MONICA T. DE GRACIA

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OBJECTIVES:

Motivated, efficient and detail oriented with strong organizational and interpersonal skills dedicated to cater quality patient care, staff development and family support.

SKILLS:

- Capacity to multitask; manage priorities in a fast-paced environment geared towards the provision of safe and competent patient care.
- Excellent patient/family teaching and organizational skills
- Ability to interact effectively in an interdisciplinary environment
- Proficiency in interpersonal skills and communication skills, accuracy in patient history, charting and other documents.
- Reliable, ethical healthcare provider with ability to stay calm and intervene during crises, facilitates groups and educational seminars, and collaborates on multidisciplinary teams.
- Proven ability to build positive relationships with patients, family members, physicians and other medical professionals.
- Team works oriented.
- Driven, hardworking, committed and compassionate Registered Nurse bringing demonstrated patient care, medication monitoring and treatment management expertise. Adaptable and resilient with strong attention to detail, clinical expertise and emergency response experience.

WORK EXPERIENCES

STAFF NURSE
Obstetric Post-natal Ward
Prince Sultan Military Medical City
Riyadh, Kingdom of Saudi Arabia
November 3, 2017-at present

STAFF NURSE
Psychiatric Nurse
Shelter of Goodwill Health Servives
Sta Cruz Magalang, Pampanga, Philippines
Sept. 1, 2016- October 30, 2017

STAFF NURSE
OB-GYNE WARD
Eduardo L. Joson Memorial Hospital
Bitas, Cabanatuan City, Philippines
January 16, 2012 - August 30, 2016

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STAFF NURSE
Central Luzon Drug Rehabilitation Center
Sto. Niño, Magalang, Pampanga
November 1, 2008 to December 12, 2011

STAFF NURSE
Nursery department
Alorf hospital
Jahra, Kuwait
May 05, 2007 - May 30, 2008

STAFF NURSE
Well Baby Nursery
Maternity and Child Hospital
Hofuf, Al Hassa, Kingdom of Saudi Arabia
October 6, 2002 -August 28, 2005

STAFF NURSE
Paracelis District Hospital
Paracelis Mountain Province, Philippines
July 10, 2000 - June 30, 200

DUTIES AND RESPONSIBILITIES:

- Uses the resources available economically and appropriately.
- Participates in Health Education to prepare the patient and the family for discharge.
- Maintain good communication channels with the health care team and participates in the endorsement.
- Maintain accurate and relevant nursing documentation and the confidentiality of information.
- Recognizes the educational needs of self and keeps up to date with current and good practices within Nursing.
- Asses the nursing needs of the patient.
- Prepares a plan of nursing care for the patient and implements the appropriate nursing intervention.
- Delivers prescribed treatments and medication in a safe manner and in accordance with established policies, procedures and standards. Evaluates the nursing care plan.
- Educate patients and families regarding breast feeding, newborn care, and postpartum care.
- Providing admissions, discharges, and transfer patient to other unit.
- Preparing patient for laboratory and diagnostic procedure.
- Ensure the safety of the patients, relatives and staff.
- Preparing and administering intravenous fluids and medication.
- Provide health teaching; psychological and spiritual care to the patient and significant others.
- Provides care of the newborn infant, Initiate suctioning and help in establishing airway clearance of newborn
- Implements hospital policies, rules, and regulations.
- Take an active role in the prevention and control of infection.

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- Perform professional nursing care to the patients admitted in the obstetrics unit.
- Assist Obstetricians in various procedures related to postpartum delivery and new born care etc.
- Conducts health teachings and classes in mental health.
- Prepare and administer medications and carry out treatment strategies as ordered by Physician and Psychiatrist.
- Monitor patients undergoing detoxification from alcohol and drugs.

PERSONAL DATA:

Nationality	:	Filipino
Date of Birth	:	May 15, 1976
Civil Status	:	Married
Religion		Christian
Place of Birth	:	Paracelis, Mountain Province, Philippines

EDUCATIONAL BACKGROUND

Tertiary: St. Mary's University
Bayombong, Nueva Vizcaya
April 1999
Degree: Bachelor of Science in Nursing

I hereby certify that the fact contained in my resume is true and correct to the best of my knowledge.

Respectfully yours,

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MONICA TABBAGON- DE GRACIA

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