

# **MARIENETTE SANGLAY ESTIOCO**

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## **CAREER OBJECTIVE:**

Passionate and dedicated Registered Nurse with over 5 years of work experience in providing exceptional care, effectively prioritizing tasks, excellent communication skills and collaborating with multidisciplinary teams . Demonstrated ability to adapt to diverse clinical environments, maintain strong interpersonal relationships and continuously develop Nursing skills to ensure the highest quality of care.

## **PERSONAL INFORMATION:**

Date of Birth: August 16, 1992  
Civil Status: Single  
Sex: Female  
Nationality: Filipino  
Languages: Tagalog & Ilokano (Native), English (Fluent), Arabic, German (B2 Level)  
Religion: Roman Catholic

## **EDUCATION:**

### **Tertiary**

Saint Louis University  
School of Nursing  
Baguio City  
June 2009-April 2014

### **Secondary**

Saint Louis College  
City of San Fernando, La Union  
June 2005-April 2009

### **Primary**

La Union Cultural Institute  
City of San Fernando, La Union  
June 1996-April 2005

## **PROFESSIONAL EXPERIENCE**

**Nursing Specialist (Dermatology/Laser Department/Dental/Emergency Room)**  
**Taj Al Hikma General Medical Company, Al Jal District, Taif, Saudi Arabia**  
**May 2, 2021-June 30, 2023 (Total of 2 years and 1 month)**

### **Job duties and responsibilities:**

- Improving the patient's skin condition (under the supervision of a specialist doctor), whether in the treatment of a medical problem or for cosmetic purposes.
- Follow up and implement the policies of the Ministry of Health
- Giving medications to the patient, medical drugs, intravenous solutions, taking vital signs, and blood-urine-stool samples to perform laboratory tests according to the instructions of the treating doctor.
- Ensuring that the environment is healthy and safe for the auditors by applying infection prevention measures, and that the auditors receive health care and service of the highest quality.
- Complete devotion to her profession and harnessing all her knowledge and knowledge to serve the patient, and she must exert her utmost effort in order to cure the patient in order to achieve the desired result.
- Receiving and treating all emergency cases- under the supervision of the general practitioner, while determining the patient's need for care, preparing the nursing care plan, following up on its implementation, evaluating its results, documenting nursing procedures and activities and informing the doctor.
- Carrying out curative and preventive nursing work, following the doctor's instructions and taking the correct procedures.

- Performing first aid for the auditors whenever necessary.
- Organizing the admission of patients to the clinic.
- Ensuring that the clinic's machines are in good condition, clean and sterile and equipped for use, with the need to take the necessary measures to maintain the cleanliness of the clinic's facilities.
- Participating in raising health awareness and health prevention measures for individuals.
- Full adherence to the policies and procedures with assuming any responsibilities in addition to the above within the scope of work and according to the instructions of the officials.

**Functional Relationships:**

- Heads of work (administrative director-medical director)
- Co-workers (Doctors, Nurses, Customer service)
- Auditors benefiting from curative, preventive and awareness services.

**Staff Nurse**

**Al Adwani General Hospital**

**Faisalliyah Street, Airport Road, Taif, Kingdom of Saudi Arabia**

**Areas: NICU/Nursery, ICU, In-Patient, Out Patient Department, Emergency Room**

**March 2, 2019- April 2021 (Total of 2 years and 1 month)**

**BASIC FUNCTIONS:**

- ❖ Responsible in providing nursing care and accommodative services to patients within the EMS.
- ❖ To provide safe and effective nursing care as part of multi-disciplinary team.
- ❖ To participate in delivering patient care, health teaching and provide support when necessary.

