

**MUGENYI  
MARIA LYNN**

Care Giver and First Aider,  
Home Healthcare Assistant, Support Worker.

**CONTACT**

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Kampala, Uganda

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**EDUCATION**

2005-2008  
Kampala International University  
Bachelor's Degree in Development Studies  
2<sup>nd</sup> Class Upper

**SKILLS**

Compassion  
Communication Skills  
Patience  
Empathy  
Physical Strength & Stamina  
Time Management  
Problem Solving Skills  
Observant  
Organization  
Reliability  
Flexibility  
Cleanliness  
Computer skills.

**GOALS**

Moving into a managerial position.  
Going back to school to earn a nursing degree.  
Give back to your community in ways that matter to you

**STRENGTHS**

Compassion – The ability to translate empathic feelings into action (desire to alleviate suffering).  
Optimism – Expect a favorable or positive outcome.  
Confidence – Sure of one's self and one's abilities.

**WEAKNESSES**

Failing to ask for help from fellow workers because I need to get work done. But I have improved because it's for the best to achieve company goals and serve clients better.

**ACCOMPLISHMENTS**

Offered exceptional care to elderly and disabled patients to provide them with a happy and comfortable life.

Received commendation from supervisor due to exceptional focus on companionship and homemaking.

Provided exceptional emotional support through positive interaction.

Actively assisted clients in housekeeping activities like cleaning and dusting while running grocery shopping errands for them.

**INTERESTS**

Travelling.  
Reading  
Walking.  
Listening to gospel music.

**DESCRIPTION**

I would describe myself as patient, caring, respectful, observant, reliable person, who always provides first class care.

Over the years, I have worked in a few organization, followed strict rules and regulations, worked closely with people, demonstrated empathy and understanding.

I am very passionate about caregiving. And give quality care services to enhance the organization brand.

If you hire me, I will available to work the assigned hours, take on extra shifts, and help fellow co-workers to ensure that the best care is afforded for your patients and clients.

**WORK HISTORY 25/06/2015 - 01/10/2019**

**COMMUNITY HEALTH WORKER - Bold Africa - Uganda**

- Visiting the elderly.
- Visiting the vulnerable children, orphans, children with special needs.
- Career guidance and counselling for youths especially aged 13-18yrs.
- Writing reports.
- Review and follow-ups on the community members.

**VOLUNTEER - Friends in Need Integrated Development Project – Uganda**

- Life skills education program delivery.
- Engagement in community service delivery to HIV/AIDS/ Orphans.
- Conducting life skills education to the young people.

**INTERN / VOLUNTEER - Aids Care Education and Training - ACET Uganda**

- Life skills education program delivery.
- Engagement in community service delivery to HIV/AIDS.
- Conducting life skills education to the young people.

**TRAININGS & CERTIFICATES**

**HOME BASED CAREGIVING AND FIRST AID.**

**ST JOHN AMBULANCE – KAMPALA**

- Work with the community.
- Work with the patient.
- Body system and how it works.
- Toilet care.
- Bed making.
- Care for elderly.
- Caring for babies.
- Helping patients move.
- Dressing and undressing.
- Personal hygiene.
- Nutrition and feeding.
- Breathing.
- Patient's feelings
- Wound care.
- Medicine.
- Infectious disease.
- Basic first aid.

**OTHER CERTIFICAES:**

**FLORENCE ACADEMY**

- Certificate in Basic life support. – Online
- Certificate in First Aid – Online.

**ALISON**

- Diploma in Nursing and Patient Care. – Online
- Certificate in CPR, AED and First Aid - Online
- Certificate in Introduction to Caregiving. – Online

**PREVIOUS CAREGIVER EXPERIENCE**

I have assisted my family members who has HIV/AIDS and yet I had to attend my last year of university. I was a core for the family because there was progress with my aunt as years went by and she came to accept the fact that she was HIV positive and could live longer than she anticipated.

My grandma has dementia and at times a difficult person to be around but I have learned to be a good listener and understand what he feels and have empathy as well as relate that though she is of age, her choices matter and she can still be part of decision making for her life choices.

That kind of experience made me take the decision of becoming a care giver.

**PERSONAL STATEMENT**

I have the skills for the position, am quick to learn through trainings, rules and procedures of the company, will have a positive impact on the company for your investment in me. And will service the company clients to the best of my ability as well achieve my desired goals and goals of the company.