

REYA ESPERANZA D. ESTRADA

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Professional Summary

Compassionate and skilled healthcare provider with more than 12 years of clinical experience in various healthcare settings. I possess in-depth knowledge of patient care, nursing principles, and medical procedures and have an exceptional communication skill, allowing me to build strong relationships with patients, families, and healthcare teams.

Experience

Staff Nurse 06/2016 to Current

Philippine Heart Center - Cardiovascular Laboratory

- Responsible for providing direct patient care.
- Obtains and documents accurate data during pre, intra and post procedure
- Provide health teaching to patient's family and significant others
- Communicate continuous patient care to the health care team
- Attends during emergency situation
- Participates in unit and department continuous quality improvement.
- Follows nursing standards
- Participates in ongoing educational activities to improve clinical competencies.
- Co-author in providing an educational material for out-patients.
- Performs other position-related duties as assigned, depending on assignment setting

Staff Nurse 08/2015 to 06/2016

Philippine Heart Center - Coronary Care Unit

- Identifies and determines the priority of the patient's problems and needs through continuous and thorough nursing assessment.
- Provides comprehensive nursing care to the critically ill patients.
- Operates electronic gadgets and other lifesaving equipment.
- Acts as charge nurse in the absence of the head nurse.
- Collaborates with all members of the health care team and maintains harmonious relationship with them including patient and family.
- Developed an examination for the new nursing personnel in coronary care unit.
- Demonstrates basic patient teaching skills.

Staff Nurse 11/2010 to 08/2015

Philippine Heart Center - Medical/Surgical Ward

- Provides direct and indirect patient care to non-critically ill patient.
- Prepares patient pre-operatively.
- Monitors post procedural patient.
- Performs as primary nurse and/or charge nurse assigned
- Determines location, operation and care of equipment.
- Demonstrate good interpersonal and professional behaviors
- Assist the patient's family and significant others to cope with crisis, allowing utilization of other health care services.
- Assist in the orientation of new nursing personnel
- Administer medications safely as per hospital policy.
- Demonstrates knowledge of legal implications of nursing actions

01/2007 to 08/2010

R.G. De Jesus Trucking Services

- Maintaining databases and ensuring that all information is accurate and up-to-date
- Filing and organizing all documents and records
- Managing finances, such as preparing invoices, processing payments, and managing budgets
- Managing all incoming and outgoing correspondence, including emails and letters.

Core Qualifications

- Goal oriented
- Meticulous
- Team player
- Excellent time management
- Accurate record-keeping
- Analytical problem solver

Education

Bachelor of Science Nursing 04/2006
St. Jude College Manila, Philippines

Bachelor of Science, Nursing 10/2003
Trinity College of Quezon City Quezon City, Philippines

Highschool Certificate 04/2002
Siena College of Quezon City Quezon City, Philippines

Certifications

- Society of Cardiovascular Nurse Practitioners of the Philippines Inc. Training - Batch 27 - Top 1 (September 2019)
- Best charge nurse Award - (February 2012)
- Critical Care Course Training Batch 68 - Top 6 (August 2011)