**Key Responsibilities:**

- ❖ Care of emergent and non-emergent patients.
- ❖ Responsible to check ambulance before and after use.
- ❖ Participate in simulated rescue operation by the Civil Defence.
- ❖ Responsible for transporting patients with care and right endorsements.
- ❖ Documents accurate information in patient's medical file in a timely manner.
- ❖ Accompanied doctor to examine patients.
- ❖ Carrying out Doctor's orders.
- ❖ Maintains adequate workflow.
- ❖ Handle communications with patients and families.
- ❖ Take responsibility of admission and discharge of patients.
- ❖ Act as head nurse when delegated.
- ❖ Responsible for the narcotic proper counting and distribution in the absence of the head nurse.
- ❖ Check all crash carts, drugs, equipments and temperature logs daily.
- ❖ Evaluate care and treatment given to patient.
- ❖ Responds to cardiac/respiratory arrest according to hospital policies and procedures.
- ❖ Assist the Physician to special procedures e.g. acetic tapping, NGT insertion, lumbar puncture etc.
- ❖ Responsible to give proper endorsement to the next shift.

**Nurses Deployment Project**

**Department of Health, City of San Fernando, La Union**

**November 2, 2015-December 31, 2018 (Total of 3 years and 1 month)**

**Job Description:**

1. Assists in the implementation of various health programs of the Local Government Unit in accordance with the program goals and objectives of the Department of Health and the Health Sector
  - A.1. Expanded Program on Immunization- with the emphasis on measles, polio and tetanus immunization. This may include, but not limited to finding, missed children, defaulters, trans-in and assisting in the immunization of all eligible population.
  - A.2. Family Planning Program
    - Follow-up and referral of all couples with unmet Modern Family Planning methods need and those who drop-out.
2. Assists in the conduct of disease surveillance.
  - Assist in the detection, investigation and documentation of notifiable diseases.
  - Assist in the conduct of outbreak control and response measures during health and other health-related emergencies.
3. Conducts health education and training.
4. Assists in the supervision and monitoring of the Community Health Team.
5. Assists in the conduct of regular monitoring and evaluation of the various health programs for the community.
6. Assists in the preparation and analysis of reports on clinic and community activities.
7. Submits prescribed monthly accomplishment report and DTRs to the RO1 through the PDOHO, Provincial DOH Officer/DOH Representative.
8. Performs other related functions as may be assigned including advocacy and facilitating Philhealth membership and availment of various Philhealth benefits packages ( TSEKAP, TB-DOTS, MCO, NBB, etc.)

**La Union Medical Diagnostic Center and Hospital, San Fernando City, La Union**

**November 2, 2014 – October 30, 2015 (Total of 11 months)**

**Areas: In Patient Department, Operating Room/Delivery Room/Intensive Care Unit**

**Registered Nurse/Nurse Attendant**

**Job Description:**

- A. One who operates at a level of workers trained on the job, to assist Professional nurses by performing routine duties in taking care of hospitalized patients.
- B. Actual work performance:
1. Checks and receives articles from outgoing aide
  2. Accounts for all linens during her shift and endorses then to the nursing aide of the next shift
  3. Attends morning rounds with the ward nurses
  4. Bathes bed patients, assists in dressing, stores patient's clothing and valuables
  5. Combs hair, cleans and cuts patient's nails, give shampoo and oral hygiene
  6. Gives alcohol rubs, drapes female patient for examination
  7. Serves drinking water and nourishment and feeds ill patient, assists with their needs
  8. Gives enemas, perineal care, refilling of hot water bag and ice caps
  9. Keeps record of intake and output when ordered; take and charts vital signs when delegated
  10. Assists patient in walking, transport and turning
  11. Provides specimen vial, collects urine and stool specimen and send them to the laboratory
  12. Answers patient calls and delivers messages; cleans and discharge patient's room
  13. Provides clean linen and makes bed; scrubs urinals and bedpans
  14. Shaves patient for surgery; maintains cleanliness and orderliness of the patient's unit at all times
  15. Helps with post-mortem care; assists nurses in patient care
  16. Clean and sterile instruments and equipment; stand as errand to nursing staff
  17. Assist in deliveries and routine newborn care; tidy beds and bedside tables, counters, cabinets, and bedside chairs; washes glasses and spoons of ill patients
  18. Removes all used or discontinued equipment from patient areas and cleans and returns them to utility room; gives health teaching to patients.

