

Maria Angelita Martinez-Cardona



Nursing Aide

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Devoted healthcare personnel, providing exemplary service to individuals in residential care environments with utmost respect and consideration. Supportive care professional, monitoring client behaviors and encouraging participation in healthy activities as noted within care plan. Deliberate role model, demonstrating healthy behavior for daily living and social interactions.

Skills

Childcare experience	■ ■ ■ ■ ■	Upper intermediate
Patient care	■ ■ ■ ■ ■	Upper intermediate
First aid and safety	■ ■ ■ ■ ■	Advanced
Meal planning and preparation	■ ■ ■ ■ ■	Advanced
Community integration	■ ■ ■ ■ ■	Upper intermediate
Patient Management	■ ■ ■ ■ ■	Advanced
Verbal and written communication skills	■ ■ ■ ■ ■	Intermediate
Maintain healthy and safe environment	■ ■ ■ ■ ■	Upper intermediate

Work History

2015-12 - 2019-10

Special Needs Caregiver

Nicholas George Maasdorp, Tung Chung

- Evaluated client progress toward established annual and quarterly goals.
- Provided personal care to maintain hygiene and prevent health problems.
- Administered medication to manage symptoms and promote healing.

- Communicated well both verbally and in writing with clients, guardians, and medical professionals.
- Engaged individuals in recreational and leisure activities to promote socialization and improve quality of life.
- Maintained clean and safe environment to prevent accidents and promote health.

2008-06 - 2011-10

Elderly Caregiver

Angela Anita Wong, Discovery Bay, Lantau Island

- Assisted clients with daily living needs to maintain self-esteem and general wellness.
- Assisted disabled clients to support independence and well-being.
- Cleaned house, ran errands, managed laundry, and completed weekly grocery shopping.
- Established nutritious meal plans and prepared daily offerings to meet patient dietary needs.
- Provided safe mobility support to help patients move around personal and public spaces.
- Monitored client vital signs, administered medications, and tracked behaviors to keep healthcare supervisor well-informed.

2003-10 - 2006-12

Child Care Attendant

Sandy Hui, Discovery Bay, Lantau Island

- Introduced children to educational games and activities to boost learning.
- Applied positive behavior management techniques to enhance social interactions and emotional development.
- Maintained effective schedule balance between rest periods, active play, and instruction.
- Enforced rules and managed behavior through developmentally appropriate discipline.
- Led children in creative, athletic, and educational activities while maintaining safe and orderly group.
- Prepared healthy foods and beverages for children based on optimal dietary guidelines and individual restrictions.

Education

2022-10 - 2023-02

National Certificate II: Caregiving

Medline International Training Institute - Naguilian Road, Baguio City, Philippines

1994-06 - 1997-03

Bachelor of Science: Nursing

Pines City Colleges - Magsaysay Avenue, Baguio City, Philippines

Certifications

2023-07

Basic First Aid Training with Basic Life Support with AED, Philippine Red Cross - 2023-2025