

## **JECILE ROSE FRUELDA, RN.**

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### **OBJECTIVE**

To secure a promising position that offers both a challenge and an opportunity for growth

### **PROFILE**

Goal oriented, professional with strong medical background and education. Self motivated, dependable, persuasive, adaptable and focus. Professional and personable. Dedicated, compassionate and committed in providing all patients with outstanding care and support to improve quality of life. Areas of strength include:

- Nursing knowledge
- Skills
- Client/ Community relations
- Communication/ Facilitation
- Flexible/ adaptable/assertive
- Problem solving/ Decision making
- Documentation

### **PROFESSIONAL LICENSES**

**Professional Regulation Commission Philippines 03/10/2009 to present**

**Registered Nurse in Saudi Commission for Health Specialities 02/2016 to present**

**Basic Life Support (BLS) Certification AHA -13/March/2023 to March/2025**

**Advanced Cardiac Life Support (ACLS) Certification AHA - 31/March/2023 to March/2025**

**With Chemotherapy Safe Training Course**

### **SKILLS HIGHLIGHTS**

- Skilled in inserting peripheral IV lines in Adult and Pediatric population
- Skilled in accessing Ports and PICC lines
- Skilled in Venesection/ Phlebotomy procedure
- Enthusiastic Caregiver
- Knowledgeable in computerized charting
- Excellent IV drug therapy management
- Culturally sensitive

## **PROFESSIONAL EXPERIENCE**

### **BLOOD AND CANCER CENTER**

#### **NURSING SUPERVISOR**

**10/9/2021-PRESENT**

- Assess, plan, implement and evaluate patient care plans.
- Checking chemo protocols with consultants. Double checking of chemo regimen for each patient and checking the dosage of each medications.
- Overseeing the department staff patient care operations and performance
- Assigning patients to staff nurses on a daily basis
- Helping staff on bedside nursing, handling patients as well.
- Delegate tasks and organise staff
- Attending weekly tumor board meeting with the consultants
- Preparing, managing and coordinating nurse's schedule
- Create reports to senior management
- Identifying and implementing quality improvements
- Providing support and continuous education to all staff
- Educate and train new staff in the department
- Ensure compliance of policy and procedure of the center
- Provide emotional support and psychological support to patients and relatives
- Managing the medical supplies of the department from ordering to dispensing
- Responds to emergencies and changing patient situation.
- Assist in setting, monitoring and maintaining standards of care to improve patient experience and outcome of care.
- Attending weekly meeting with the other head of the department regarding weekly operations.

### **NATIONAL BLOOD AND CANCER CENTER**

#### **ACTING NURSING SUPERVISOR**

**11/06/2021- 09/09/2021**

### **NATIONAL BLOOD AND CANCER CENTER**

#### **CHARGE NURSE/CHEMOTHERAPY INFUSION NURSE**

**30/11//2017- 10/06/2021**

- Assess and monitors patient. Records patient's medical records and monitors vital signs.
- Recording and maintaining accurate reports.
- Log care statistics, patient next appointment into healthcare database.
- Collaborating with physicians, other departments and consulting with other nurses regarding patient care.
- Monitoring medical charts and providing compassionate care and assistance to patient and families
- Coordinating administrative duties, including schedules, nursing assignments and patients care.

- Ordering, dispensing and checking of medical stocks.
- Mentoring and training new staff and providing support and guidance to all staff members.
- Monitors the quality of care being delivered by other nursing staff members.
- Provide health promotion and education to patients about their health.

## **NATIONAL BLOOD AND CANCER CENTER**

### **CHEMOTHERAPY INFUSION NURSE- TREATMENT UNIT**

**28/10/2015-28/10/2017**

- Chemotherapy Administration. Administer PO, SC, IV of chemotherapy drugs and other medication as ordered by the consultants.
- Checking pre-chemo laboratory results of patients and relaying to consultants prior to their treatment.
- Assess patients prior their treatment, observe and document their health condition.
- Checking the chemo protocols and dosage of medications.
- Providing health education to the patients and answering queries regarding their treatment and medication's side effects.
- Assisting in Bone Marrow Aspiration Biopsies, Pleural Tap, Intratecal procedure.
- Collecting blood sample from patient for blood investigation both in adults and pediatric population
- Performing Venesection/Phlebotomy for adults patients.
- Assisting in CT scan procedure and biopsies
- Preparing patients next appointment, follow up schedules and obtains referrals
- Maintain patient records and documentation

