

DEVORA ESTACIO LIGO

SUMMARY:

Experienced Care worker, locally and abroad, with extensive knowledge in proper patient care and basic first aid. A very hardworking independent person who is thirsty for further learning and explore new things. Currently, studying diploma business course in computerized accounting for continuing education.



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Skills:

Basic Life Support
First Aid – CPR
Patient Care Skills
MS office applications (Word, Excel)
Reflexology Massage
Shiatsu and Swedish Massage
Basic Bookkeeping
Communication skills
Time Management
Flexibility
Computer Skills

Career Objective:

To obtain a position that will allow me to utilize my technical skills, experience and willingness to help and serve people.

Work Experiences:

- **CAREGIVER (Japan)**

CAREPRO CO., LTD. (MARCH 6, 2023 – PRESENT)

Assists residents with activities of daily living, including bathing, dressing, grooming, toileting, transferring and getting to and from activities and meals according to the individual service plan. Allows and encourages residents to do as much of their own care as possible.

- **CAREGIVER (Philippines)**

NORMA CORNELIO (NOVEMBER 8, 2022- FEBRUARY 5, 2023)

Cleaning bedsores and assists residents with activities of daily living, including bathing, dressing, grooming, toileting, transferring and getting to and from activities and meals according to the individual service plan. Allows and encourages residents to do as much of their own care as possible.

- **CAREGIVER RELIEVER (Philippines)**

GENUINA S. LOPEZ (OCTOBER 24, 2022-NOVEMBER 3, 2022)

Assists residents with activities of daily living, including bathing, dressing, grooming, toileting, transferring and getting to and from activities and meals according to the individual service plan. Allows and encourages residents to do as much of their own care as possible for 10 days.

- **CAREGIVER (Philippines)**

JOY P. CORCUERA (JANUARY 13, 2022- AUGUST 3, 2022)

Cleaning bedsores and assists residents with activities of daily living, including bathing, dressing, grooming, toileting, transferring activities and meals according to the individual service plan, this includes NGT feeding. Proper handling of a bedridden patient. Daily vital signs monitoring and assisting with medication.

Certificates:

Health Care Services NCII

Issued by: TECHNICAL EDUCATION AND SKILLS DEVELOPMENT AUTHORITY.

Caregiving NCII

Issued by: TECHNICAL EDUCATION AND SKILLS DEVELOPMENT AUTHORITY

Home Health Aide, Nurse Aide, Caregiver Certification Course

Issued by: Udemy

First Aid & CPR – An in Depth Guide to CPR, AED and Chocking

Issued by: Udemy

Basic Training for Dementia Care

Issued by: Ministry of Health, Labor and Welfare as Designated by the Governor of Saga Prefecture Japan

Domestic Work NCII

Issued by: TECHNICAL EDUCATION AND SKILLS DEVELOPMENT AUTHORITY

Reflexology and Massage

Issued by: PRIMAL VIEW TUTORIAL TRAINING SYSTEM CORP

Bookkeeping Basics #1: Understand the Fundamentals

Issued by: National Association of States Boards of Accountancy(NASBA)

Educational Background:

- **TERTIARY** – January 2024 - Present
Computerized Accounting – Vocational 2 years
Imus Computer College
Cavite, Philippines

- **CAREGIVER (Philippines)**
DHELIA B. ABLUYEN (APRIL 16, 2021 – DECEMBER 29, 2021)
Assists residents with activities of daily living, including bathing, dressing, grooming, toileting, transferring and getting to and from activities and meals according to the individual service plan. Allows and encourages residents to do as much of their own care as possible.
- **HOUSEKEEPER (Japan)**
NICHIIGAKKAN CO., LTD. (SEPTEMBER 3, 2018 – MARCH 31, 2021)
Cleaning houses, apartments, and condominiums. Examples: Replacing bedding and making beds, vacuuming, sweeping, mopping, replacing toiletries, performing other cleaning tasks in rooms, halls, and bathrooms.
- **REFLEXOLOGIST AND FACIALIST (Philippines)**
LAURA FAMORCA (SEPTEMBER 2016 – MARCH 2018)
Providing facial and body hair removal treatments. Performing various massage techniques on clients' face, hands, feet, and back. Providing manicures and pedicures. Up-selling, properly sterilizing beauty tools and equipment after every use. Ensuring that used inventory is replaced. Maintain clients' health records, help relieve pain sustained from injuries, apply scrubs and wraps to clients, cleaned massage rooms and prepared oil blends.
- **CAREGIVER (Philippines)**
MARK ANTHONY O. PADILLA (NOVEMBER 2015 – AUGUST 2016)
Oral and tracheostomy suctioning, nebulization, cleaning bedsores and assists residents with activities of daily living, including bathing, dressing, grooming, toileting, transferring activities and meals according to the individual service plan, this includes PEG feeding. Proper handling of a bedridden patient. Daily vital signs monitoring and assisting with medication.
- **HOUSE HELPER (Philippines)**
WILNER S. DAT-AY (OCTOBER 1, 2013 – AUGUST 20, 2015)
Taking care of two children ages 7 and 6. Prepare their breakfast every morning, assist them in their bathing, fix their uniform, cleaning the house and cooking filipino food, washing and ironing clothes and beddings, assure their cleanliness and safety always.