

# **KATHERYN AMOR DOMINGO ABELLON, RN, LPT**

#436 Romas Road, Paringao, Bauang, La Union

Philippines

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## **SUMMARY**

### **A Teacher**

To teach and educate students according to guidelines provided by the National Curriculum Framework under the overall guidance of the competent education authority; according to the educational needs, abilities and attainment potential of individual students entrusted to my care by the school.

To provide a conducive environment that is essential in learning.

### **A Nurse:**

Performs nursing care

knowledge of infection control policies and procedures, Educates patients in the outpatient clinics

Responds to consultations made by Physicians, take patient histories and physical examinations under physician supervision

Evaluates results and monitors treatment plans; maintains medical records, Oversees patient schedules, appointments, and procedures.

Contact tracing to close contacts and CoViD-19 patients, CoViD-19 Isolation duty

Community, Rural Health Unit Nurse

## **WORK EXPERIENCE**

### **Nurse II (Community, Rural Health Unit Nurse)**

National Health Workforce Support System

Department of Health Regional Office I

PDOHO, San Fernando City, La Union

February 15, 2023 to present

### **Health Program Officer II**

Department of Health Regional Office I,

PDOHO, San Fernando City, La Union

August 1 to December 31, 2022

### **Nurse II (Community, Rural Health Unit Nurse)**

Nurse Deployment Project

Department of Health Regional Office I

PDOHO, San Fernando City, La Union

March 2020- June 2022

### **Foreign Teacher**

Dongguan EtonHouse Foreign Language

School, Huangjiang Town, Dongguan

City, Guangdong Province China

September 2018- July 2019

### **Public Health Associate**

Department of Health Regional Office I,

PDOHO, San Fernando City, La Union

July 2017- December 2017

October 2019-December 2019

### **Watsons Pharmacy**

Pharmacy Assistant/Cashier

Watsons Your Personal Care Store SM Clark, Pampanga (June 25- November 25, 2011)

### **Nurse Phlebotomist**

Rafael Lazatin Memorial Hospital, Angeles City, Pampanga

April 2011-June 2011

### **Nurse Intensive Care Unit (Volunteer)**

Rafael Lazatin Memorial Hospital, Angeles City, Pampanga

January 2011 March 2011

## **Nurse**

Eastern Pangasinan Multi-Specialty Clinic and Diagnostic Center Carmen, Rosales,  
Pangasinan

January 2010- May 2010

## **EDUCATION**

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### **Certificate in Teaching**

Secondary Education (Major in Biology)  
Luna College, Tayug, Pangasinan  
2014-2015

### **Bachelor of Science in Nursing**

Virgen Milagrosa University Foundation  
Dr. Martin Posadas Avenue, San Carlos City, Pangasinan  
2004-2008

## **SKILLS**

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- ✧ Interpersonal communication skills
- ✧ Time management
- ✧ Knowledge of preventive care strategies
- ✧ Coordinate patient care and educate patients and families about medical conditions
- ✧ Knowledge to perform some and evaluate diagnostic tests
- ✧ Experience working in a team-based environment
- ✧ Ability to work directly with patients, families, and doctors
- ✧ Experience dressing wounds, administering medication, and aiding doctors in medical procedures
- ✧ Work with other public health nurse concerning the program/activity planned on its area, and treatment and rehabilitation of the patient.
- ✧ Community Health Nursing
- ✧ Health Promotion and Disease Prevention
- ✧ Infection Control
- ✧ Health Programs management, \*Vaccination

## **Certification and Licenses**

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### **Licensed Professional Teacher**

Secondary Education (Biological Science)  
September 2016

### **Registered Nurse**

July 2010

### **National Certificate in Caregiving NCII**

Certificate No: 16013302004302

### **Teaching English to Young Learners (TEYL)**

Whole Brain Teaching  
Total Physical Response  
Reggio Emilia Approach  
San Fernando City, La Union,  
January 2017

## **TRAININGS, VOLUNTEER AND SEMINARS**

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### **PHILIPPINE INTEGRATED DISEASE SURVEILLANCE RESPONSE (PIDSr)**

Department of Health (August 24-28, 2022)

### **Standard First Aid with Basic Life Support-CPR**

San Fernando City, La Union Chapter (June 13-16, 2017)

### **Red Cross Action Team (Health Services)**

San Fernando City, La Union Chapter (June 1-3 and 5-6 2017)







