

VANESSA V. TOLENTINO

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📍 Middle Atok Trail, Baguio City

Professional Summary

A Professional Nurse Aid with more than 5 years in the fields of health care environment. Seeking to obtain a position as a Nurse aid in your Hospitals where I can grow professionally, to fully utilize my skills gained from my nursing education, training and experiences, to learn and acquire more knowledge in this field, and to significantly contribute in providing the highest level of patient care.

Work Experience

NURSE AIDE - ICU COMPLEX

Saint Louis of the Sacred Heart Medical Center - Philippines | 2021 - Present

- Performs any combination of following duties in care of patients in hospital, nursing home, or other medical facility, under direction of nursing and medical staff:
- Answers signal lights, bells, or intercom system to determine patients' needs.
- Bathes, dresses, and undresses patients.
- Serves and collects food trays and feeds patients requiring help.
- Transports patients, using wheelchair or wheeled cart, or assists patients to walk.
- Drapes patients for examinations and treatments, and remains with patients, performing such duties as holding instruments and adjusting lights.
- Turns and repositions bedfast patients, alone or with assistance, to prevent bedsores.
- Changes bed linens, runs errands, directs visitors, and answers telephone.
- Takes and records temperature, blood pressure, pulse and respiration rates, and food and fluid intake and output, as directed.
- Cleans, sterilizes, stores, prepares, and issues dressing packs, treatment trays, and other supplies.
- Dusts and cleans patients' rooms.
- May be assigned to specific area of hospital, nursing home, or medical facility.
- May assist nursing staff in care of geriatric patients and be designated Geriatric Nurse Assistant.
- May assist in providing medical treatment and personal care to patients in private home settings and be designated Home Health Aide.

NURSE AID - SURGICAL UNIT

Saint Louis of the Sacred Heart Medical Center - Philippines | 2019 - 2020

- Performs Tracheostomy and ET Suctioning
- Prepare and feed patient via NGT or PEG.
- Prepare instruments that will be used for emergencies such as cutdowns and intubation.
- Enema Administration
- Obtaining information from physicians, caregivers and nurses
- Track patients' condition, treatment plans, and suggested activities
- Measuring and recording food and liquid intake and urinary output
- Report changes to medical or nursing staff.
- Recording vital signs such as blood pressure, pulse and temperature
- Observe and record patients' behavior, including complaints, or physical symptoms to nurses.

CAREGIVER

Stay Out - Philippines | 2020 - 2021

- Prepares and feeds patients via NGT tube feeding.
- Administers medication
- Assisted patients in bathing, diaper changing, oral care, feeding.
- Performs tracheostomy and oral suctioning.
- Keeps the patient's area clean and organize
- Provides wound care
- Log rolls patient
- Monitors vital signs and blood sugar level.

ON-THE-JOB TRAINING

Community Based Rehabilitation and development Center.

Satisfactorily completed eighty (80) hours of internship held at Benguet General Hospital.

Skill

- Task prioritization
- Positive and approachable manner
- Patient in stressful situations.
- Proficient in oral and written communication
- Excellent Interpersonal Communication Skill.
- Flexible and Active
- Willing to be hands-on with patients
- Willing to do personal care tasks (washing, toileting, etc)
- Able to follow Instructions and Procedures
- Able to work in a team but use their own initiative
- Pleasing Personality
- Fast Learner – Both in product knowledge, specifications and details
- Patient Evaluation
- Charting and Clinical documentation
- Patient Focused care
- Quick problem solver
- Intravenous Therapy
- Direct patient care
- Able to work outdoors in rough weather conditions

Education

TECHNICAL-VOCATIONAL COURSE

- Caregiving NC2 at MMS Development and Training Center

BACHELOR OF SCIENCE IN NURSING

- Undergraduate

Training and Seminars

- Passed the assessment on Caregiving NC2 last September 8, 2018
- Certificate of Proficiency on Standard First Aid Training and Basic Life Support, CPR Training.
- Certificate on Fire and Water Safety Seminar.
- Hands-On Clinical Skills Enhancement Program.
- Certificate of Attendance and Recognition on Basic Life Support BY American Safety and Health Institute.