

KRIS CHEYNE ATENCIO REGALA

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Meycauayan City, Bulacan Philippines

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keynie@gmail.com



PERSONAL INFORMATION:

Age : 35 years old
Date of Birth : April 10, 1987
Civil Status : Married
Gender : Female
Height : 5'6"
Weight : 175 Lbs
Nationality : Filipino

EDUCATIONAL BACKGROUND:

Bachelor of Science in Nursing
Manila Central University-Caloocan City
June 2004 – April 2008
Graduate

Advance Cardiac Life Support/Basic Life Support
Manila Central University Caloocan City
November 23– 24, 2018
Certified

LICENSURE:

Philippine Nurse Licensure Examination 2008

PRC License no. 0494006

PRC Board Rating – 78.20

Date first Issued 27 August 2008

Valid until 10 April 2024

QATAR COUNCIL FOR HEALTHCARE PRACTITIONERS

License No: N29351

Valid Until : 28 July 2023

KINGDOM OF SAUDI ARABIA

SAUDI COMMISSION FOR HEALTH SPECIALTIES (Saudi council)

License NO. ID No: 10-J-N_0359715

Date Issued May 2010
Valid Until November 2015

Land Transportation Office

Student's permit Driver's License

License No.: C08-19-S00157

Valid Until: January 07, 2020

PROFESSIONAL EXPERIENCES:

Total years of Experience: 12 years

1. Manzil Medical Services LLC

Doha, Qatar

Healthcare Services

**REGISTERED GENERAL NURSE
HOME CARE (CRITICAL CARE)**

Primary Nurse 1:1

January 2021 – PRESENT

Job Description and Responsibilities:

-Primary Care Nursing to a 19 year old Female Qatari Patient with Diagnosis of the following:

1. Merosine Deficiency Spinal Muscular Dystrophy
2. Respiratory Failure with Tracheostomy tube attached to Mechanical Ventilator
3. Dysphagia with Feeding Difficulties, with PEG tube (long term)
4. Severe Scoliosis S/Pspinal Rods insertion(2010)yearly manual distraction (Nov 2021)
5. Bipolar disorder, with depression, Anxiety and Somatic Disorder

*Maximum Assistance on Activities of daily Living, Tracheostomy Care, PEG dressing Care, Suctioning of Secretions,(Orally and Tracheostomy tube)

2. Private Duty Nurse(CRITICAL CARE)

Manila, Philippines

July 2020- January 2021

Job Description and Responsibilities:

-Overall in-charge with Patient Post Stroke, GCS 3/15, on Mechanical Ventilator(as needed) with tracheostomy tube with attached oxygen mask hooked continuously on oxygen therapy. Nutritional Support on Nasogastric Tube, Recurrent Urinary Tract Infection supported with Saline Flushing every 4 hours on Foley Catheter connected to Urine Bag

3. Manila Central University – FDT MEDICAL FOUNDATION HOSPITAL

Caloocan City, Metro Manila

A private tertiary teaching hospital

with 250- beds capacity

accredited by the ISO

STAFF NURSE

Medical-Surgical, General Ward Department

Number of Bed in the Unit :32

Patient Ratio :1:10

February 1 2017 – July 2, 2020 (3 years and 5 months)

Job Description and Reponsibilities

The Adult **Medical Surgical** RN is responsible for managing the care of the adult or elderly patient experiencing general **medical** conditions or general **surgical** procedures, which require general assessments related to specific conditions, and general therapies and interventions.

Independent in skill and knowledgeable clinical practice in OR/Surgical environment
BASIC LIFE SUPPORT, Cardio-pulmonary Resuscitation Advance Cardiac Life Support, ECG readings STANDARD FIRST AID
Application of Aseptic Technique and Universal Precautions

Skill in expert vital signs taking and patient monitoring
Knowledge on Electrosurgical Unit
Interpretation of Glasgow Coma Scale
Understanding of Arterial Blood Gas Values,
Initiation and Maintaining IV therapy, O2 Therapy and Medication Administration
Demonstrating Knowledge and Administration of Blood and Blood Products

Cases Handled:

MEDICAL : mostly Cardiac and Pulmonary Cases post-critical care of Myocardial Infarction, Arrhythmias, Heart Failure, Cerebrovascular Accident ,Bronchial Asthma, Pleural Effusion, community acquired and Nosocomial Pneumonia, Acute and Chronic Kidney Diseases, Acute and Chronic infectious diseases such cellulitis and diabetic foot, diabetes mellitus, acute and chronic upper and lower gastrointestinal bleeding, acute and chronic pancreatitis, hematology case like Anemia; venous thromboembolism, oncology cases

Surgical : all post operative care of

- **SURGICAL** (Laparoscopic Surgeries and Diagnostics, Appendectomy, Cholecystectomy, Thyroidectomy, Removal of Lipoma, Varicocele, Hemorrhoidectomy, Hernioplasty, Herniorraphy, Hydrocoelelectomy, Removal of Pilonidal Sinus)
- **OB-GYNE** (Caesarian Section, Dilatation and Curettage, Hysterectomy, Myomectomy, Classical Vaginal Repair (Anterior and Posterior repair), Ectopic Pregnancy, Ovarian cystectomy)
- **ENT** (Adenoidectomy, Tonsillectomy, Nasal Polyp Removal, Septoplasty, Turbinectomy)

Special Equipment/Machines Operated

Electrocardiogram Machine Cardiac Monitor, Defibrillator, Nebulizer, Hospira Infusion Pump, Baxter Infusion Pump Suction Apparatus, Thermoscan Cautery Machine, Mechanical Ventilator

4. Al Sahel Health Sector Primary Health Care Center, Aseer Region, Ministry of Health Kingdom of Saudi Arabia

**REGISTERED GENERAL NURSE (Community Nurse)
Emergency Nurse, Adult Chronic Diseases Manager, Maternal and Child Care**

Number of Bed in the Unit :6

Patient Ratio : 3:1

April 13 2013 - March 15 2015 (2 years)

Job description:Community health nursing is a blend of primary health care and nursing practice with public health nursing. A community health nurse conducts a continuing and comprehensive practice that is preventive, curative and rehabilitative.

