

# Josephine B. Denila

## Caregiver/Personal Support Worker

### Education

#### ***St. Jude College***

Bachelor of Science in  
Physical Therapy  
Dimasalang, Sampaloc Manila  
Philippines

June 1997- October 2001

#### ***National College of Business and Arts***

Associate of Business in  
Computer Secretarial  
June 1995- March 1996

### Career Objective

In search of a position with your institution, which will help me to hone my skills and make me ready for even higher responsibilities.

### Experience

#### ***Antipolo City Health Office***

Nursing Attendant

May 1, 2021- up to present

Duties and Responsibilities

1. Taking the Vital signs of the Patient before and after Vaccination.
2. Screening if the client has/had alcohol intake within 24 hours and if they have /had cough and cold.
3. Assisting client in wheelchair.

#### ***Jen Kang Hospital***

Nursing Assistant

October 28, 2004- March 2004

Duties and Responsibilities

1. Turn, Reposition and move patients between wheelchair chairs and bed.
2. Maintain Patient Hygienes and change beddings.
3. Measure Vital signs like blood pressure and temperature.
4. Clean and bathe patients.
5. Help patients use the bathroom.
6. Serve milk and help patient to drink milk and medicines.
7. Suctioning.
8. Recording of Intake and output of the patient.
9. Doing percussion massage for the patient who need percussion.

#### ***Dalisay Physical Therapy Clinic***

Physical Therapist Assistant

March 2002-2003

Duties and Responsibilities

Physical Therapist help patients with injuries and chronic health conditions regain their range of motion, manage their pain, and improve their quality of life.

## Certificate

Technical Education and Skills Development Authority  
National Certificate of Caregiving II  
April 2022-April 2027

### Key Skills

1. Good time management and organizational skills
2. Skilled in developing trust and building rapport.
3. Excellent communication skills in both ways of verbally and written.
4. Reliable and responsible.
5. Familiar with major computer applications like MS Word, Excel and the internet.

### Examination

Passed the National Police Commission Year 2003.

### References

[Available upon request.]