

# NORIELYN S. PALAGANAS, RN

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## **PROFESSIONAL SUMMARY**

Patient-oriented nurse with 15 years of diverse experience in direct patient care, staff supervision, and nursing department operations. Skilled at multitasking and prioritizing patient needs and daily assignments. Offering expertise with ICU speciality. Attentive nursing professional presenting a high level of care, patient assistance, and during each shift. Considered hardworking and driven. Ready for a new opportunity to apply exceptional nursing skills in the hospital setting. Dedicated professional with a history of meeting company goals utilizing consistent and organized practices. Skilled in working under pressure and adapting to new situations and challenges to best enhance the organizational brand. Organized and dependable candidate successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet team goals. To seek and maintain a full-time position that offers professional challenges utilizing interpersonal skills, excellent time management, and problem-solving skills.

## **SKILLS**

Possessing knowledge and skills which improve the quality of care for patients, especially neonates.  
Good communication skills improve connectedness with other colleagues. Knowledgeable with computers, such as Microsoft Office, which is edge for paper works. Time management skills  
Treatment Plan Creation and Revision Pain Management  
Adaptable and Flexible

Reliable and Responsible Medical Device Monitoring Emergency Interventions Healthcare Team Collaboration  
Medical Equipment Setup Decision Making

## **WORK HISTORY**

**Medical Surgical ICU Staff Nurse, 08/09/2013 to Current**

**Al Hada Armed Forces Hospital – Taif City, Saudi Arabia**

Intrahospital primary code blue team member

Responsible for total patient care, including medication, orders and treatments.

Assists the physicians in performing special procedures.

- Under the direction and guidance of the head nurse, closely monitors cardiac and physical status of patient under his, her care
- Assist in emergency nursing procedures necessary for prompt control of changes in patient's physical condition
- Able to perform the techniques of cardiopulmonary resuscitation accurately and effectively.
- Keeps abreast of changing techniques in critical care nursing and maintains a high level of expertise in critical care.
- Accepts responsibilities delegated by the head nurse or team leader and evaluates the nursing care provided in the area assigned.
- Provides leadership in the interpretation and application of the philosophy and objective of nursing service in assigned area.
- As a team leader,, directs and develops the abilities and skills of Staff assigned to her jurisdiction, and makes team assignments based upon individual patient need.
- Maintains the patient's clinical records; assist with execution of the physician's orders; keeps accurate problem oriented nurses notes according to audit committee standards.
- Assists the physician with procedures and treatments. Administers treatments including sterile procedures.
- Participates in team conferences with team leader and makes up team assignments.
- Guides personnel in evaluating patient's needs.
- Perform patient care within the principles of team nursing, reporting pertinent observations or complaints to the team leader or Head Nurse.
- Assist Head Nurse or charge nurse in personnel work evaluation.
- Administers medication according to hospital policy.
- Practices economical use of equipment and supplies, informs proper authority of discrepancies.
- Attends and supports in service education programs.
- Participates in or initiates CPR and codes when necessary.
- Serves on Nursing Committee when requested.
- Participates in orientation of new staff and Saudi Arabian trainees and students.
- Maintains a clean and safe environment for patient and staff.

**ICU Nurse, 07/2010 to 06/2013**  
**King Abdulaziz Specialist Hospital – Taif, Saudi Arabia**

Responsible for total patient care, including medication, orders and treatments.

Assists the physicians in performing special procedures.

- Under the direction and guidance of the head nurse, closely monitors cardiac and physical status of patient under his, her care
- Assist in emergency nursing procedures necessary for prompt control of changes in patient's physical condition
- Able to perform the techniques of cardiopulmonary resuscitation accurately and effectively.
- Keeps abreast of changing techniques in critical care nursing and maintains a high level of expertise in critical care.
- Accepts responsibilities delegated by the head nurse or team leader and evaluates the nursing care provided in the area assigned.
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- Maintains a clean and safe environment for patient and staff.

**Medical Surgical Ward Nurse, 02/2008 To 04/2009 Intensive Care Unit/Recovery Room Nurse 04/2009 To March 2010**

**UPH-DR. Jose G. Tamayo Medical Center – Binan City, Philippines**

- Educated patients and families on medical-surgical procedures, therapeutic regimens and pain management techniques.
- Managed pre-op and post-operative patient care by stocking medical supplies and preparing operating rooms.
- Monitored patients before, during and after surgical operations to evaluate patient care.

- Managed patients simultaneously by providing bedside care, treatments, IV therapy, and wound care. Proper documentation of patient plan of care by taking into account nursing interventions, and diagnosis expected patient outcomes.
- Collaborated daily with the health care team to achieve optimum patient care, boosting patient satisfaction.
- Recorded and measured patients' weight, temperature, respiration, and blood pressure.
- Taking care of patients post ICU and needing continuity of care, such as suctioning, feeding via oral or nasogastric tube, and even percutaneous endoscopic gastrostomy,
- Giving medications, intravenously, orally, intramuscularly and other routes in giving medication. Providing bed baths and other comfort care to promote good skin integrity at all times.
- Emergency Response

## **EDUCATION**

**Bachelor of Science in Nursing: 03/2007**  
**Lyceum Northwestern University -Dagupan City,Pangasinan**

## **CERTIFICATIONS**

### **Licensed**

Philippine Licensure Exam  
 Number: 0482772  
 Date: April 24,2008  
 Valid Until: April 23,2026  
 Saudi Commission For Health Specialist  
 Number:11MN0006100  
 Date: March 29,2011  
 Valid Until :February 5,2025

### **Training and Certificates**

Basic Life Support  
 Advanced Cardiac Life Support  
 Infection Control Certificates  
 CRRT Training  
 Procedural Sedation Training  
 Medication Management and Use Training  
 IV therapy Training  
 Blood Transfusion Training  
 NDNQI Pressure Sore Injury Training Course  
 Service Excellence Training