The philosophy of care is based on the belief that care directed to the individual, the family, and the group contributes to the health care of the population as a whole. ***Over all In- of the Dispensary Clinic including the ff:** *ER Assisting the doctor of his needs, triage management, facilitating / conduction of Ambulance referral, suturing and wound/ laceration dressing. IV/IM/Sc Injections, Vaccination

*Maternal and Child Care - Pre-Marital, Pregnancy, Post-Natal Care, Assessment of their needs, Well Baby Care

*Chronic Diseases Management such as Diabetes Mellitus, Hypertension and Bronchial Asthma*Pharmacy -dispensing and maintenance of Clients Dependent Medical Care Medications.

5.. Al Zafer Hospital

Jeddah, kingdom of Saudi Arabia

A private hospital

with 150 beds capacity

accredited by the JCI, CBAHI, ISO

REGISTERED GENERAL NURSE

Operating Room/ General Ward

Number of Bed in the Unit :3

Patient Ratio : 3:1

May 25 2010 – September 29 2012 (2.4 years)

Job Description and Reponsibilities

OR Department:I was assigned permanently in OR department, that brought me up to a more competitive and challenging role as a nurse, including scrub nursing.

Application of Aseptic Technique and Universal Precautions

Skill in BCLS

Knowledge on Electrosurgical Unit

Performing Post Anesthesia Nursing Care for Pediatric, Adult and Elderly Patients

Demonstrating working knowledge of Invasive Hemodynamic Monitoring, CVP

Interpretation of Glasgow Coma Scale, Understanding of Arterial Blood Gas Values,

Basic Dysrhythmia Interpretation

Initiation and Maintaining IV therapy, O2 Therapy and Medication Administration

Patient Controlled Analgesia (PCA) administration

Demonstrating Knowledge and Administration of Blood and Blood Products
Assisting surgeons with extreme caution and having intellectual high skills.
Being also a **Circulating Nurse** and **Recovery Room Nurse** was my role in the department in which my alertness for the needs of the pre,intra and post operation patients must be provided and attended. Even at odd hours of the day and during rest time, and having 10-15 cases in a normal duty day.

Cases Handled:

SURGICAL (Laparoscopic Surgeries and Diagnostics, Appendectomy, Cholecystectomy, Thyroidectomy, Removal of Lipoma, Varicocelelectomy, Hemorrhoidectomy, Hernioplasty, Herniorraphy, Hydrocoelelectomy, Removal of Pilonidal Sinus)

OB-GYNE (Caesarian Section, Dilatation and Curettage, Hysterectomy, Myomectomy, Classical Vaginal Repair (Anterior and Posterior repair), Ectopic Pregnancy, Ovarian cystectomy)

ENT (Adenoidectomy, Tonsillectomy, Nasal Polyp Removal, Septoplasty, Turbinectomy)

ORTHOPEDIC (ORIF, Repair of Tendons and Ligaments, K-wire Fixation)

Handled equipments includes; Cardiac monitor, ECG machines, Anesthesia machine, Cautery machine, C-arm X-ray machine, Laparoscopic Instruments and equipments, Suction machine, Incubators, portable incubator, and Mechanical Ventilators..

6. Quezon City General Hospital, Seminary Road, Quezon City Philippines

A government tertiary teaching hospital

With 300 beds capacity

VOLUNTEER NURSE

ALL AREAS

JANUARY 2009 – DECEMBER 2009 (1 YEAR)

7. OSPITAL NG MAYNILA

Quirino Avenue, Manila Philippines

A government tertiary teaching hospital

With 350 beds capacity

VOLUNTEER NURSE

ALL AREAS

November 2008 - January 2009 (2 months)

SPECIALIZED TRAINING & COMPETENCIES:

IV Therapy Nurse

Valid Until 2/23/2020

Advance Cardiac Life Support/BLS
Valid Until NOVEMBER 24 2021
American Heart Association

REFERENCES:

Ms. Rosalyn Baguio, RN, MANc

Head Nurse, MCU-FDTMF Hospital

Contact #:+63 9089871382

Ms Ada Caballero, RN

Head Nurse, Al Zafer Hospital-Jeddah KSA

Contact No: +966502575185

Email: ada_caballero2000@yahoo.com

Ms. Jerusalyn Genova, RN

Staff Nurse, MCU Hospital

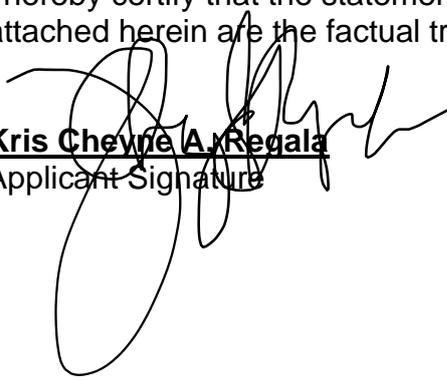
Contact no.: +63 915 8170312

Julie Ann Cruz, RN MAN

Clinical Care Manager, Manzil Medical Services-Doha Qatar

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I hereby certify that the statement, data, information and documents stated and attached herein are the factual truth to the best of my knowledge.


Kris Cheyfe A. Regala
Applicant Signature