

# Mardy Basilad

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## Summary

I am writing to apply for the position of ELDERLY CAREGIVER. I believe that my qualification, experience, and enthusiasm make me an ideal candidate for this position.

I have extensive experience in providing care for the elderly. Including assisting with activities of daily living such as bathing, dressing, meal preparation, and light housekeeping. I am certified in First Aide and CPR. In addition to my experience, I have reputation for being kind, caring, and patient with my elderly clients.

## Experience

**SENIOR HEALTHCARE ASSISTANT** | 09/2023 - I currently work here

**Fehan TLC Home Assisted Living - Cebu City, Philippines**

- Documented and completed patient medical records, including dosage and prescriptions taken, for organisational and health management purposes.
- Efficiently and effectively managed emergencies and provided guidance to care workers, completing without difficulty.
- Closely monitored patients' health by taking blood, monitoring blood pressure, checking weight and assessing heart rate.
- Assisted service users with basic tasks when needed, including dressing, undressing, washing, toileting and bathing.
- Kept carers updated on best care practices, first aid and emergency management through regular refresher training.
- Charted patient information related to vital signs, pain management and daily inputs and outputs.

## Skills

- CPR Cetified
- First Aide Certified
- Adaptable
- Compassionate
- Dependable
- Detail Oriented
- Able to lift 200 pounds
- Patient and friendly
- Strong Multitasker
- Organized

## Education

**Fil. Canadian Caregiving School - Cebu City, Philippines | Caregiving**

Healthcare, 09/2022 - 04/2023

**Tesda - Quezon City, Philippines**

Food and Beverage, 07/2022 - 10/2022

**AMA College - Quezon City, Philippines | Accounting Bussiness Management**

Bussiness Management, 06/2018 - 04/2020

## Certifications

- First Aide certificate
- Sign Language Certificate
- Elderly Care Certificate
- Food and Beverage Certificate
- Caregiving Certificate