

LESTER R. MEDRANO

Address: 203 San Guillermo St. Putatan Muntinlupa City

Mobile no: (+63) 918 411 6913

OBJECTIVE

Twelve (12) years as a professional ship's cook with expertise in European and Asian cuisine. Possess experience in making sauces, cooking seafood, poultry, and pasta while meticulously following instructions and presentations, and have proven abilities in enhancing the cooking process, cleanliness, hygiene, and sanitation in the work environment, as well as lowering the costs associated with food waste.

PERSONAL DATA:

Age : 33 years old
Date of Birth : 4 April 1990
Place of Birth : Manila, Philippines

EMPLOYMENT HISTORY:

Marlow Navigation Phils., Inc.

Chief Cook

November 28, 2018 - **PRESENT**

Job Duties:

- Responsible in making provision order.
- Responsible in receiving the provision.
- Making Menu planning.
- Prepares and cooks a variety of food for European crew and Asian crew.
- Prepares morning and evening snack for the crew such as bread and pastries.
- Overall in charge of the cleanliness and sanitation of galley and pantry.
- Responsible in making Monthly Crew Ration Report.
- Responsible in making Monthly Inventory.

Marlow Navigation Phils., Inc.

Cook

November 30, 2017 – September 22, 2018

Job Duties:

- Responsible in making provision order.
- Responsible in receiving the provision.
- Making Menu planning.
- Prepares and cooks a variety of food for European crew and Asian Crew.
- Prepares morning and evening snack for the crew such as bread and pastries.
- Overall in charge of the cleanliness and sanitation of galley and pantry.
- Responsible in making Monthly Crew Ration Report.
- Responsible in making Monthly Inventory.

Marlow Navigation Phils., Inc.

2nd Cook

October 4, 2016 – June 24, 2017

Job Duties:

- Prepares and cooks a variety of simple foodstuffs.
- Operates standard cooking equipment such as mixers, steamers, toasters, choppers, fryers, ovens and stoves.

Marlow Navigation Phils., Inc.

Cook Trainee

July 26, 2016 – October 3, 2016

Job Duties:

- Food preparation and cooking responsibilities as directed by first cook.

Marlow Navigation Phils., Inc.

Steward

December 17, 2014 – October 1, 2015

Job Duties:

- Work closely with the Chefs onboard and are responsible for dishwashing, sanitation, trash removal, and many other back-of-house restaurant functions.
- In charge of cleaning all food preparation work areas, galleys, dish/pot, washers, and related onboard venues.

Marlow Navigation Phils., Inc.

Messman

July 14, 2013 – May 8, 2014

Job Duties:

- Work closely with the Chefs onboard and are responsible for dishwashing, sanitation, trash removal and many other back of house restaurant functions.
- In charge of cleaning all food preparation work areas, galleys, dish/pot, washers, and related onboard venues.

Marlow Navigation Phils., Inc.

Galley boy

February 14, 2011 – February 9, 2013

Job Duties:

- Work closely with the Chefs onboard and are responsible for dishwashing, sanitation, trash removal and many other back of house restaurant functions.
- In charge of cleaning all food preparation work areas, galleys, dish/pot, washers, and related onboard venues.

EDUCATIONAL BACKGROUND:

Tertiary:**Southern Luzon Collage**

Seafarer Rating Course (SRC)

Congressional East Avenue, Dasmariñas, Cavite 4114

(2009 – 2010)

Secondary:**Muntinlupa National High School**

NBP Reservation City of Muntinlupa

(2002 - 2006)

CHARACTER REFERENCES:

Capt. Emmanuel Jesus Tendido

Master

Marlow Navigation Phils., Inc.