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NAME : **EDEN CASTILLO SAYABO**  
NATIONALITY : PHILIPPINES  
DATE OF BIRTH : 19 OCTOBER 1987  
POSITION APPLIED FOR : Caregiver/ Nursing Home/Food Attendant  
EDUCATION : Hotel and Restaurant Management  
Undergraduate: 2 years completed at Davao State of Science and Technology, Philippines, year attended 2010-2012  
OBJECTIVES :

To obtain the position of Waitress with restaurants to leverage the ability to ensure that every guest experience is positive; knowledgeable in all areas of food, beverages, and service; provide exceptional hospitality for guests; and communicate clearly. Also coming with superior knowledge of the menu, multi-tasking ability, a positive attitude, cleaning and light lifting abilities.

Family and Private caregiving services.

**WORK EXPERIENCE:**

**FAMILY AND PRIVATE CAREGIVING**

**GULSON HOSPITALITY MARCH 21, 2018- MAY 09, 2019 - QATAR**

- Takes vital signs and records this information on a medical chart
- Helps with bathing and grooming tasks  
Assists patients who need help walking or standing
- Communicates a patient s needs to nurses and doctors as appropriate
- Feeds patients, ensuring that any special dietary needs are strictly adhered to

- Aids people in the use of any medical devices and equipment required for their specific condition
- Assists individuals with taking medication when needed

WAITRESS/FOOD ATTENDANT

**GULSON HOSPITALITY MAY 21, 2019- MAY 09, 2021 - QATAR**

Name of restaurant: Karak, Lemmon, Um AL Zain

- Greeting guests and seating them at clean tables as per our seating chart.
- Bringing waters and menus to your tables shortly after arrival.
- Taking food and drink orders, and making suggestions if requested
- Communicating food and drink orders to the kitchen and bar.
- Obtain payment by cash, charge card, and so on.

WAITRESS/FOOD SERVER

**GREEN PARK MAY 10, 2021 – August 14, 2022 - QATAR**

Name of restaurant: QQQ., Tea-time and Juicery

- Collecting plates when your guests are finished eating
- Offering dessert and/or the check once your tables are cleared
- Collecting payment from guests
- Helping your team members out as needed by seating other servers' tables and running their food if your section is not full
- Cleaning and organizing the restaurant as needed by rolling cutlery and polishing wine glasses if your section is not full.
- Obtain payment by cash, charge card.

TRAINING AND SKILL:

**PHILIPPINE INTEGRATED INSTITUTE QATAR**

**Aamal Tower, West Bay, Doha Qatar**

1. Caregiving Course, (24 weeks, 2019)
2. Computer Secretarial Course, (3 months, 2019)