

09368138700



rupiojo@gmail.com



JO-AN L. RUPPIO

Certified Caregiver

Blk. 4 Lot 6 P. Cruz Villa Mastrili St.
Bambang, Taguig City, Philippines



SUMMARY

A passionate and dedicated nursing assistant committed to providing quality healthcare, advocating for patients rights, and advancing knowledge. With exceptional interpersonal skills and a passion for making a positive impact on patients Culturally sensitive with the ability to provide both physical and emotional support to patients.

PERSONAL DETAILS

Age: 38

Birthday: December 8, 1984

Place of Birth: Gattaran Cagayan

Marital Status: Single

Religion: Catholic

EDUCATION

Western Bicutan National H.S

June 1998 - March 2002

PMI Colleges

Bachelor of Science in Customs Administration

June 2002 - March 2006

Asia Pacific Caregiver and Healthcare Training Center, inc

Caregiving

December 6, 2021 - June 24, 2022

SKILLS

- Oxygen Administration
- Nebulization
- Suctioning
- Tracheostomy Care
- NGT
- Tube / Enteral Feeding
- CBG Monitoring
- Colostomy Care
- Infection and Prevention Control
- Input / Output Monitoring
- Driving Skills

TRAININGS AND CERTIFICATES

National Certificate II in Caregiving

Technical Education & Skills Development Authority (TESDA)

February 4, 2023

Caregiver (On-the-Job Training)

Sto. Niño Home for the Aged Inc.

#57 C. Teodula St., Mearle Homes Subd., Sto. Niño, Marikina City

Feb 17, 2023 - Feb 20, 2023

Caregiver (On-the-Job Training)

Sacred Heart Center

#10 Lilac St. Fairview, Quezon City 1118

March 6, 2023 - March 20, 2023

Basic Nursing Skills Enhancement Program

First Care Development Review and Tutorial Center

777 Aurora Boulevard cor. Seattle St. Cubao Quezon City

1109 Philippines

October 4, 2023

PROFESSIONAL EXPERIENCE

Private caregiver

Pt: Paul Laurence Nieves Vallesterro

Case: Chronic Kidney Disease

85A Col bravo St zone 2 central signal village Taguig city

April 8, 2022 - May 18, 2023

- Managing my patients medications by organizing them, setting reminders and ensuring that my patient take it as prescribe
- Create a meal plan that is right to their specific needs. It should be less in sodium and protein and high in nutrients.
- Assisting with Dialysis
- Providing emotional support

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To whom it may concern,

I am writing this letter to apply my candidacy for Caregiver application. I am greatly interested to offer my assistive and clerical duties and help patients in a possible way. I have attained caregiver duties for almost year in home based care here in Philippines which I handled a patient that has been diagnosed with Chronic Kidney Disease. I am capable of preparing beds, noticing vitals signs of blood pressure and I am also assisting patients regarding their bathing, toileting, dressing, skin care needs, meal preparation and medicine administering. I'm also helping the patients walk and hence manage works with utmost sincerity. I possess good observing, reporting and documenting skills to draft prescriptions as per the advice of the physicians and I can also communicate with the family members of patients.

In addition to my practical experience, I hold a **National Certificate II** in Caregiving. This formal education has provided me with a comprehensive understanding of the principles and best practices in community support work/caregiving. I am well-versed in crisis intervention techniques, case management, and advocacy for marginalized populations. Furthermore, I have demonstrated proficiency in documentation, maintaining accurate records, and adhering to legal and ethical standards.

I look forward to meet you over a personal interview and please feel free to contact me on my contact number for any details you may need. Thank you.

Jo-an L. Rupio
(Applicant)