

Cherry Mae O. Bejasa

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A Midwifery graduate with 6+ years of experience in various healthcare settings, including residential and nursing care home, hospitals and personal caregiver (Live-In). Proficient in patient assessment, medication administration, and care plan implementation. Skilled in communication and teamwork, dedicated to providing compassionate care to patients.

WORK EXPERIENCE

Personal Caregiver (Live-In)

Mrs. Thelma Rosejos

March 2021 – July 2022

- Providing assistance with bathing, grooming, dressing, and personal hygiene.
- Provide medication management and ensure that all medications are taken on time and in the correct dose.
- Assist with mobility, including transferring the patients from the bed to wheelchair, and helping with walking and exercising.
- Preparing meals and assisting with feeding. Performing light housekeeping tasks such as tidying up, laundry, and dishwashing.
- Assisting with shopping, errands, and to medical appointments or social activities.
- Providing emotional support and companionship by engaging in conversation and leisure activities. Observing and reporting changes in the client's condition or behavior to family members or healthcare professionals.



CERTIFICATION

Health and Social Care Studies for Elderly People

Passed 2008

Healthcare Training Academy

UKVI IELTS Test Certificate

EDUCATION

Midwifery College Graduate/Diploma

St. College School of Midwifery

June 2002– March 2004

Cebu City Philippines 6000

RELEVANT SKILLS

- Occupational Healthcare
- Community Healthcare
- Healthcare Supervision and Management.
- Communication Skills.

REFERENCES

Rehn Walfred Espina RN

Nurse/Hair Transplant Technologist

Skin Lab Aesthetic Clinic, Singapore

Contact No.: +65 85315645

Email: rehnwalfredespina@gmail.com

Jesseree Casas Montano RN

Nurse

Tan Tock Seng Hospital, Singapore

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Sales Assistant**Ramonda Trading, Dubai UAE**

August 2012- January 2014

- Ensure high level of customer satisfaction through excellent sales service.
- Maintain outstanding store condition and visual merchandising standards.
- Maintain a fully stock store.
- Ascertain customer's needs and wants.
- Recommend and display item that match customer's needs.
- Welcome and greet customers.
- Manage point-of-sales processes.
- Keep up to date with product information. Accurately describe product features and benefits.
- Follow all companies policies and procedures.

Healthcare Assistant**St. Claire Care home, Folkstone Kent UK**

April 2009 - June 2011

- Assisting with daily living activities such as eating, showering and using the toilet.
- Utilizing equipment to move patients when necessary.
- Helping tidy the patient's home or room.
- Taking the patient's vital signs such as blood pressure and temperature.
- Talking to patients and reassuring them. Attending meetings with other healthcare professionals.
- Assisting nurses and other staff when needed.
- Adhering to professional standards.
- Delivering reports to Case Managers and reviewing any important changes in the patient's condition.

Healthcare Assistant**Donnington House, Bedford UK**

March 2008 - April 2009

- Observing, monitoring and recording patients condition.
- Helping to lift and transfer patients, as well as move them in and out beds and wheelchairs.
- Prepare and administering medications. Communication with patients, relatives and other healthcare professionals.
- Responding to patients needs and concerns, and reporting any changes in patient condition to healthcare professionals.
- Personal care including infection prevention control, food, personal hygiene and overall reassurance, comfort and safety.
- Promoting positive mental, physical, nutritional health with patients.
- Checking and ordering supplies.

Nursing Aide**Chong Hua Hospital, Cebu City Philippines**

September 2005 - January 2008

- Provides hands on care to patients in hospital settings.
- Perform routine task under the supervision of registered nurse.
- Takes patients temperature, pulse, and respiratory rate.
- Take blood pressure and determine if range is abnormal.
- Answer calls for help and determine if additional help is needed.
- Make beds and perform light housekeeping duties in patient's room.
- Set up equipment.
- Store and move supplies.
- Observe patients physical, mental and emotional conditions.
- Observe fluid intake and output.
- Report abnormal changes or patterns to nursing staff.
- Empty bedpans and change dirty linens.
- Report violent behavior.