### **BENGAZI MEDICAL CENTER**

**02/26/2013- 04/18/2015**

#### **Tertiary Level General Hospital**

**BED CAPACITY: 1200 Beds**

### **CHEMOTHERAPY STAFF NURSE (HEMATOLOGY/ONCOLOGY UNIT AND CHEMOTHERAPY DAY UNIT)**

- Chemotherapy administration. Administer PO, SC, IV of chemotherapy drugs and other medication as ordered by the consultants.
- Assists consultants as needed. Ensures that all information is available.
- Obtains patient histories. Takes and records various readings such as heart and respiratory rate, blood pressure, weight, body temperature, mental status and obtain laboratory results.
- Collects samples from patient including blood, urine, etc for blood investigation. Prepares samples for analysis or shipment.
- Provides educational information to patients, family and significant others pertaining to the administration of chemotherapy. Answers inquiries and provides advices as needed
- Reminds patient, family, and significant others on patients next appointment or follow up. Obtains referrals.
- Orders and accounts for medical supply stock, orders chemotherapy administering supplies.

- Consults with other medical personnel and may provide expert information about chemotherapy side effects.
- Provides patient outstanding level of care, attends patient needs, provides comfort, and supports the patient all throughout treatment. Observe, records, reports, symptoms, condition and progress of treatment and therapy. Notes reactions to administers medication. Assist all patients for admission

**Private Duty Nurse**

**01/09/2012- 02/2013**

**GENERIKA DRUGSTORE AND MEDICAL CLINIC**

**CLINIC STAFF NURSE / OPD NURSE**

**02/2010- 20/08/2012**

- Maintain accurate, detailed reports and records. Do vaccination, suturing and removal of sutures
- Assist patient with minor burns, wound and in minor surgery
- Dispensing of stocks which includes duties like routine stock checking, and ordering of replacement stock, checking, pricing and arranging dispensary stock on storage levels, and quarterly checking of stock for expired and or damage stock and ensuring that all medicines are stored correctly.
- Dispensing of ready made medicines which includes duties like reading the prescriptions removing patients medicine profile card from the file and placing it with the prescription for checking by the pharmacist.
- Preparation of the label and and preparation of the medical aid copy including the pricing of the prescriptions and sometimes giving notifications to patients when a prescription is due for a repeat.

***NURSE ASSIGNED IN RURAL SERVICE- Department of Labor and Employment***

**MALIPAYON DISTRICT HOSPITAL- CORCUERA ROMBLON**

**01/04/2009- 30/09/2009**

**STAFF NURSE**

Perform Direct Nursing Care Procedures

1. Bedside nursing, hygiene, pre-operative nursing care, post operative nursing care, admission and discharge of patients . Observe, records, reports, symptoms, condition and progress of treatment and therapy

- Prepares patient for diagnostics and therapeutic procedures for both normal and specialized treatment cases
- Administers medications, oral and parenteral
- Sets up treatment trays and prepare instrument and equipment for procedures
- Maintain records reflecting patients condition, medication and treatment
- Providing health education to patients and their families related to their physical and mental health
- Coordinates with other sections in the hospital regarding patient care
- Perform other related duties as may be assigned

## **MEDICAL DEVICES/ EQUIPMENTS HANDLED**

- ECG machines (Sonoscape)
- Respiratory (Nebulizers, Oxygen masks, tubings nasal cannulas, humidifiers)
- Accuvein, Glucometer
- Defibrillator and AED (Philips)
- Blood Pressure Monitors (Welch Allyn)
- IV Infusion pumps ( Enmid, Fresenius, Alaris, Medima)

## **EDUCATIONAL BACKGROUND**

**2004- 2008**

**ARELLANO UNIVERSITY**

Legarda, Manila

Bachelor of Science in Nursing

*College Dean's Lister*

**2003-2004**

**PHILIPPINE NORMAL UNIVERSITY**

Taft Avenue Manila

*Academic Scholar*

**1999-2003**

**CORCUERA NATIONAL HIGH SCHOOL**

Poblacion, Corcuera Romblon

*Class Salutatorian*

**1993-1999**

**CORCUERA CENTRAL SCHOOL**

Poblacion, Corcuera Romblon

*Class 3rd Honors*

## **ORGANIZATION(S)/ AFFILIATIONS**

- OVERSEAS FILIPINO WORKERS OF BENGHAZI- Hospital Coordinator
- PHILIPPINE NURSES ASSOCIATION OF THE PHILIPPINES- MEMBER  
1663 F.T. Binitez St. Malate, Manila  
PNA No. 057630
- ARELLANO UNIVERSITY GRAND CHORALE – MEMBER
- ARELLANO UNIVERSITY VOLLEYBALL AND TABLE TENNIS TEAM - Player/Athlete

