

## RANDAL MERCY ADU

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### ACADEMIC INFORMATION

- Diploma in Midwifery Pass
- Nurses and midwives training college tamale Ghana 2018
- Senior high school certificate Pass
- Presbyterian senior high school, Bechem ,Ghana 2014

### WORK EXPERIENCE

November 28,2022 - Present

#### **Impact Health Care UK**

##### **Senior care assistant**

- > Assisting residents with personal care.
- > Medication administration.
- > Moving and handling of clients with hoist.
- > Light housework.
- > Catheter care.
- > Meal preparation.
- > Giving emotional support to residents.

June 6,2019 – June 6,2022

#### **Saboba District Hospital**

##### **Midwifery support worker**

- > Provide comprehensive antenatal and postnatal care.
- > Assisting with performing ultrasound screening and examinations.
- > Signpost women to relevant maternity care providers for services such as support groups, childcare and financial advices.
- > Assisting with physical examinations at planned stages of pregnancy, interpreting results and recommended actions.
- > Identify high risk pregnancies, referring to relevant health care professional.
- > Assess emergency situations and alert obstetricians where necessary to protect the life of the mother and child.
- > Adhere to high levels of sanitation and health and safety procedures in a hospital environment.
- > Communicate effectively with other midwives and healthcare staff to ensure continuity of care for the patient across antenatal postnatal and labour ward care.
- > Attend regular ward meetings and report any successes or incidents to relevant managers.
- > Maintain patient confidentiality and assess Safeguarding and domestic abuse scenarios with sensitivity.
- > Administration of prescribed medications and monitoring patients for side effects.
- > Planning of balanced diet under the supervision of a dietician.

- > Checking vital signs(Blood pressure, temperature, pulse and respiration)
- > Assisting with intravenous and intramuscular injections.
- > Checking glucose level.
- > Recording input and output charts.
- > Working according to patients care plan.
- > Educating women on breastfeeding and positions involved.
- > Documents history and physical progress notes and treatment in medical records.
- > Assisting with the delivery of babies.
- > Maintaining clean environment for newborns and mothers.

#### PROJECT DETAILS

October 2017 – December 2017

##### **Yendi Municipal Hospital, Ghana**

- > Taking responsibility of the pregnant woman's wellbeing.
- > Home visits during pregnancy and postnatal.
- > Writing a thorough documents about patients pregnancy when I met her till delivery.
- > Taking care of one client from 36 weeks of pregnancy till she delivers Putting everything done for her in writing as an official document for your final nursing and midwifery exams.

#### REFERENCES

Aloysius Ali

Anatomy tutor

Nurses and midwives training college, Tamale, Ghana

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Doctor Samuel Sulemana

Medical supervisor

Saboba District Hospital

Referee's details are given upon request

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Date:

Place:

Signature,

[Randal Mercy Adu]