

RHEA MAY B. SILVINO

CERTIFIED CAREGIVER

Villa Margarita, Brgy. Alangilan, Bacolod City

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Experienced and compassionate to care a persons with comorbidities and an elderly. Good character, positive mind , friendly and strong will. Familiar with geriatric and patient care. Trained in a clinical environment that can also provide comfort. Seeking a position where I can exploit my skills and passion.

EXPERIENCES:

CAREGIVER, HOMECARE, BACOLOD CITY - 2020- 2021

- Ensure patients safety
- Managed bed-to-wheelchair , wheelchair-to-bed transfers, turning patients.
- Provide homecare and personal hygiene (bathing, mouth care)
- NGT feeding, Catheter measuring
- Monitor blood sugar and giving insulin
- Monitor vital signs (Blood pressure, pulse rate)

CAREGIVER, RIVERSIDE MEDICAL CENTER - 2021

- Ensure patients safety
- Preparing meals
- Provide personal hygiene (bathing, dressing)
- Monitored family visits and concerns
- Maintained a clean and have comfort environment

CAREGIVER, HOMECARE, BACOLOD CITY - 2021

- Ensure patients safety
- Monitor Vital signs (Blood pressure, pulse rate)
- Provide personal hygiene (bathing, changing diapers)
- Preparing meals and give scheduled medicines
- Assisted patients to do exercises and recreational activities
- Responsible for housekeeping such sa cleaning

CAREGIVER, THE DOCTOR'S HOSPITAL - HOMECARE - 2021

- Ensure patients safety
- Provide personal hygiene
- Monitored the post-operation patient
- Preparing meals and scheduled medicines

CAREGIVER, BACOLOD ADVENTIST MEDICAL CENTER - 2022

- Ensure patients safety
- Monitor Vital signs (Blood pressure, pulse rate, temperature)
- Foley Catheter checking
- Provide personal hygiene (changing diapers, bed bath, mouth care)
- Implementing doctors advices such as exercises

CAREGIVER ,HOMECARE,BACOLOD CITY - 2022 - 2023

- Ensure patients safety
- Monitor Vital signs (Blood pressure , pulse rate)
- Setting doctors appointments, laboratories, and requests
- Giving and reminding scheduled medications, recreation,and family visits
- Companionship to patients whereabouts

CAREGIVER, RIVERSIDE MEDICAL CENTER - 2023

- Ensure patients safety
- Managed bed to wheelchair, assisted to be able to walk
- Hip Replacement exercises with restrictions
- Preparing meals & due medicines
- Monitor Vital Signs (Blood pressure, pulse rate, oxygen)

CAREGIVER, RIVERSIDE MEDICAL CENTER - 2023

- Ensure patients safety
- NGT feeding, Chest tube Thoracostomy
- Turning and changing diaper

EDUCATION

Live-in Caregiving Program

- Riverside College Inc. , Bacolod City
- 2019 - 2020

Senior High School

- Riverside College Inc. , Bacolod City
- Science Technology Engineering and Mathematics (STEM)
- 2017 - 2019

Junior High School

- Fr. Gratian Murray AFSC, Integrated School
- 2012 - 2017

Elementary

- Fr, Gratian Murray AFSC, Integrated School
- 2009 - 2012

SKILLS

- Safe patient handling and transferring
- Familiarize with kinds of medicines
- Trained to do first aid and CPR
- Organized and cleanliness is observed
- Ensuring patients privacy and safety
- Knowledge and experienced with rehabilitation and exercises