

Lita A. Bernales

United Arab Emirates

+971 55 416 2616

Email: aguinaldo.lita@yahoo.com

Objectives:

Seeking opportunity to prove efficiency and surpassed work ethics within a challenging laborers position. My professional background includes dealing with people and customer service. Maintain neat, clean and professional demeanor with staff and client.

WORK EXPERIENCE

2023-05 - present. **Burjeel Hospital Farha , United Arab Emirates**

- **Patient Aide**
- Answering patient calls
- Determining how best to help patients
- Providing physical support for patients with daily activities such walking, standing
- Obtaining information from physicians, caregivers and nurses
- Recording vital signs such as blood pressure, pulse and temperature
- Observe and record patients' behavior, including complaints, or physical symptoms to nurses.

2022-01 **AL Amal Health Care Services, United Arab Emirates**

2023-03 **Nursing assistant/Caregiver**

- Help patients with their basic Living Activities
- Administering feeding to the patient in NGT and Peg using Freego pump And Stoma care
- Administering medication and insulin & nebulization, completing blood pressure, glucose and oxygen saturation
- Caring with patient with tracheostomy, cleaning, decannulation, suctioning & changing everyday tube tie, giving nebulization and medication as prescribed
- Helping around the homes such as maintaining the cleanliness of the patient room. Also provides and maintain safe environment for the patient

2017-08 **ZIRYAB RESTAURANT , United Arab Emirates**

2021-12 **Waitress**

- Greet and seat customers, provide menus ,and make recommendations as needed.
- Take customer orders and transmit them to the kitchen staff promptly.
- Serve coffee, food and beverages to customers measuring accuracy and timely delivery
- Ensure customers have a pleasant dining experience and promptly address any issues or complaints
- Assist with opening and closing duties, including setting up tables and chairs, cleaning, dishes, and restocking supplies

- Adhere to all food safety and hygiene regulations,including proper handling of food and equipment
- Maintain a professional appearance and demeanor at all times

2014-01 **GOLDEN FORK RESTAURANT ,United Arab Emirates**

2017-05 **Waitress**

- Provide the perfect service experience for every guest
- Ensure the guest feels important and welcome in the restaurant
- Ensure hot food is hot and cold food is cold
- Adhere to timing standards for products and service
- Present menu, answer questions and make suggestions regarding food and beverage
- Assist and keeping the restaurant clean and safe

EDUCATIONAL BACKGROUND:

Nursing Assistant/Caregiver

(Newton-Filipino Institute)

2011-2013 Tertiary: Core Gateway College

Bachelor of Science in Commerce

2007-2009 AMA Computer Learning Center

Computer Science Design and Programming

2002-2006 Secondary : Araullo University

1995-2002 Elementary : Caanawan Elementary School

SEMINARS ATTENDED

Food and Safety(2017-2022)

Al Ain,United Arab Emirates

I hereby certify, that the above information is true and correct of the best of my knowledge.

LITA BERNALES

Applicant