**Cases handled**

Breast Surgery (excision)  
Gynecological and Obstetric Surgery (Dilatation and Curettage, Cesarean Section, Normal Spontaneous Delivery)  
Eye surgery (ECCE)  
Hemorrhoidectomy  
IM cases: Acute Coronary Syndrome, Myocardial Infarction; Cardiac Arrest, Diabetic Ketoacidosis, COVID-19

cases

**Special Equipment/Machines Operated**

Electrocardiogram Machine, Nebulizer, Infusion Pump, Oxygen tank, Suction Machine, Atom Heater, Defibrillator, Mechanical Ventilator(Nellcor Puritan Bennet), Laryngoscope set, Ambu-bag adult valve set, Pulse oximeter, Cardiac monitor, Syringe pump,

**SEMINARS AND TRAININGS ATTENDED:**

- 3 day Basic I.V. therapy training program for Nurses  
ITRMC Training Center, San Fernando City, La Union  
August 22, 23 and 24, 2014
- Patient Safety Course  
Saint Louis University, Baguio City  
March 11, 2016
- Neonatal Resuscitation Program  
Ilocos Training and Regional Medical Center  
Completion Date: June 18, 2016
- Symposium on Personal Hygiene and Common Health-related Problems  
San Juan Multipurpose Gymnasium, San Juan, La Union  
July 20, 2017
- 2017 Pedia Summit Conference  
Ilocos Training and Regional Medical Center, City of San Fernando, La Union  
July 22, 2017
- Basic and Clinical Thyroid Course  
Hotel Ariana, Bauang, La Union  
August 10, 2017
- 17<sup>th</sup> Scientific Endocrine Update  
Hotel Ariana, Bauang, La Union  
August 12, 2017
- Region I Nurse: An Influential Voice in Leading and Advancing Healthcare  
Hotel Ariana, Bauang, La Union  
November 11, 2017
- Infection Control and Prevention at the Heart of Nursing  
Shakey's Sevilla, Mc Arthur Highway, San Fernando City, La Union  
November 25, 2017
- Chapter's General Assembly and Seminar on Hemovigilance  
DBM Government Center  
December 30, 2017

- Common diseases for Hajj  
June 28-30, 2021  
Taif, Saudi Arabia
- GentleMax Pro Laser System  
June 1, 2021  
Taj Al Hikma Medical General Company, Taif, KSA
- Clinical Nursing Forum 3: Essentials in Dysrhythmia Recognition  
July 21, 2023-July 23, 2023  
Makati Medical Center-Online
- TalkPH: TB in 2023-Updates on the Public Health Approach to Address the Burden of TB  
August 26, 2023  
Philippine Society of Public Health Physicians-Online
- Role of Echocardiography in the ICU  
August 28, 2023  
GE Healthcare-Online

**LICENSES AND AFFILIATIONS:**

- **Professional License Holder**  
Registration No. 0833293  
Registration date: 7/9/2014  
Valid Until: 8/16/2024

**REFERENCES:**

1. Mr. Antonio B. Galanza, R.N.  
Emergency Room Staff Nurse  
Al Adwani General Hospital, Taif, KSA  
Contact no. : +96654503094
2. Mr. Allan Dave S. Merza, RN, MAN  
Operating Room Staff Nurse  
Al Adwani General Hospital, Taif, KSA  
Contact no. : +966590246151
3. Mrs. Leticia K. Palacay  
DMO IV  
Department of Health, City of San Fernando, La Union, 2500  
Contact #: 09958560701

I assure the company that the data I have given on this application are complete and true.

**Mariette Sanglay Estioco, BSN-RN**