

# JOHN LLAPITAN DELA CRUZ



Bgy. Barong, Dingras, Ilocos Norte, Philippines, 2913



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## Career Summary

- **Bachelor of Science in Physical Therapy graduate**, with multiple professional working experiences in national medical hospitals, non-government and community-based rehabilitation center, sports clinic and university health centers, focused on preservation, enhancement, and restoration of physical function.
- **Affiliated in community development initiatives.**
- Upholds core values relevant and critical to achieve individual and organizational goals.
- A personal and professional enthusiast in sharing and learning in the following areas of skills and development.

Physical Therapy  
Treasury  
Project Management  
Data Science

Patient Care  
Administrative  
Improvements  
Public Health Practice

Research and Development  
Communication  
Microsoft Skills  
Agriculture

Community-based Rehabilitation  
Leadership and Innovation  
Budget and Cost Management  
Lean Management System

## Professional Experiences

- **Agriculture Internship Program in Israel** **October 2022 – October 2023**
  - Oct. 2022-Oct. 2023 **Agro Studies-The International Center for Agricultural Interns in Israel Limited, Tel Hai Campus, Israel Kibbutz Bar'am Orchard, Farm Host, Israel**
- **Administrative Assistant III (Financial Staff/Contact Tracer)** **October 2020-December 2021**
  - Oct. 2020-Dec. 2021 **Department of the Interior and Local Government-Ilocos Norte Provincial Operations Office, Brgy. 7-B, Laoag City, Ilocos Norte**
- **Treasurer** **July 2018-July 2020**
  - July 2018-July 2020 **Barong Barangay Council, Barangay Barong, Dingras, Ilocos Norte**
- **Physical Therapy Internships** **July 2017- April 2018**
  - July 2017 **University Physical Therapy Rehabilitation Center, Mariano Marcos State University, Batac, I. Norte**
  - Aug.-Sept. 2017 **Project TEACH/REACH Foundation Inc., Mandaluyong City, Metro Manila**
  - Oct.-Nov. 2017 **Nofre Dame De Chartres Hospital, Baguio City, Benguet.**
  - Dec.-Jan. 2018 **East Avenue Medical Center, Quezon City, Metro Manila**
  - February 2018 **Philippine Orthopedic Institute Inc., Makati City, Metro Manila**
  - March 2018 **Baguio General Hospital and Medical Center, Baguio City, Benguet**
  - April 2018 **Veterans Memorial Medical Center, Quezon City, Metro Manila**
- **Physical Therapy Pre-Internships** **November 2015 - September 2017**
  - November 2015 **Health & Wellness Heaven Clinic, Laoag City, Ilocos Norte**
  - May 2016 **Laoag Rehabilitation Station, Laoag City, Ilocos Norte**
  - September 2017 **Mariano Marcos Memorial Hospital & Medical Center, City of Batac, Ilocos Norte**
- **Enumerator** **Voter's Assessment (Ilocos Norte and Ilocos Sur, Philippines)** **June 2016**

*\*a nationwide research on voters' assessments conducted in collaboration with the following universities:*

**University of the Philippines-, Los Banos, Philippines**  
**University of British Columbia, Vancouver, Canada**  
**Yale-NUS College, Singapore**

## Trainings and other participation

- September 22, 2022 **Seminar on Basic Bookkeeping and Financial Literacy**, Provincial Government of Ilocos Norte, Philippine Institute of Certified Public Accountants (PICPA)
- September 21, 2022 **Seminar on Food Safety with Emphasis on Good Manufacturing Practices**, Provincial Government of Ilocos Norte, Department of Science and Technology (DOST)
- July 5 to Aug. 22, 2022 **Trainers Methodology Level 1, TESDA-MAIS**
- June 3-16, 2022 **Community-Base Trainers Methodology Course, TESDA-MAIS**
- May 10-20, 2022 **RCEP-RESP Training of Trainers (ToT) on Production of High-Quality Inbred Rice and Seeds, and Farm Mechanization**, Department of Agriculture, PhilRice-Batac Station
- April 11-13, 2022 **Training of Trainers (ToT) on Digital Farmers Program 101 & 102**, Department of Agriculture-ATI-RTC-1
- December 28, 2021 **Young Farmers Challenge: Kabataang Agribiz Program (Provincial Winner)**, DA-AMAD
- November 19, 2021 **Orientation on Mental Health Program in the Public Sector**, CSC-CSJ
- Sept. 9 to Nov. 12, 2021 **Webinar Kapatid Agri-Mentor Me Program (KAMMP)**, DA-ATI-RTC-1, PCE-Go Negosyo
- September 28-30, 2021 **17<sup>th</sup> National Occupational Safety and Health Congress, Building Resilient OSH Systems at the Enterprise Level: Best OSH Practices Amidst Crises**, DOLE-OSHC
- July 5-16, 2021 **Online Drug Assessment Team Training for a Drug-Free Workplace**, DOLE-OSHC
- June 7-11, 2021 **Cybersecurity Competency Framework**, DICT-Visayas Cluster-1
- June 2-3, 2021 **Data Privacy and Protection Training**, DICT-Mindanao Cluster-1
- May 17-21, 2021 **Basic Occupational Safety and Health Training for the Public Sector**, DOLE-OSHC
- May 11-12, 2021 **1<sup>st</sup> National Youth in Agriculture Summit and Agribusiness Pitch Challenge**, DA
- May 4, 2021 **Local Climate Change Expenditure Tagging Webinar for Local Government Units**, DILG, CCCP
- April 29, 2021 **Youth Entrepreneurship Program**, DTI
- February 15-19, 2021 **Digital Governance and Management Training**, DICT-Mindanao Cluster-1
- January 18-29, 2021 **Basic JavaScript Training**, DICT-Luzon Cluster-1
- June 16, 2021 **Leaner Management in the New Normal**, National Wages and Productivity Commission I
- December 19, 2020 **Future of Work in the Public Organization: Moving Forward During a Pandemic**, University of the Philippines-Diliman, National College of Public Administration and Governance
- December 03, 2020 **Usapang Food Security at Nutrisyon: Mga Hakbang Tungo sa Zero Hunger**, Dagyaw Open Government Virtual Town Hall Meetings