## **SEMINARS/ TRAININGS ATTENDED**

### **Advanced Cardiovascular Life Support (ACLS)**

Kingdom of Doctors  
Riyadh, Saudi Arabia  
March 31, 2023

### **Basic Life Support (BLS)**

Kingdom of Doctors  
Riyadh, Saudi Arabia  
March 13, 2023

**The first Mental Health conference in Tabuk under the slogan “ Quality of Life”**

Saudi Commission for Health specialities

September 7-8, 2022

**Chemotherapy Safe Administration Course**

Saudi Commission for Health Specialities

Kingdom of Doctors

August 11-13, 2022

Riyadh, Saudi Arabia

**Myelofibrosis Challenges- Virtual**

Saudi Society for Blood Disorder (SSBD)

March 29, 2021

**Hemophilia: Update on Musculoskeletal Complication Management- Virtual**

Saudi Society for Blood Disorder

March 17, 2021

**Gulf Thoracic Congress 2021 (Virtual)**

March 11-13, 2021

10th International Congress of the Saudi Thoracic Society (STS)

**Annual Saudi Hematology Congress 2021 Virtual Meeting**

March 4-10, 2021

Riyadh, Saudi Arabia

**Managing your patients with Asthma in the Age of Covid 19- Virtual**

Saudi Commission for Health Specialities

MDbriefcase

March 2, 2021

**Obesity and Covid 19**

Dr. Sulaiman AL Habib Medical Group

Riyadh, Saudi Arabia

March 2, 2021

**Clinical Toxicology Workshop**

Dr. Sulaiman AL Habib Medical Group

Riyadh, Saudi Arabia

February 28, 2021

**Saudi Society of Hematology- Virtual**

Pan Arab Hematology Association Congress

February 19-20,2021

**Acute Lymphoblastic Leukemia- Virtual**

Saudi Society for Blood Disorders (SSBD)

February 2, 2021

**5th Pediatric Hematology Congress Update 2020 (Virtual)**

October 3, 2020

King Saud Specialist Hospital and Research Center

**Infection Prevention and Control Program**

**July 10, 2020**

Mdbriefcase

**Code of Ethics Program**

July 9, 2020

Mdbriefcase

**Communication Skills for Healthcare Professional**

July 9, 2020

Mdbriefcase

**Patient Safety Programs**

July 7, 2020

Mdbriefcase

**Basic Life Support (CPR and AED) – Saudi Heart Association**

Alyamamah Hospital Training Center in Riyadh Saudi Arabia

Date of Issue: 10/12/2018

Date of Renewal: 10/12/2020

**Breast and Colon Cancer: From Screening to Management of Metastatic Disease Using Precision Strategies**

King Saud University Medical City, Kingdom Riyadh Saudi Arabia

Septemeber 14-15, 2018

**1st Master Class in Thrombosis and Haemostasis**

National Blood and Cancer Center

Riyadh, Kingdom of Saudi Arabia

May 23,2017

**BLS for Healthcare providers (CPR and AED)-American Heart Association Course**

Specialized Academy For Medical Training (SAMT)

Date of Issue: January 25,2016

Date of Renewal: Janaury 25,2018

**Pulmonary Function Test**

Lung Center of the Philippines

July 24, 2015

**Basic ECG Interpretation**

Lung Center of the Philippines

July 10, 2015

**Basic Intravenous Therapy Training**

Lung Center of the Philippines

July 7-9, 2015

**Basic Intravenous Therapy Training**  
St. Mattheus Medical Hospital  
October 28-30, 2009

**PERSONAL BACKGROUND**

Date of Birth: October 11, 1986  
Civil Status : Married  
Height : 157 cms  
Father's Name: Jerry F. Fruelda  
Occupation : Businessman  
Mother's Name: Cecilia Fabicon  
Occupation: Retired Microscopist

**CHARACTER REFERENCES**

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Blood and Cancer Center  
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*I hereby certify that the above information is true and correct to the best of my knowledge and belief.*



**JECILE ROSE F. FRUELDA R.N.**

Applicant