

# MAY ANNE T. ABAÑO, RN

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Current Address: Riyadh, Kingdom of Saudi Arabia

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## PROFESSIONAL SUMMARY

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I am a Registered Nurse by profession with over 10+ years of relevant bedside clinical experience of which around 3 years was spent as a Care Worker attending to geriatric residents in a Special Nursing Home in Kasugai, Aichi Japan where I provided care to patients between the ages of 75 to 100 years old mainly suffering from Dementia, Parkinson's Disease, Stroke and Incontinence.

## SKILLS

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- Reliable, trustworthy, honest, builds profitable rapport with patients, colleagues and supervisors from several cultural backgrounds.
- Can adapt easily to change of environment and working conditions.
- Proficient in Microsoft office and internet-based researches.

## EXPERIENCE

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**Position:** OR Staff Nurse                      **Date:** Aug. 4, 2021- Sep. 30, 2023

**Company:** The Eye Consultants

**Address:** Riyadh, Kingdom of Saudi Arabia

**Job Description / Duties and Responsibilities:**

- Doing pre-operative procedures (blood extractions, ECG, history taking) before the patient booked for surgery
- Assists patients in admission process before the surgery (IV cannulation, ECG)
- Assisting doctors during Intravitreal Injections.
- Assisting doctors during excimer procedures (Lasek, PRK and Lasik Procedure)
- Assisting doctors during surgeries as scrub nurse or circulating nurse for (Cataract surgeries, Retina surgeries, Glaucoma surgeries, Oculoplasty surgeries)
- Set-up the operating room for the patient, ensuring all instruments is sterile and hands them to the doctors during the surgery.
- Knowing all the patients information and verifying that it is correct patient in the table going in for the scheduled surgery.
- Positioning patients appropriately and properly prepping their skin for incision.
- Making inventory, requisition and consumption to make sure the stocks needed for the operation in the whole department are always available.

**Position:** Nurse II

**Date:** Oct. 28, 2019- Dec.31, 2020

**Company:** Department of Health

**Address:** Sta. Cruz, Zambales, Philippines

**Job Description / Duties and Responsibilities:**

- Assists in the implementation of various health programs of the Local Government Unit in accordance with the program goals and objective of the DOH (Department of Health) and health sector.
- Providing maternity care ( Pre-natal and Post Natal Care)
- Doing immunizations for children and seniors

- Provides technical assistance in the implementation of health programs
- Assists in the conduct of disease surveillance. (E.g. Dengue, Leptospirosis, Rabies, etc.).
- Conducts health education and training.
- Assists in the conduct of regular monitoring and evaluation of the various health programs for the community. (Family Planning, Immunizations, Maternity Care)
- Assists in the preparation and analysis of reports and community activities.
- Submits monthly accomplishment reports describing the highlights of activities target and accomplishment learning insights.
- Responsible for monitoring of possible infected patients and contact-tracing of confirmed COVID19 cases.

**Position: Careworker**

**Date: Nov.2016- June 2019**

**Company: Sun Vision Welfare Corporation (Special Nursing Home for the Elderly: Dai2 Graceful Kasugai)**

**Address: Kasugai, Aichi, Japan**

**Job Description / Duties and Responsibilities:**

- Worked in a long term care facility; Special Nursing Home for elderly patients who needs special care, we cater patients aged 75-100+ years old mostly with Dementia, Parkinson's Disease, Stroke and Incontinence.
- Feeding patients during meal time. (Solid, semi solid or puréed foods) making sure they will not choke because some cannot chew properly.
- Assisting the patients to take medicine especially oral and suppositories.
- Assisting patients with toileting and excretion, making sure they have regular bowel movement and adequate urination especially patient who cannot move and stand no their own.
- Changing diapers of bedridden patients as well as changing their position every 2 hours to prevent bed sores, use special mattress to relieve pressure and keeping their skin clean and dry.
- assisting patients with their personal hygiene( brushing teeth, shaving, changing clothes depending on time and season)
- Assisting patient during bathing, making sure their body are clean, inspecting the body for some changes
- Assisting patients during ambulatory making sure the place is free from any obstruction
- Doing some light household chores like washing clothes, doing the dishes, changing bed linens, and preparing light snacks
- Accompanying patients outside of the facility especially during special occasions( festivals, visting temples, cherry blossoms viewing)

**Position: Nurse I**

**Date: Jan 15, 2014- Oct 30, 2015**

**Company: Department of Health**

**Address: Sta. Cruz, Zambales, Philippines**

**Job Description / Duties and Responsibilities:**

- Assists in the implementation of various health programs of the Local Government Unit in accordance with the program goals and objective of the DOH (Department of Health) and health sector.
- Providing maternity care ( Pre-natal and Post Natal Care)
- Doing immunizations for children and seniors
- Provides technical assistance in the implementation of health programs
- Assists in the conduct of disease surveillance. (E.g. Dengue, Leptospirosis, Rabies, etc.).
- Conducts health education and training.
- Assists in the conduct of regular monitoring and evaluation of the various health programs for the community. (Family Planning, Immunizations, Maternity Care)

- Assists in the preparation and analysis of reports and community activities.
- Submits monthly accomplishment reports describing the highlights of activities target and accomplishment learning insights.

**Position:** Nurse **Date:** Feb.16, 2013- Jan.14, 2014

**Company:** Sta. Cruz Medical and Diagnostic Center

**Address:** Sta. Cruz, Zambales, Philippines

**Job Description / Duties and Responsibilities:**

- Handled admissions, proper charting and documentation of patient's status, IV therapy and monitoring of vital signs and neurological signs checks.
- Obtain and monitor vital signs progress and assist them with pain management techniques.
- Follows up laboratory, diagnostic examinations, and X-ray and Ultrasound results and refers to the attending physician.
- Utilizes assessment skills and techniques and implements nursing care plan using priority setting skills to determine the patient's need /concerns and establish priorities for intervention in response to changing clinical situations.
- Record intakes and outputs, test blood glucose, perform ECGs and blood extractions.

**EDUCATION**

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**College/University:** Pamantasan ng Lungsod ng Marikina **Year:** 2008-2012

**Course:** Bachelor of Science in Nursing

**School / Address:** Marikina City, Philippines

**PERSONAL INFORMATION**

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**Date of Birth** : May 31, 1992

**Civil Status** : Married

**Nationality** : Filipino

**Passport Number** : P6108495A

**License Number (Philippines)** : 0784819

**License Number (Saudi)** : 21339180

**REFERENCES**

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**Name:** Ms. Maricris Aguilera

**Position:** Head Nurse- Al Falah Branch

**Company / Address:** The Eye Consultants

**Contact No:** +96656 692 1152

**Name:** Ms. Sayako Yamamoto

**Position:** Manager

**Company/ Address:** 3-25-23 Higashi Ku, Nagoya Prefecture, Japan

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