- **October 27, 2020** **Gender, Indigeneity and Disability: Role of LGUs in Empowering the Marginalized of the Philippine Local Government Forum**, Local Government Academy (LGA) and University of the Philippines-National College for Public Administrations and Governance-Center for Local and Regional Governance (UP-NCPAG-CLRG) and United Nations Development Program-Philippines (UNDP)
- **October 24, 2020** **#YOUTHCanDolt: Young Leaders in Local Governance of the Philippine Local Government Forum**, Local Government Academy (LGA) and Ramon Aboitiz Foundation Incorporated (RAFI)
- **October 10-24, 2020** **20<sup>th</sup> Post-Graduate Course: Rehab, Set, Go! Moving Forward Amid Health Crisis**, The Disability Foundation Inc., The Department of the Rehabilitation Medicine-Philippine General Hospital, University of the Philippines-Manila
- **October 7-8, 2020** **Building Resilience of LGUs for the New Normal: Embracing COVID-19 Contact Tracing Work**, Department of the Interior and Local Government-Ilocos Norte Provincial Office
- **Aug. 31-Sept. 04, 2020** **Training of Trainers on Climate-Smart Farm Business School on Livestock**, Department of Agriculture, Agricultural Training Institute, International Training Center on Pig Husbandry  
**Series**, Commission on Higher Education
- **June 19, 2020** **Epidemiologic Principles of COVID-19**, Department of Health, Philippine Colleges of Physician
- **June 17, 2020** **Solve Emerging Disease Through Ecohealth/Onehealth Approach**, SEAMEO-SEARCA (SOLVE Webinar)
- **June 10-11, 2020** **The Regional SEAMOLEC Mini-Lecture Series (SMILES)**, SEAMO-SEAMOLEC
- **November 12, 2019** **Lesson Learnt Workshop with Stakeholders**, German Red Cross & Philippine Red Cross-Ilocos Norte Northview Hotel, Laoag City
- **September 23-25, 2019** **Seminar on Barangay Financial Management**, Northview Hotel, Laoag City
- **April 10-12, 2019** **Disaster Risk Reduction Management Committee Workshop**, German Red Cross & Philippine Red Cross-Ilocos Norte Java Hotel, Laoag City
- **April 03-05, 2019** **Training on Financial Literacy**, Department of Agriculture/ATI/RTC 1, Dingras, Ilocos Norte
- **November 17, 2019** **Project Mitigation Proposal**, German Red Cross & Philippine Red Cross-Ilocos Norte, Municipal Civic Center, Dingras, Ilocos Norte
- **November 27-30, 2018** **6<sup>th</sup> Negosyo sa Barangay, Entrepreneurship Development Training**, Royal Mandaya Hotel, Davao City
- **September 10-12, 2018** **Grassroots Renewal and Empowerment for Accountable and Transparent Barangays**, DILG, MLGU, LIGA, Balay Dingras, Dingras I.N

## Education

- **BACHELOR OF SCIENCE IN PHYSICAL THERAPY**, MARIANO MARCOS STATE UNIVERSITY, ILOCOS NORTE, June 2018
- **DIPLOMA IN APPLICABLE AGRICULTURE PROGRAM**, AGROSTUDIES, ISRAEL, October 2023
- **TRAINERS METHODOLOGY CERTIFICATE LEVEL NC-I**, TECHNICAL EDUCATION SKILLS AND DEVELOPMENT AUTHORITY/MARCOS AGRO-INDUSTRIAL SCHOOL, ILOCOS NORTE, October 2022
- **AGRICULTURAL CROPS PRODUCTION-NC III**, TECHNICAL EDUCATION SKILLS AND DEVELOPMENT AUTHORITY/MARCOS AGRO-INDUSTRIAL SCHOOL, ILOCOS NORTE, November 2020
- **DRIVING-NC II**, TECHNICAL EDUCATION SKILLS AND DEVELOPMENT AUTHORITY/MARCOS AGRO-INDUSTRIAL SCHOOL, ILOCOS NORTE, March 2022
- **Accelerated Business Leaders Education**, UNIVERSITY OF CALIFORNIA, RIVERSIDE, School of Business, A. Gary Anderson Graduate School of Management (Online Course Certificate), July 2021
- **Measuring and Maximizing Impact of COVID-19 Contact Tracing**, JOHNS HOPKINS UNIVERSITY (Coursera, Online Course Certificate), August 2020
- **COVID-19 Contact Tracing**, JOHNS HOPKINS UNIVERSITY (Coursera, Online Course Certificate), June 2020