

PRECIOSA OGNASE LABENIO
Bila, Bokod, Benguet, CAR Philippines 2605
preciosalabenio95@gmail.com
+639771942673
October 09,1995

Objective

To provide compassionate, patient-focused care to individuals in need of personal assistance. To utilize my experience and training as a Personal Caregiver to help clients achieve their highest level of functioning. To apply my expertise in providing quality care to elderly and disabled clients.

Education

- **MMS Development Training Center** 2022-2023
Caregiving NCII
- **University of the Philippines Manila-Baler Campus** 2013-2016
Diploma in Midwifery

Experience

- **Department of Health CAR** 2017 - Current
Midwife II
 - Responsible to conduct home visits to households for monitoring and referral of pregnant, children and sick individual.
 - Reports status of families/household visited.
 - Assist in conduct of health education and advocacy campaigns.
 - Participate in data gathering and response during health emergencies and disaster.
- **Private Caregiver** 2021 - 2022
Private (Elderly)
 - Provide in-home care 4 hours a day for senior citizen including physical care (lifting and bathing) and emotional well-being using expert knowledge of safety and body mechanics
 - Executed cleaning, laundry and meal preparation ensuring client followed their nutrition plan.
 - Assisted client with taking medications by arranging schedules and reminders.
 - Maintained client progress notes for the family and care team.

Skills

- Compassionate
 - Detail-oriented
 - Adaptable
 - Physical Stamina
 - Safety Patient Handling

Trainings

- **Mass Casualty Incident, Incident Command System and Basic Fire Fighting**
911 on Call
April 25-28, 2023
- **Basic Life Support and Standard First Aid**
911 on Call
April 25-28, 2023
- **Basic Life Support Training For Health Care Providers**
MLGU- Municipal Disaster Risk Reduction and Management
July 21, 2022

Language

- Tagalog
- English

Certificates

- **Primary Care Worker for Universal Health Care**
July 22, 2022
- **Orientation on the Universal Health Care Law**
December 21, 2021
- **DOH Primary Care Workers Online Orientation**
December 21, 2021

Reference

- **Lilian L. Velasco**
Local Government Unit- Bokod
Medical Health Officer

09301999786

- **Barbara B. Catimo**

Local Government Unit- Bokod

Midwife III

09300917176