

GINNA DE MESA

CONTACT



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SKILLS

- Birth management
- Postnatal care
- Labour support
- Pregnancy management
- Active Listening
- Critical Thinking

Seminars and Trainings

- Basic Life Support
- Total Quality Management

- Knowledgeable Midwife professional offering practical communicative and administration skills. Reliable and collaborative team member, looking for opportunity to develop management skills further.
- Qualified Personal Care professional specialising in helping clients with medication concerns and management. Skilled at providing mobility and personal care support, administering medications and organising appointments.

EXPERIENCE

May2018 - Current

Registered Midwife *Al Inma Medical Services*, Aseer Region, Saudi Arabia

- Offered patient education on a variety of topics including nutrition, childcare and family planning.
- Provided detailed information, encouragement and emotional support to patients during labour.
- Assisted patients with exploring birth planning, outlining a variety of options and providing detailed, expert advice.
- Supported expectant parents in making informed decisions on birthing, delivery and medical choices.
- Identified and arranged strategic care programmes for parents with additional psychological and mental health needs.

June 2017 - April 2018

Private Caregiver *Notre Dame De Vie*, Angat,Bulacan, Philippines

- Maintained strong knowledge of medications and medical terminology through continued education and seminars.
- Assisted disabled individuals to foster independence while still closely monitoring safety at all times.
- Organised and administered medications on clear schedules to help alleviate symptoms and optimise quality of life.
- Monitored clients progress to report necessary changes.

June 2008 - May2017

Registered Midwife *Al Adwani,General,Hospital*, Taif Ksa, Saudi Arabia

- Provided evidence-based support for parents and babies through continuous care-programme evaluation and implementation.

EDUCATION

2022

Caregiver Level 4 Caregiver

International Institute of Computer Science & Adm, Kuwait

2005

Diploma of Midwifery

Dr. Yanga's,Colleges,Inc., Wakas,Bocaue,Bulacan

November 2005

Passed the Professional Regulation Commission Licensure of Examination for Midwifery Graduates

October 2008

Passed the Saudi Commission for Health Specialist