

CAPONES, ANGELIQUE DEGUITO

Present Address: Block 152 Lorong 2 Toa Payoh, 28-328 S310152, Singapore

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OBJECTIVE

To join in a medical organization as a nurse by utilizing my knowledge and skills to the fullest and be able to deliver total quality service to your valuable clients by promoting and restoring patient's health with compassion and dedication to my chosen profession.

SKILLS

- ✓ Advocate for patient's rights; strive to understand a patient's needs and concerns
- ✓ Maintain critical thinking skills essential to providing competent and dignified patient care
- ✓ Capable of handling nursing procedures and documentation in the ward
- ✓ Effective communicator, able to work with other people harmoniously
- ✓ Hardworking, energetic, tolerant and flexible to different situation
- ✓ Ability to works well under pressure
- ✓ Ability to respond to emergency situations and unpleasant elements
- ✓ Proficient in Microsoft office applications, Adopt with Windows operating systems

WORK EXPERIENCE

National University Hospital Singapore (Tertiary Public University Hospital) (1200 bed capacity)

Position: Staff Nurse I

Areas of exposure: Respiratory Ward/Geriatric ward

Period of Employment: 06/ June/2022 - Present

Thomson Medical Centre Singapore (Tertiary Hospital)

Position: Staff Nurse II

Areas of exposure: Multi-disciplinary / O&G ward

Period of Employment: (June 14, 2021 - April 14, 2022)

Raffles Medical Group Pte. Ltd, Singapore (Tertiary Hospital)

Position: Staff Nurse II

Period of Employment: (March 05, 2018 - June 1, 2021)

St. Paul Hospital Bulacan Inc. (Tertiary Hospital)

Hospital address: #187 JP. Rizal St. Biñang 2nd Bocaue, Bulacan Philippines

Position: Senior Staff Nurse

Areas of exposure: General Ward / Intensive Care Unit

Period of employment: (August 23, 2013 - January 2018)

JOB DESCRIPTION:

- Assesses patient's level of consciousness.
- Assesses patient's physical, psychosocial and/or emotional needs.
- Ensures that the patient's contraptions are intact.
- Ensures that the machines being used for ventilating support and vital signs monitoring are functioning well.
- Plans quality nursing care.
- Delivers direct patient care.
- Takes and documents patient samples, pulses, temperatures, blood pressures, input and output for the whole shift.
- Responds to patient's complaints and then informs the attending physician as needed.
- Checks for proper medication order. Administers and documents medications; serves as a resource person for knowledge of medication uses, side effects, and dosage.
- Ensures the patient's feeding tube placement is intact before feeding and observe strict aspiration precaution.
- Monitors patient progress in order to watch for sudden or subtle changes in patient's medical condition that might require emergency intervention.
- Ensures efficient and coordinated clinic flow by coordinating and planning clinic activities; makes referrals.
- Provides Health teachings to patient and significant others.
- Provides safety precaution.
- Prevention of further complications.
- Provides pre- and post-operation care.
- Facilitate orientation in nurse training program

Tools and Equipment Used

- Defibrillator
- ECG/EKG
- Suction Machine
- Nebulizer
- IV Infusion Pump/Syringe pump
- Oxygen Tank
- Bili Light
- Glucometer
- Pulse Oximeter
- Cardiac Monitor
- Wound Dressing Set
- Sphygmomanometer
- Thermometer
- Treadmill Stress Test
- Mechanical Ventilator
- Cardiac Monitor
- Tonometry
- Spirometry

EDUCATIONAL BACKGROUND

TERTIARY

Bachelor of Science in Nursing

Far Eastern University- Dr. Nicanor Reyes Medical Foundation
Quezon City, Metro Manila
June 2008- March 2010

Bachelor of Science in Nursing

Our Lady of Fatima University
Quezon City, Metro Manila
(June 2010 to October 2012)

SECONDARY

School of Our Lady of La Salette

Muzon, City of San Jose Del Monte Bulacan
(June 2004 to March 2008)

PRIMARY

School of Our Lady of La Salette

Muzon, City of San Jose Del Monte Bulacan
(June 1998 to March 2004)

SEMINARS / TRAININGS

Zoll Defibrillator Training

Date take: (July 21, 2021)

Airway Management Training

Date taken: (July 11, 2021)

Basic ECG Interpretation I

National Heart Centre Singapore
Date taken: (August 13- 14, 2018)

Basic Dispensing Medicine Course

Raffles Hospital
Date taken: (July 18, 2019)

Nursing: Is It A Calling or A Job

(Our Lady of Fatima University, Quezon City, Metro Manila)
Date Taken: (February 24, 2012)

Nursing In The Middle Ground: The Crossroad of Cultural Diversity And A Unified Nursing Profession

Our Lady of Fatima University, Quezon City, Metro Manila
Date taken: (February 23, 2012)

Certified Advanced Cardiovascular Life Support Provider (ACLS)/ ECG and Pharmacology

(Dr. Fe Del Mundo Training Center)

Basic Life Support w/ Automated External Defibrillator (AED)

(Dr. Fe Del Mundo Training Center)

Basic Intravenous Therapy and Blood Transfusion Training

(Philippine Heart Center - January 8-10, 2014)
Card No: 14 – 000006)

PERSONAL INFORMATION

Age: 32 years old
Date of Birth: 07/ August/ 1990
Place of Birth: Quezon City Philippines
Gender: Female
Height: 156 cm.
Weight: 52 kgs.
Civil Status: Single
Religion: Roman Catholic
Nationality: Filipino
Language Spoken: Filipino / English
SNB License No.: N1802157A
Valid until: 31/ December/ 2022
Passport no.: P0221838C
Valid until: 23/ May/2032

CHARACTER REFERENCE

Rafael Redublo

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Singapore
Staff Nurse I
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Arbelle Concepcion

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Senior Nurse
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Denice Yumul Gabriel

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I hereby certify that the above information is true and correct to the best of my knowledge and belief.

CAPONES, ANGELIQUE DEGUITO

Applicant