

Charmie Anne S. Flora

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Objective

To offer consistent unconditional nursing care, enabling direct support to live in an environment that encourages positive relationships, mutual respect, trust, and consideration of others.

Experience

- **LOPEZ HOSPITAL** November 28,2010 - November 29,2013
STAFF NURSE
Duties and Responsibilities:
 - *Gives direct nursing care to general and specially elderly patients.
 - *Identifies nursing needs of elderly
 - *Plans,implements and evaluates nursing care.
 - * Performs nursing care such as bathing and oral hygiene.
 - *Assists moving and maintaining proper body alignment and utilizing good body mechanics.
 - *Observes medical asepsis.
 - *Prepares and give oral and IV medications
 - *Observes and responds to patients emotional and spiritual needs.
 - *Acts as a liason between patients and hospital personnel
 - * Interprets to the patients and his family their role in promoting successful therapy and rehabilitation.
 - * Prepares patients for and assists physicians with diagnostic and therapeutic procedures.
 - *Performs irrigation's catheterization and gives enemas.
 - *Receives and endorses ward equipments and supplies and checks for its proper care and maintenance.
 - *Sees to it that the nurse station is clean and in proper order.
 - *Prepares/implements care plans
 - *Supervises junior staff and activities of daily living.
- **DEPARTMENT OF HEALTH** January 7, 2014 - June 30, 2017
NURSE DEPLOYMENT PROGRAM
Duties and Responsibilities:
 - * Assists in the implementation of various health programs of the Local Government Unit in accordance with the program goals and objectives of the Department of Health and the Health Sector like (1) Expanded Program on Immunization (2) Family Planning Program.
 - *Provides technical assistance in the implementatio of the health programs.
 - * Assists in the conduct od disease surveillance.
 - *Conducts health education and training (financial riek protection - advocate and facilitate Philhealth members and availment of various Philhealth benefit packages.
 - *Assists in the supervision and monitoring of the Community Health Team.
 - * Assists in the conduct of regular monitoring and evaluation of various health programs for the community,assist in the preparation and analysis of reports on clinic and community activities.
 - * Conduct regular visits to priority households under NHTS-PR specially child and elderly.
- **DEPARTMENT OF HEALTH** September 5,2018 - present
NURSE DEPLOYMENT PROGRAM
Duties and Responsibilities:
 - * Assists in the implementation of various health programs of the Local Government Unit in accordance with the program goals and objectives of the Department of Health and the Health Sector like (1) Expanded Program on Immunization (2) Family Planning Program.
 - *Provides technical assistance in the implementatio of the health programs.
 - * Assists in the conduct od disease surveillance.
 - *Conducts health education and training (financial riek protection - advocate and facilitate Philhealth members and availment of various Philhealth benefit packages.
 - *Assists in the supervision and monitoring of the Community Health Team.
 - * Assists in the conduct of regular monitoring and evaluation of various health programs for the community,assist in the preparation and analysis of reports on clinic and community activities.
 - * Conduct regular visits to priority households under NHTS-PR specially child and elderly.
 - * Duty at Covid19 Isolation Facility, monitored for signs and symptoms, contact tracing and infection control and manangement.

Training/Seminars Attended

- SEMINARS/ WORKSHOP ATTENDED

- *Trainings

Intrapersonal Communication and Counseling on Family Planning- Maternal, Newborn and Child Health and Nutrition & tuberculosis patients for NDP (January 19-23, 2015)

- *3Day Basic Intravenous Therapy Training for Nurses (July 29, 30, 31, 2011)

- *Standard First Aid Training (January 10-12 & 15, 2011)

- *Basic life Support (January 13&14, 2011) Participated in the Seminar

- *Career Guidance Seminar- Workshop (February 15, 2010)

- *Nursing Career Trends and Employment Updates (February 18, 2010)

- *Acute Biologic Crisis: Review and Fundamentals (February 18, 2010)

- *Nursing Pharmacology (February 19, 2010) *Conflict Management (February 19, 2010) *Nursing Pharmacology

- (February 19, 2010) *Introductory Concepts: Advanced Nursing Skills Mini-Mega Code (May 17-19, 2010) *The

- Search for Knowledge! An Introduction to Nursing Research (July 22, 2009)

- *COPAR and IMCI Updates (April 27, 2009)

Participated in the interactive seminar on *Angina Pectoris, Myocardial Infarction (Jan. 15, 2009)

- *Fluids and Electrolytes (February 2, 2009) ECG Tracing (Feb. 12, 2009)

- *Coronary Heart Failure (Feb. 12, 2009) *COPAR AND IMCI Updates (April 27, 2009) *Nursing

- Process (fundamentals of nursing) (April 1, 2008)

- *Psychiatric Nursing (July 26 & 30, 2008)

- *Participant on the Youth Volunteer Orientation Course

- *Youth Leadership Formation Course (October 19-20, 2007)

- *Basic Leadership Training for Red Cross Youth (October 17-18, 2007)

- *Youth Volunteer Orientation Course (October 19, 2007)

- *First Aid Training in the Campus (December 26-27 & 29, 2007)

- *Basic Life Support CPR Training for Healthcare Provider (December 28 & 29, 2007)

Education

- **Union Christian College**
Bachelor of Science in Nursing

2010

Skills

- ability to listen and understand
- sensitive to other's needs
- a higher sense of responsibility
- professionalism
- flexibility and adaptability
- problem solving abilities
- compassion

Reference

- **Dr. Anthony S. Cereno - "Rural Health Unit- Bagulin,La Union,Philippines"**
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- **Prescilla S. Saldo - "Rural Health Unit-Bagulin,La Union,Philippines"**
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