

Suman Kunwar Lamsal

Mobile No.: +977-9863165768

Current Address: Bhainsepati-25, Lalitpur, Nepal

Email Add: sumankunwarlamsal@gmail.com



PROFESSIONAL SUMMARY

Result-focused operating registered staff nurse with over 3 years of experience in Neurology, Orthopedics and Human Organ Transplant. Passionate, motivated with a drive for excellence. Highly skilled in inpatient and outpatient care nursing with extensive knowledge of community resources available to aid and assist in treating patients and families.

SKILLS

- Proficient in building relationships
- Effective communicator
- Excellent assessment, listening and coordinating skills
- Acknowledged for quality patient care and service
- Skilled in health promotion and maintenance

EXPERIENCE (From Current to Past)

Position: Staff Nurse

Date: 15th September 2019- Present

Company: Nepal Medicity Hospital

Address: Sainbu, Bhainsepati, Lalitpur, Nepal

Job Description / Duties and Responsibilities:

- Provide nursing care according Nepal Medicity health standards of care
- Provide a variety of healthcare services, such as conducting comprehensive health assessments, prescribing treatments, making referrals and managing acute illnesses
- Administer and monitor patient response to therapeutic intervention through knowledge and applications of the nursing process as it relates to patients and families
- Collaborate with health team members, patients and families in provision of care
- Delegate and provide direct supervision to other health team members in implementing patient care plan and act as patient and family advocate
- Practice ethically and legally within scope of practice
- Liaison between patient and healthcare system
- Ensured patients understand their medical condition, medication and other instructions
- Coordinated patient care services
- Provide direct patient care
- Assisted the care team with setting goals for quality assurance and best practices

EDUCATION

College/University: Farwest Technical College **Year:** 2017
Course: Proficiency Certificate Level (Nursing)
School / Address: Dhangadhi, Kailali, Nepal

Secondary: Mahakali Adarsh Secondary School **Year:** 2014
School / Address: Chandani, Kanchanpur, Nepal

PERSONAL INFORMATION

Date of Birth : August 08, 1997
Birth Place : Kanchanpur, Nepal
Civil Status : Married
Sex : Female
Religion : Christianity
No. of Children : No
Relatives in Canada : No
Nationality : Nepalese
Passport Number : 10927223

SEMINAR AND WORKSHOP

Training Center/Seminar Provider: Seti Zonal Hospital
Duration: March 15, 2015 – March 16, 2015
Address: Dhangadhi, Kailali, Nepal
Title: Infection Prevention Orientation Course

Training Center/Seminar Provider: Nepal Mediciti Hospital
Duration: December 10, 2019
Address: Sainbu, Bhainsepati, Lalitpur, Nepal
Title: Adult and Pediatric Basic Life Support

Training Center/Seminar Provider: Nepal Mediciti Hospital
Duration: February 25th – 27th, 2020
Address: Sainbu, Bhainsepati, Lalitpur, Nepal
Title: Phlebotomy Training

SPECIAL SKILLS / INTEREST

- ✓ Basic skills in computer application like MS Word and MS Excel.
- ✓ Good communication in oral and written (English, Nepali and Hindi).
- ✓ Inter-personal skill.
- ✓ Responsibility/reliability
- ✓ Flexibility/adaptability
- ✓ Ethics/ stamina

REFERENCES

Name: Krishna Chaudhary
Position: Food Service Supervisor
Company / Address: Tim Hortons, Canada
Contact No: +1-2503062692,+977-9840734595

Name: Amrit Lamsal
Position: Manager
Company/ Address: Kantibir Tradelink Pvt. Ltd, Nepal
Contact No: +977-9851142201,

Name: Prof. Dr. Hemanta Raj Dahal
Position: Associate Professor and Pastor
Company/ Address: Tribhuvan University and Renaissance Christian Church, Nepal
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