

# CATHERINE M. ATIENZA

## ASSISTANT COOK

+97430459504

Zathrynem2002@gmail.com



## EDUCATION

### BACHELOR OF SCIENCE IN BUSINESS ADMINISTRATION

Virgen Milagrosa University Foundation, San Carlos City, Pangasinan.  
1994-1998

### SECONDARY SCHOOL

Urbiztondo Catholic High School  
1990-1994

### INTERMEDIATE

Balangay Elementary School  
1984-1990

## SKILLS

- Knowledge of personal hygiene and HACCP
- Knowledge of therapeutic and nutritional diet
- Knowledge of Filipino, Italian and continental cooking
- Paying attention to detail, and able to work to a very high standard
- Can quickly adapt to a changing work environment
- Ability to work calmly in a pressurized environment

## PROFILE

I am hard working chef with immense passion and pride in my work. A confident team player constantly striving for excellence, taking every opportunity to learn and grow.

## EXPERIENCE

### ASSISTANT COOK SEPTEMBER 2013 – PRESENT

AMWAJ CATERING SERVICE (DOHA, QATAR)

- Working in a large kitchen with production capacity of more than 10,000 meals per day.
- Responsible for both cooking and supervising an undersigned team.
- Overlooking the sanitization of kitchen area and equipments.
- Logging of MSDS and preparing requisition of the store for following day.
- Conducting staff briefings, cooking food according to the recipe and sop.
- Checking expiration (FIFO), chiller and food temperature.

### CASHIER JANUARY 1999- JANUARY 2000

Isetann Cubao, Philippines

- Manage transactions with customers using cash registers.
- Scan Goods and ensure pricing is accurate.
- Collect payments whether in cash or credit.
- Bag, box or gift-wrap packages.

### SALES PROMOTER FEBRUARY 2000- MARCH 2010

Alpha Music Corporation, Philippines

- Setting up and maintaining a demonstration area, such as a table, stand, or booth at various events.
- Recording transactions and stock level.
- Processing Customers payments.
- Staying up to date with product or service features.

### FEMALE CLEANER OCTOBER 2010- NOVEMBER 2012

Abu Dhabi National Hotels

- Clean, stock and supply designated facility areas (dusting, sweeping, vacuuming, mopping, cleaning, restroom cleaning etc).
- Stock and maintain supply rooms.
- Cooperate with the rest of the staff.

## TRAINING EXPERIENCE

- Safe manual handling.
- Personal hygiene.
- Basic food safety.
- Fire and safety management.

## PASSPORT DETAILS

**PASSPORT NO** P4033036B  
**EXPIRY DATE** 01/12/2029

## HOBBIES

- Traveling.
- Cooking.
- Listening music

## PERSONAL DETAILS

<b>NAME</b>	Catherine M. Atienza
<b>FATHER'S NAME</b>	Rodolfo Mendoza
<b>MOTHER'S NAME</b>	Aurora Mendoza
<b>DATE OF BIRTH</b>	July 27, 1978
<b>GENDER</b>	Female
<b>NATIONALITY</b>	Filipino
<b>MARITAL STATUS</b>	Married
<b>RELIGION</b>	Roman catholic
<b>LANGUAGES</b>	English, Tagalog