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 المجلس القطري للخصيمات الصحية
 Qatar Council for Healthcare Practitioners



Maria Kristina C. Alvendia- Sangalang, RN, MD, DFM

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Educational Qualifications

Bachelor of Science in Nursing

University of Pangasinan, Dagupan City, Philippines
 June 2003-April 2007

Doctor of Medicine

Lyceum Northwestern University Francisco Q. Duque Medical Foundation, Dagupan City, Philippines
 (June 2009-April 2013)

Master in Development Management, Major in Public Management

Pangasinan State University, Lingayen, Pangasinan, Pangasinan
 (February 2023-Present)

Internship

(May 2013-May 2014) – Baguio General Hospital and Medical Center And Baguio City Health Department

- taking patient histories, examining patients, meeting with family members, and conducting medical procedures with a licensed doctor present or another qualified medical supervisor

Clinical Experience (including training)

Region 1 Medical Center, Dagupan City, Philippines (Government/ Teaching Hospital)

Medical Officer IV (Occupational & Patient Safety and Health Management Office)
 (May 2020 – Present)

- Conducts Annual and Baseline Medical Examination to R1MC employees
- Conducts Medical Consultation of R1MC employees
- Performs risk assessment to all employees exposed to COVID-19 positive cases.
- Reassesses R1MC Employees who were exposed to COVID-19 infection or were previously infected with COVID-19 infection prior to return to work
- Perform other functions as mandated by the Safety Officer
- Monthly and Quarterly Accomplishment reports on Employee Medical Consultations, Annual and Baseline medical examinations of R1MC employees and Activities of the Department

Lyceum Northwestern University Francisco Q. Duque Medical Foundation, Dagupan City, Philippines

Assistant Professor I (Preventive Health, Family and Community Medicine)
 (March 1, 2020 - Present)



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- Teaches courses in the discipline area of Medicine (Preventive Medicine)
- Develops and designs curriculum plans to foster student learning, stimulate blended-
- online learnings/ discussions, and ensures student engagement
- Provides tutoring and academic counselling to students, maintains class-related records and assess student coursework
- Collaborates and supports colleagues regarding research and co-curricular activities
- Provide a full range of educational and mentoring activities for students

Region 1 Medical Center, Dagupan City, Philippines (Government/ Teaching Hospital)

Medical Officer IV (Department of Family and Community Medicine)
(November 2018-May 2020)

- Consultation of patients, prescribes medicine and treatment procedures and techniques within the field of specialization
- Supervises fellow resident physicians in the conduct of clinical and surgical care and services
- Assists the Chief of Hospital, Chief of clinics, , Training Officer, and department head in the management of hospital operations and programs, supervises the implementation of the health programs assigned to the unit
- Performs medical examinations and requests for the diagnostic workups or laboratory examinations to diagnose health ailments
- Conducts and participates in hospital research projects

Department of Health, Lingayen, Pangasinan, Philippines (Government)

DOH Physician (Physician Augmentation Deployment Project)
(September 10, 2018- November 20, 2018))

- Consultation of patients, prescribes medicine and treatment procedures and techniques within the field of specialization
- Conducting routine check-ups to patients to assess their health condition and discover possible issues
- Giving appropriate advice for healthy habits (diet, hygiene etc.) and preventative actions to promote overall health
- Conducting examinations to ill patients and evaluate symptoms to determine their condition
- Reach an informed diagnosis based on scientific knowledge and the patient's medical history
- Prescribe and interpret lab tests to obtain more information for underlying infections or abnormalities
- Prescribe medications or drugs and provide comprehensive instructions for administration
- Collaborate with other physicians, physician assistants and nurses to form a high performing medical team
- Examine and provide treatments to injuries and refer patients to other physicians when needed (ophthalmologists, orthopedists, neurologists etc.)

Region 1 Medical Center, Dagupan City, Philippines (Government/ Teaching Hospital)

Medical Officer III (Department of Family and Community Medicine/Residency Training Program)



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	<ul style="list-style-type: none"> • Consultation of patients, prescribes medicine and treatment procedures and techniques within the field of specialization • Provide direct care to patients which includes diagnosing, managing, and treating health conditions •
License	<p>Physician License License Number: #0129760 March 2015-Present</p>
	<p>Nurse License License Number: #0434842 October 2007-Present</p>
Certifications/ Organizations	<ul style="list-style-type: none"> • Member/ Fellow: Philippine Society of Medical Specialists in Government Service Inc. • Member/ Diplomate: Philippine Academy of Family Physicians, Pangasinan Chapter • Member: Philippine Medical Association • Member: Pangasinan Medical Society • Safety Officer II/ Occupational Safety and Health Center, Philippines
Training Courses	40-hours Basic Occupational Safety and Health Training for Safety Officers II, Philippines: April 4-8, 2022
Publications (if applicable)	Ongoing Management research entitled: Prevalence of Work-Related Musculoskeletal Disorders among Employees under the Hospital Operations and Patient Support Service (HOPSS) and Finance Division of Region I Medical Center: Research protocol submitted, awaiting approval
References	Vikki Razel Noveloso-Gonzales, MD Region 1 Medical Center, Medical Officer IV 09273803702/ vikkirazelnovelosogonzales@gmail.com
	Maria Leah Dizon Casil, MD Region 1 Medical Center, Medical Officer IV 09773801030/ marialeah08@gmail.com
Declaration	<p>I hereby declare the above mentioned information is true and verifiable to the best of my knowledge and I bear responsibility for the correctness of the above mentioned particulars.</p> <p>Date: May 15, 2023</p> <p>Signature: </p>