



VINCENT AMPULLER VERGARA

CHIEF COOK

A Chief Cook with extensive experience of menu planning, kitchen staff supervision, food production and inventory management. With deep knowledge of cooking practices, food storage methods and food preservation techniques.

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📍 B9 L5 Lancaster Village 1 Kawit Cavite

SKILLS

- Meal Preparation
- Kitchen Equipment
- Cleanliness
- Food Safety
- Food Handling
- Menu Planning
- Cooking Methods
- Inventory Control
- Safety Standards
- Cost Control
- Garnishing

EDUCATIONAL HISTORY

Bachelor of Science in Marine Transportation

Philippine Maritime Institute
1996

- Completed 3rd Year College

WORK EXPERIENCE

Chief Cook

Pacific Basin | Mar 2022 - present

- Monitored and organized meal preparation, maintain a clean environment, managed inventory and food stock.
- Performed regular checks on serviceability of all food kitchen equipment.
- Protect and maintain the cleanliness and orderliness in the working area
- Inventory control, purchasing, galley personnel management, ensuring food safety and sanitation are not only met but exceeded.
- Followed proper food handling methods, ensuring meals were safe and well-balanced
- Prepared and assisted with menu planning for rotation of international cuisines, supported all stations in fast-paced, high-volume environment
- Understand and comply consistently with our standard portion sizes, cooking methods, quality standards and rules, policies and procedures.
- Adapted to and reduced unforeseen food production problems due to lack of functioning equipment and menu modifications.
- Prepared breakfast, lunch, dinner in large quantities. inventory control, following recipe cards.
- Ensured that all sanitation and safety standards are maintained in all food preparation areas.

Chief Cook

Topever Marine Management
Apr 2021 - Feb 2022

- Job description same as my current job.

Chief Cook

Topever Marine Management
Nov 2019 - Nov 2020

- Job description same as my current job.

Chief Cook

Cardiff Filipinas
Nov 2018 - Aug 2019

- Job description same as my current job.

Chief Cook

Topever Marine Management
Jun 2017 - Mar 2018

- Job description same as my current job.

Chief Cook

Topever Marine Management
Jul 2016 - Apr 2017

- Job description same as my current job.

Chief Cook

Fairview Shipping Company
Jul 2015 - Mar 2016

- Job description same as my current job.

Chief Cook

Fairview Shipping Company
May 2014 - Mar 2015

- Job description same as my current job.

Chief Cook

Fairview Shipping Company
Oct 2012 - Aug 2013

- Job description same as my current job.

Chief Cook

Amethyst Shipping Company
Jul 2011 - May 2012

- Job description same as my current job.

Chief Cook

Amethyst Shipping Company
Jun 2010 - Mar 2011

- Job description same as my current job.

Chief Cook

Amethyst Shipping Company
Mar 2009 - Dec 2009

- Job description same as my current job.

Chief Cook

Amethyst Shipping Company
Feb 2008 - Nov 2008

- Job description same as my current job.

First Cook

Magsaysay Shipping Company
Jan 2007 - Nov 2007

Second Cook

Magsaysay Shipping Company
Jan 2006 - Nov 2006

Third Cook

Magsaysay Shipping Company
Jan 2005 - Nov 2005

Assistant Cook

Aristocrat Restaurant
Feb 2004 - Aug 2004

Service Crew

Red Ribbon Bakeshop
Jul 2003 - Dec 2003

Service Crew

Pancake House Inc.
Jan 2003 - Jun 2003

Waiter

Pier One Bar & Grill Restaurant
Apr 2001 - Nov 2002

Waiter

Katip's Bar & Grillery
Aug 1998 - Feb 2001

Kitchen Helper / Dimsum

Luk Yuen Chinese Resto
Nov 1997 - May 1998

Service Crew

McDonalds Food Corp.
Jun 1996 - Nov 1996

Quality Controller / Steamer

Chowking Food Corp.
Feb 1995 - Jul 1995