

GLORIA ACHIAA FOSUAA

(RCCN, RGN)

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PROFESSIONAL SUMMARY

I am a compassionate Critical Care Registered Nurse with eight (8) years of expertise in tertiary-level hospitals, proactive and service-oriented, skilled in handling emergencies, and leading clinical staff. Specialized in acute, chronic, and end-stage kidney diseases, post-cardiac arrest, and various medical, surgical, neurological, obstetric, and gynecological emergencies. Dedicated to providing empathetic care and improving patient outcomes. Proficient in utilizing advanced medical technologies. A valuable asset in critical care settings, committed to making a difference in patients' lives.

WORK EXPERIENCE

Nursing Officer (Registered Critical Care Nurse)

Jan 2022 - Present

Intensive Care Unit, Cape Coast Teaching Hospital • Cape Coast, Ghana

- **Pioneering Advanced Medical Interventions:** Spearheaded the adjustment and utilization of cutting-edge respiratory and ventilator equipment for critically ill patients, consistently ensuring optimal treatment and patient comfort.
- **Exemplary Patient-Centered Care:** Delivered world-class personalized bedside care, leveraging specialized expertise to address diverse critical care challenges and fostering an environment of compassion and trust.
- **Leader in Sepsis and Shock Management:** Expertly prevented and managed cases of sepsis and shock, implementing evidence-based protocols and rapid interventions to stabilize patients and improve outcomes.
- **Rapid Response Expertise:** Demonstrated exceptional proficiency in responding to emergencies, swiftly identifying critical issues, and providing life-saving treatments with precision and confidence.

- **Collaborative Endoscopy and Bronchoscopy Assistance:** Collaborated seamlessly with medical teams to facilitate successful endoscopy and bronchoscopy procedures, contributing to accurate diagnoses and streamlined patient care.
- **Documentation:** Utilized advanced electronic health record systems to meticulously document care activities, patient vital signs, and medical responses, ensuring accurate and up-to-date patient records.
- **Precision Monitoring:** Vigilantly monitored the proper placement and functioning of catheters, leads, and tubing, demonstrating a keen eye for detail and a commitment to patient safety.
- **Tailored Patient Education:** Championed patient education plans prescribed by physicians, engaging patients in their care journey and enhancing their understanding of treatment strategies.
- **Multifaceted Treatment Management:** Skilfully administered medications, performed wound dressing changes, and executed a wide array of treatment options, consistently prioritizing patient well-being.
- **Holistic Health Assessment:** Conducted comprehensive patient health history assessments, garnering critical insights to inform and guide effective treatment plans.

Senior Staff Nurse (Registered Nurse)

Apr 2015 - Dec 2021

Senior Staff Nurse, Dialysis Unit, Cape Coast Teaching Hospital • Cape Coast, Ghana

- **Patient-Centric Dialysis Preparation:** Played a pivotal role in preparing patients for dialysis sessions, ensuring their physical and emotional comfort throughout the process.
- **Expert Central Venous Catheter Management:** Employed world-class techniques to monitor central venous catheters, ensuring precise placement and optimal functioning, thereby enhancing patient safety and treatment effectiveness.
- **Empowered Patient Education:** Spearheaded patient education initiatives prescribed by physicians, empowering patients to actively participate in their care and make informed decisions.
- **Assisted Central Venous Catheter Procedures:** Collaborated seamlessly with medical teams during central venous catheter insertions, showcasing exceptional technical proficiency and enhancing the overall patient experience.

- **Documentation:** Utilized advanced electronic health record systems to comprehensively document care activities, patient vital signs, and medical responses, maintaining accurate and thorough patient records.
- **Guided Dialysis Sessions:** Skillfully guided patients through dialysis sessions, demonstrating a deep understanding of the procedures and ensuring optimal patient comfort and safety.

EDUCATION

BSc. Critical Care Nursing	Nov 2019 - Nov 2021
School of Peri-Operative & Critical Care Nursing, Korle Bu • Accra	
Diploma in General Nursing	Oct 2010 - Aug 2013
Nursing & Midwifery Training College • Cape Coast	
West African Senior Secondary School Certificate	Sep 2006 - Jun 2009
Insaaniyya Senior High School • Kasoa, Ghana	

SKILLS

- **Advanced Life Support:** Proficient in providing advanced life support interventions, ensuring critical patients receive timely and effective care.
- **IV Administration:** Skilled in administering intravenous medications and fluids with precision and confidence.
- **Medication Therapy and Treatment:** Expertise in managing medication regimens and implementing complex treatment plans to optimize patient outcomes.
- **Procedural Assistance:** Adept at assisting medical procedures such as endoscopies and bronchoscopies, contributing to accurate diagnoses and efficient patient care.
- **Comprehensive Reporting and Documentation:** Meticulously document care activities, patient vitals, and medical responses in electronic health records, maintaining accurate and up-to-date patient information.

- **Computer Charting:** Proficient in utilizing electronic health record systems for efficient and organized patient charting and management.
- **Diagnostic Assessments:** Skilled in conducting thorough diagnostic assessments to inform treatment decisions and enhance patient care.
- **Vitals Checking:** Diligently monitor and assess patient vital signs, swiftly identifying changes and responding appropriately.
- **Patient-Centered Care:** Provide compassionate and patient-centered care, fostering a supportive and empathetic environment for optimal healing.
- **Advanced Medical Technologies:** Proficient in utilizing state-of-the-art medical equipment and technologies to deliver cutting-edge care.
- **Emergency Response:** Demonstrated ability to handle emergencies with composure, making rapid and well-informed decisions to deliver life-saving interventions.
- **Patient Education:** Develop and implement tailored patient education plans, empowering individuals to actively engage in their treatment and recovery.
- **Central Venous Catheter Management:** Expertly monitor and manage central venous catheters for precise placement and optimal functioning.
- **Team Collaboration:** Proven track record of seamlessly collaborating with interdisciplinary teams to provide comprehensive and coordinated patient care.
- **Problem-Solving and Analytical Thinking:** Apply critical thinking skills to assess complex situations, identify issues, and develop effective solutions.
- **Effective Communication:** Strong communication skills for clear and empathetic interaction with patients, families, and colleagues.
- **High Sense of Responsibility:** Known for a strong sense of accountability and commitment to ensuring the highest standards of care.

PROFESSIONAL CREDENTIALS

- Registered Critical Care Nurse, Ghana, 2021
- Registered General Nurse, Ghana, 2013

HOBBIES

- Reading
- Singing
- Sightseeing

REFERNCES

- Samad Lamptey, Anaesthesiologist, +233-244-961-399
- Sarah Amoo, Deputy Director of Nursing Services, ama_amoo@yahoo.com,
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