cases.
- Providing quality care of every ambulatory patient.
- Giving detailed information and instruction about the laboratory requested by the doctor.
 - Vital signs monitoring of all patient.

Cardiovascular Sonographer

Dec 2014 – Present

Healthway Medical Inc, Mandaluyong

- Vascular Studies (Carotid Duplex Scan, Lower extremity Venous and Arterial Duplex Scan, Upper Extremity Venous and Arterial Duplex Scan)
- Performed 2d Echo imaging studies, such as images of the heart, color flow and doppler studies.

Head Nurse/ OIC

Apr 2015 – Present

Healthway Medical Inc, Mandaluyong

- Monitoring and evaluating the assigned task of 12 Nurses.
- Staffing and management.
- Handling complaints and assisting the needs of patients.

Courses

2d Echo Cardiography

Apr 2014

HB Calleja Center for Cardiovascular Technology

Vascular Sonography

Nov 2016

Vascular sonographer

Languages

English

Filipino

Qualities

- Patient and Family Education
- Technology Skills
- Critical Thinking and Problem Solving
- Can Handle and work under pressure.

Certificates

Basic HIV and AIDS Education POSITIVE ACTION FOUNDATION PHILIPPINES, INC	Feb 2020
Basic Life support and First Aid Treatment Fe Del Mundo Training Center	Jan 2021
General Trends and Nursing Center for Clinical Lab.	Oct 2010
Advanced Cardiac Life Support Nursing Center for Clinical Lab. Experience, Inc. (NC-CLEX)	Nov 2008
Physical Assessment and Documentation Training Nursing Center for Clinical Lab.BExperience, Inc. (NC-CLEX)	Apr 2008
Intravenous Therapy Bulacan Provincial Hospital Mojon, Malolos city, Bulacan	Jan 2009
RENEWAL IV THERAPHY ANSAP HEAD OFFICE No. 1 Diamond St. cor. A. Rodriguez 201 Carmel V Subdivision Tandang Sora, Quezon City	Feb 2014

References

References available upon request.